



The Consumer/Survivor Information Resource Centre

Distributed through generous support from Queen Street Division of <u>CAMH</u> (Centre for Addiction & Mental Health)



Information for consumer/survivors of the mental health system, those who serve us, and those who care about us.

May 1st 2005 Bulletin 299

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Thursday. PHONE HOURS: 9-5 Monday-Friday LOCATION: 252 College Street, 3rd Floor, Toronto, ON MAILING ADDRESS: c/o CAMH, 250 College Street, Toronto, ON M5T 1R8 TEL: 416 595-2882 FAX: 416 595-0291 E-MAIL: <u>csinfo@camh.net</u>

Newsbytes

Newsbytes are compiled by Glen Dewar, a consultant with Community Resource Connections of Toronto. Glen is a current board member and the founder of of the Consumer / Survivor Information Resource Centre, way back in 1992.

50 beds gone as shelter closes Central Neighbourhood House's 50-bed shelter on Jarvis Street closed on April 26th as its lease was expiring. "Unfortunately, the shelter's closing coincides with the end of the Out of the Cold program that in the winter months sleeps about 120 people every night....That will mean more people jamming into the shelter system." (Article by Catherine Porter, City Hall Reporter, Toronto Star, Tuesday, April 26, 2005, page B5)

Ads target myths of slots The Ontario Lottery and Gaming Corporation has launched an advertising campaign to address problem gambling in the province. The radio and print advertisements were scheduled to run until April 15th. At the end of April, the corporation is to announce a new responsible gaming code of conduct which it has been finalizing in the last three months. (Article by Andrew Chung, Staff Reporter, Toronto Star, Monday, March 21, 2005, page A10)

Safety data ordered on seizure drugs to check for suicide link In order to better assess possible increased risk for suicide by people taking the medications, Health Canada has ordered more than a dozen pharmaceutical firms to provide more safety data on their anti-seizure drugs. "The three most-prescribed drugs [in this class], by molecule name, are conazepam, divalproex and gabapentin." In addition to epilepsy, a neurological condition, these drugs are also used to treat bipolar disorder and chronic pain. (Article by Andre Picard, Public Health Reporter, Globe and Mail, Friday, April 22, 2005)

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New research initiative into mental health in the workplace The federal government this month announced a new \$3.2 million "Mental Health and the Workplace: Delivering Evidence for Action" research initiative that will support new health research teams from across Canada to work with workplace organizations to help improve mental health in the workplace. The announcement was made at a Special Roundtable on Addiction and Mental Health for Leaders in Business, Labour and Science in Toronto.

The Honourable Michael Wilson, who was recently appointed Special Advisor to the Health Minister on Mental Health in the Federal Government Workplace, cited the World Health Organization's prediction that during the next decade in high-income countries such as Canada, depression will surpass heart disease to emerge as the leading cause of disability. (Government of Canada press release, Toronto, April 13, 2005)

Minister Dosanjh Announces Measures to Improve Drug Safety and Transparency Federal Health Minister Ujjal Dosanjh has announced a series of measures to enhance the safety of the therapeutics system in Canada and create more openness and transparency in the way Health Canada deals with safety issues. The initiatives include the opening of two new regional centers to receive adverse drug reaction reports (in addition to the five other existing such centers); the formation of an Office of the Public Ombudsman to hear concerns or feedback and resolve complaints about the way Health Canada fulfills its responsibilities under the Food and Drugs Act; and, the creation of a publicly accessible drug information database.

The new online database will contain information on all drugs licensed in Canada since 1994, including details such as the form of the drug (eg. Tablets) and how it is administered. All information in the database will be bilingual, easily searchable and updated daily. (Health Canada press release dated April 16, 2005)

Honda judgment a warning to employers An employee of Honda Canada who was seeking on-the-job accommodation for his chronic fatigue syndrome, but was instead terminated, was recently awarded the highest punitive damages (\$500,000) ever awarded in an employment case in Canada. Honda is appealing the judge's finding in the wrongful dismissal case. The trial judge stated that "just because Mr. Keays did not carry a white cane, use a hearing aid or get around in a wheelchair, did not make him any less deserving of workplace recognition of his debilitating condition....I have no difficulty in finding that the plaintiff has proved that Honda committed a litany of acts of discrimination and harassment." (article by Norm Grosman, Toronto Star, Saturday, April 23, 2005, page D13)

Depressed? New York City Screens for People at Risk In New York City, hospitals run by the city are beginning to test all adult patients for depression using a simple nine-question test. "It is not meant to yield a formal diagnosis, but a high score would lead a doctor to recommend a more thorough clinical screening....One in every four New Yorkers uses city hospitals for basic health-care treatment, meaning the program could soon involve millions of patients."

A federal panel of experts concluded in May that there is not enough evidence to recommend a similar kind of screening for suicide risk. (Article by Marc Santora and Benedict Carey, The New York Times, April 13, 2005)

Health and happiness Researchers at University College London have found that getting rid of a gloomy state of mind can lead to a healthier heart and lower levels of stress-inducing chemicals. The researchers examined the emotions and health of more than 200 middle-aged Londoners and found that those who called themselves happiest had healthier biological functions. (Social Studies column, by Michael Kesterton, Globe and Mail, Friday, April 22, 2005, page A24)

ANNOUNCEMENTS

ODSP Recipient Support Groups

Are you having problems getting on ODSP? Unable to find out about the benefits to which you are entitled? Not getting timely service when you phone or visit your local office? Toronto Region ODSP Action Coalition sponsors a few ODSP Recipients' Support Groups which meet around the city. One is the third Monday of every month at the Queen West Community Health Centre, 168 Bathurst Street. They meet from 1:15 to 3 pm. The next meeting is May 16th. There is a second group meeting at Flemingdon Health Centre, 10 Gateway Boulevard (Don Mills and Overlea) on the second Friday of every month from 1 - 3 pm. May 13^{th} is their next date. Finally, there is a third group meeting on the last Friday afternoon of the month at 519 Church Street. If you have questions, please call 416 441-1764 X 31 or email: torontodisabilityaction@yahoo.ca.



Don Weitz Invites us to check out the new website for the Coalition Against Psychiatric Assault/CAPA:

http://capa.oise.utoronto.ca

Framing the Phoenix: A Mental Health Art Exhibition

Date(s): Tuesday, May 03, 2005 to Saturday, May 07, 2005 Time: 12 - 5 p.m. Venue: The Arts Project, 203 Dundas Street, London, Ontario

Organizer: St. Joseph's Health Care London www.sjhc.london.on.ca

Event Details: Local artists who have been touched by mental illness explore the recovery and resiliency of mental illness through their art. Contact Information: Janet Tufts Phone: 519 455-5110 × 47155 Email: janet.tufts@sjhc.london.on.ca

This art show is in London Ontario, but if anyone is going, maybe we could do some carpool arranging, here at the centre. Call 416 595-2882 if you have a ride to offer or if you'd like to go and need a ride and we'll see if we can match people up. Helen

STUDENTS of COLLEGES & UNIVERSITIES !

Ever Hospitalized in a Psychiatric Facility? Are you a Psychiatric Survivor or Consumer?

A MADNESS MEETING:

Saturday May 14th 2005, 1:00 pm - 3:00pm, 99 Gerrard Street East,

(Gerrard and Church Main Intersection), Room SHE 560.

Do you come out in your classes about past or present experiences in a psychiatric institution? Why or why not? Is there a place, forum, club in your school to meet and socialize with other psychiatric survivors and/or consumers? Interested in meeting and talking about your experiences with other students who have been through the psychiatric system?

This meeting is open to students of any post-secondary institution who have been in a psychiatric institution. The purpose of the meeting is to discuss a range of issues facing students who have experienced the psychiatric system. The meeting is for us.

<u>Organized by Lucy F. Costa.</u> Lucy is a York University student, former mad patient and has worked in the mental patient, psychiatric survivor community for over 5 years. She currently works as an outreach worker with psychiatric survivors and consumers. She is also a member of the *Psychiatric Survivor Archives*. To find out more about this event you can reach her at the work number: 416 535-8501 Ext. 3013. or email <u>yu217993@yorku.ca</u>

Vision TV is showing three films this month to honour Mental Health Week, which is the first week in May. Unbreakable Minds airs May 4^{th} at 10 pm; Odd Kid Out Airs May 11^{th} at 10 pm; and Through Thick and Thin airs May 25^{th} at 10 pm.

The Centre for Addiction and Mental Health (CAMH) has now released its 2005 publications catalogue, which is available on its web site <u>www.camh.net</u> in Adobe Acrobat format.



The Leadership Project

presents a Mental Health Recovery Conference

PAT DEEGAN:

A Day on Recovery and its Practice

Date And Time: **Tuesday,**

Location: Metro Hall

May 10th, 2005

8:30 am Registration - 9:00 am Start Conference ends 4:30 pm **Note:** There will be a \$ 25.00 Minimum charge or 'pay-what-you-can' provision for a limited number of consumer/survivors and family members, & a reduced rate of \$50.00 for a limited number of students

Council Chamber, 55 John Street Conference Fees: \$ 100.00 (including lunch)

Call before April 22nd 2005 if sign-language services are required. General information: Brian McKinnon, 416 - 285 - 7996, ex. 227 or <u>bmckinnon@iprimus.ca</u>

Note: There will also be a special event reserved for consumer/survivors to meet with Pat and discuss recovery. This event is free, and will be held Monday, May 9th, at Parkdale Activity - Recreation Centre, 1499 Queen St. W. 4:00 - 6:00 pm.

STROKE RECOVERY NETWORK OPEN HOUSE

MAY: STROKE RECOVERY AWARENESS MONTH

Displays, Workshops, Keynote Speaker: Dr. Mark Bayley, Medical Director, Neuro Rehabilitation, Toronto Rehabilitation Institute, "What's New in Stroke Rehab" <u>Cost</u>: Free Refreshments served <u>Date</u>: Wednesday May 11, 2005 4:00 to 8:00 pm <u>Location</u>: Ontario March of Dimes 10 Overlea Blvd. Toronto

For more information, contact: 416 425-3463 x 714 or torontocentral@srn.ca

Stand Up For Mental Health Comedy Showcase

Stand Up For Mental Health teaches people with mental illness to take control by turning their problems into comedy!

Led by David Granirer, a counselor and a stand-up comic, Stand Up For Mental Health aims to reduce public stigma around mental illness and spread a message of hope and empowerment.

When: Wednesday May 4, 2005, 7:00 PMWhere: 40 Orchard View Blvd., Room 200Seating is limited, Please call to reserve: (416) 486-8046. Admission is free.



Canadian Adverse Drug Reaction Monitoring Program (CADRMP)

Health Canada now has a number so that we can report adverse reactions to drugs directly to them instead of going through doctors or pharmacists. When you call, you will be give the choice to compete the form on the telephone with them right then, or they will send you the form to complete. They will want to know the dosage and how long you've been on the medication as well as what bad effects you experienced. They made it clear to me when I phoned that they were not a drug information line, just for reporting adverse reactions and side effects.

1 866 234-2345 Or cadrmp@hc-sc.gc.ca

More Warnings

You should always be careful with all medication, but there's reason to be even more vigilant than usual these days due to two foul ups at the factories involved. Health Canada has put out two different warnings about two different problems. The following medications: Paxil, Paxil CR, Avandamet, Avandia, Coreg, and Relafen could have split tablets in the bottles. This could result in you getting a part of a pill with no medication, only part of the medication you need or doses without the controlled release ingredient. As well, some bottles may have pills of a completely different type of medication. This is the case also in the second warning. Ratioparoxetine, an anti-depressant, has a "very remote" potential for "stray tablets" of carvedilol, an alpha and beta blocker given for heart failure, to be included. Carvedilol is contraindicated for those with bronchial asthma and could cause severe bronchiospasm with only one dose.

Watch your medication for anything that looks like it doesn't belong and return it to your pharmacist.

Health Canada says that it is vey important to continue taking your medication. Never discontinue taking any medication abruptly. Talk to your pharmacist and your doctor.

THE TORONTO DRUG STRATEGY INITIATIVE

is holding Four Town Hall Meetings Across the City to get public input into the development of a comprehensive drug and alcohol strategy for the City of Toronto.

EVERYONE IS WELCOME TO ATTEND

Monday May 2nd, 2005 6:30 pm - 9:30 pm, Scarborough Civic Centre Rotunda, 150 Borough Drive (McCowan & 401).

Tuesday May 3rd, 2005 6:30 pm - 9:30 pm, Metro Central YMCA, Auditorium, 2nd Floor, 20 Grosvenor Street (Yonge & College).

Thursday May 5, 2005 6:30 pm - 9:30 pm, Elmbank Community Centre, Gymnasium, 10 Rampart Road (Martingrove & Finch).

Tuesday May 10th, 2005 6:30 pm - 9:30 pm, North York Memorial Community Hall, Burgundy Room, North York Civic Centre, 5110 Yonge Street, (Yonge & Sheppard).

Input into the Toronto Drug Strategy can also be provided through an online survey posted on the project's web site at www.toronto.ca/health/drugstrategy

Inclusion of an announcement is NOT an endorsement of the views of any organization or individual. The Consumer/Survivor Information Resource Centre of Toronto reserves the right to edit submissions.



Good Reads



By Glen Dewar

Capsule Book Overview: Recovery in Mental Illness: Broadening Our Understanding of Wellness

edited by Ruth O. Ralph and Patrick W. Corrigan, Washington, DC: American Psychological Association, 2005, xi, 282 pages. This is an interesting book which is somewhat research-focused, but also is helpful to consumers interested in the definitions and processes of recovery. Some of the chapters tend toward seeing recovery more as outcome with a set of specific, externally defined criteria set by 'experts', than as an ongoing process or a more informal outcome defined by the consumer. The book also has some good historical background about recovery, and the longitudinal studies into long-term recovery rates.

This book consists of a number of chapters, written by different people. For a table of contents of this book, go to the Ryerson University Library web site <u>http://innopac.lib.ryerson.ca/search/t</u>, enter the first four words of the book's title to bring up its record from the catalogue, and then click on the blue 'more information' icon in the upper right corner of the screen which gives you access to the book's complete table of contents.

<u>Recovery in Mental Illness</u> may be purchased from Caversham Booksellers in Toronto (1-800-361-6120, in GTA 416 944-0962, online ordering <u>www.cavershambooksellers.com</u>) or borrowed from the library at the Centre for Addiction and Mental Health's library (416 595-6144). Anyone can borrow books from the CAMH library, there is no charge to obtain a library card- call for details on how to apply for a card.

FREE AND LOW COST ACTIVITIES



Friday April 29th Saturday April 30th and Sunday May 1st

Friendly Spike Theatre Band. Free. Part of the Dundas West Art Building Open Studio Event. Friendly Spike will be open 6 pm to midnight on Friday, 2 pm to midnight on Saturday April 30th and 2 pm to 5 pm on Sunday May 1st. 2466 Dundas Street West, two and a half blocks North of Bloor Street on the East side of Dundas Street West. Drop-in. 416 516-4740.

Sunday, May 1st

Feminist Book Discussion Group. Free. The Older Women's Network invites women to share views and ideas about selected books. Today: *A Good House,* by Bonnie Burnard. New members welcome. Barbara Frum Library, 20 Covington Rd. 1:45 – 4:30 pm.

Gerrard India Bazaar Celebrates Vaisakhi. Free. Traditional Dhole Drummers and Bhangra dancers, along with young dancers of Abhinav Darpan performing Dandia, will help mark the Sikh community's celebration of this annual Spring Festival. Gerrard Street, between Greenwood & Coxwell. 2 – 7 pm. Info: <u>www.gerrrardindiabazaar.com</u>.

Mayworks: The Great May Day Family Celebration. Free. Mayworks Festival presents a day of celebratory mayhem with plenty of opportunities for kids, and the kid in all of us, to roll up our sleeves and dance. Steelworkers Hall, 25 Cecil Street. \$6 -10, sliding scale. 12 noon – 5 pm.

Monday, May 2nd

In the Shadow of Gold Mountain. Free. View the new, award-winning film by Karen Cho about "rampant segregationism" and the Chinese in Canada prior to World War II. Register at the library or call 416 395-5710. Don Mills Library, 888 Lawrence Ave. East. 2:30 – 3:15 pm.

Fiddle Class Concert. Free. Royal Conservatory of Music Community School. Students of Anne Lederman. Lobby, 90 Croatia St. 416 408-2824 x 321. 12:00 noon.

Percussion Ensembles Concert. Free. Royal Conservatory of Music Community School. Paul Houle, director. RCM Concert Hall, 90 Croatia St. 416 408-2824 x 321. 12:00 noon.

Mayworks: Friend or Foe – Video and Forum. Free. Woodsworth College, Residence Lounge, University of Toronto, 321 Bloor Street. 7 – 10 pm.



Tuesday, May 3rd

Seniors, are you confident about taking your prescription drugs? Free. A pharmacist presents a seminar for seniors on the safe use of medications. Barbara Frum Library, 20 Covington Rd. 2 – 3 :30 p.m.

Violin from Scratch Concert. Free. Royal Conservatory of Music Community School. Vivian Waters, conductor. 90 Croatia St. Rm 305. 416 408-2824 x 321. 7:30 pm.

Wednesday, May 4th

Mayworks: The CUPE Cabaret. \$5. Winchester Pub, 537 Parliament Street. 7 pm.

Thursday, May 5th

Great European Museums. Free. A slide program presented by Adrian Szasz of the Toronto Camera Club. Northern District Library, 40 Orchard View Blvd. 2 – 3 pm.

Mayworks: Labour of Love, a Queer Cabaret. \$6 – 10 sliding scale. Buddies in Bad Times Theatre, 12 Alexander Street. 8:00 pm.

Friday, May 6th

ROM Friday Nights. Free. Our chance to see the Toronto Symphony Orchestra for free. Haydn: Symphony #44; Trumpet Concerto in E flat. Sergei Nakariakov, trumpet; Peter Oundijian, conductor. Royal Ontario Museum, 100 Queen's Park. 416 586-8000.

World Music Showcase. Free. Royal Conservatory of Music Community School. Students of the World Music Centre. RCM Concert Hall, 90 Croatia St. 416 408-2824 x 321. 8 pm.

Mayworks: Injured Workers Theatre Project: Easy Money. Pay-What-You-Can. Steelworkers Hall, 25 Cecil Street. 8 pm.

Saturday, May 7th

Tree Planting at Ashbridges Bay. Free. Join the East Toronto Climate Action Group and the Toronto & Region Conservation Authority and plant native trees and shrubs. Meet at the south of the Ashbridges Bay Park parking lot. Info: 416 778-7748 or ETCAG@yahoo.ca. 2 – 4 pm.

Mayworks: The Triple Truth - a Turtle Gals Performance Ensemble. \$5. Pay-What-You-Can. The Triple Truth explores the history of Aboriginal people at work in North America. Written, performed and produced by the dynamic Turtle Gals Performance Ensemble — Jani Lauzon, Monique Mojica and Michelle St. John. Turtle Gals was founded in 1999 with a commitment to bringing Native women's stories to the stage. Native Canadian Centre, 16 Spadina Road. 1:30 pm.

Sunday, May 8th

Mayworks: Monument to Ciudad Juarez: Only Women Who Die a Violent Death Go Directly To Paradise. Free. Video-installation and performance inspired by the violent assassinations of more than 300 women since 1993 in the city of Ciudad Juarez, Mexico, located at the border with the U.S. Metro Hall, 55 John Street. 7 pm.

Mayworks: Detainee Art + Words + Action: Non-Status Women and Children in Detention. Opening and Coffeehouse. Free. Recognize and honour the courage of detained women and children in Toronto. Still Lounge and Café, 458 Queen Street West. 2 – 5 pm.

PhACS. Physical Activity for Consumer/Survivors. Free. Meets every Sunday for a walk or a run. Meet at Riverdale Perk Coffee Shop, 633 Logan Avenue. 416 604-6973. <u>www.accentonability.org/fax.htm</u> 10 am.

Tuesday, May 10th

Sexual Health @ **the Library. Free.** A representative from the Black Coalition for AIDS Prevention provides workshops, literature and brochures on sexual health such as birth control, self-esteem and body image, STI's (sexually transmitted infections), STD's (sexually transmitted diseases), and HIV/AIDS at these sessions. Surf the net at <u>www.black-cap.com</u> For further information. Register in person or call 416 395-5980. York Woods Library, 1785 Finch Avenue West, Room 1. 5 – 7 pm.



CAMH Empowerment Council CAG (Clarke Advocacy Group) Free. Meet to discuss issues of importance to patients of the College Street site of the Centre for Addiction and Mental Health. 250 College Street, Room 801. Refreshments and TTC provided. 5:30 – 7 pm.

Wedesday, May 11th

Uptown Author Series. David Bezmozgis. Free. Meet 2004 Governor General Award finalist David Bezmozgis. he will read from his critically acclaimed autobiographical collection of short stories set in Toronto's Bathurst-Finch corridor during the 1980's, *Natasha and other stories,* Question and answer period to follow the reading. To register, please call: 416 395-5639. North York Central Library, 5120 Yonge St, Room 2. 7 pm.

Thursday, May 12th

Raise the Rates Special Diets Campaign. Meal and Demo. Free. The campaign has great momentum now and organizers are hopeful of a large turnout for a community meal followed by a march to demand that the government raise the rates of social assistance and release the full amount of the Special Diet Allowance (\$250) to all recipients. All are welcome and encouraged to join. Allan Gardens, Carlton Street between Sherbourne and Jarvis. 11 am.

Self Asessment – Is Entrepreneurship For You? Free. Part of the Enterprise Toronto Morning Seminar Series. This seminar will focus on personal self-employment assessment. Do you have what it takes to be a small business owner? A presentation on increasing your entrepreneurial awareness and readiness. Register at www.enterprisetoronto.com or leave a message at 416 395-7416. North York Civic Centre, 5100 Yonge St, Room 2. 7:30 – 9:00 am.

Friday, May 13th

Asian Heritage Month. Movie: *Monsoon Wedding.* Free. Come and see a four day celebration of a traditional Hindu Panjabi joint wedding. Malvern Library, 30 Sewells Road. 6 pm.

Language, Literature and Fine Arts. Asian Heritage Month. A celebration of South Asian Readings. Free. Shyam Selvadurai, editor of the anthology *Story Wallah* and other South Asian authors. Includes a book signing and publishers' display. Sponsored by the Toronto Public Library and the Canadian Foundation of Asian Culture (Central Ontario) Inc. North York Central Library, 5120 Yonge Street, Concourse Level. 7 – 9:30 pm.

Percy Schmeiser speaks out. \$5. (includes free copy of the ACTivist Magazine). Fighting for farmers and food safety. Percy will be speaking about his legal battles with Monsanto, patent laws vs. farmer's rights, suicide seeds, GMO pharma plants, and his ongoing campaign to save and use their seed. This event will launch an ACT for the Earth campaign on the converging dangers of biotechnology and nanotechnology. Bloor Street United Church, 300 Bloor Street West. 6:30 pm.

Saturday, May 14th

Asian Heritage Month, Traditional Chinese Medicine and Chi Gong Therapy. Free. Dr. Susan Kho talks about the fundamentals of traditional Chinese medicine. There will be demonstrations of tongue and pulse diagnosis as well as qi gong therapy in which the audience can participate. Register in person or call 416 396-8890. Albert Campbell Library, 496 Birchmount Rd. 2:30 - 4 pm.

Phoenix Poets' Workshop. Free. Longest running poet's group in Toronto. Bring copies of one poem for constructive critique. Hear other poets read their work. All ages welcome. College/Shaw Library, 766 College Street. 2 – 4:30 pm.

Cherry Beach Planting Event. Free. Join Evergreen in a native tree planting at the foot of Cherry Street in the Toronto Port Lands. Evergreen is a national non-profit org with a mandate to bring nature to our cities through naturalization projects. It brings people together to create and sustain healthy, natural outdoor spaces. Contact David 416 596-1495 X 232 or <u>dstonehouse@evergreen.ca</u> for info. 10 am – 12:30 pm.

Sunday, May 15th

Bring Back the Birds Nature Walk at the Leslie Street Spit. Free. (early bird hike 7 am). Presented by the Toronto Region Conservation Authority. Meet at the foot of Leslie St. 9 -11 am.



Jobs Jobs Jobs Jobs Jobs Jobs Jobs

These positions are listed on Charity Village. If you are interested in any of these positions and do not have acces to the internet, just call the centre at 416 595-2882 and we'll be happy to assist in any way possible – reading the posting to you over the phone, mailing it to you if there's time, or making an appointment for you to come by and see it.

dele

Scarborough Women's Centre

Coordinator of Volunteers Contract - Part Time **Application Deadline:** By Thursday May 5th, 2005 at 12 noon **Hours:** \$22 / 28 hours per week (hourly pay)

To support the Centre's work with disadvantaged women who are in the transition away from abuse and poverty towards economic and emotional independence • To take responsibility for overall coordination and administration of volunteer programs • Volunteer management • Administrative duties. No phone calls or emails please.

Daily Bread Food Bank

Controller Full Time Application Deadline: 05/06/2005 Years Experience: 5

Daily Bread solicits and distributes food to individuals and families in immediate need of assistance through our network of over 190 food programs. The Controller maintains all financial affairs.

The Person: bring enthusiasm to the position. You have extensive experience in financial management of charitable/not-for-profit organizations, including tax receipting, fast paced environment, problem solving skills. Excellent computer, written and oral skills, inter-personal and communication skills. This position heads the Finance Department. **Deadline:** forward a covering letter and a copy of resume by 5.00 pm on May 6, 2005.

Muki Baum Association

Special Events Coordinator Full Time **Application Deadline:** 05/15/2005 **Years Experience:** 4 years **Qualifications:** University degree or diploma or a combination of education and experience deemed suitable. Four years minimum experience in fundraising and event coordination Knowledge of current Regulations and Standards set forth by Revenue Canada. Advanced computer skills, including Word, Excel, WindowsXP and various internet research tools. No phone calls please. For more information visit: <u>http://www.mukibaum.com</u>

Youthdale Treatment Centres

Social Worker Position Type: Full Time Application Deadline: 05/15/2005

Two full-time social workers to provide case management and family therapy for our Toronto, Aurora and Rural Treatment Residences. The positions are based out of our Toronto office, though travel 1 day/week to Magnetawan, Ontario (300 km north of Toronto) is required for the rural position. MSW or equivalent and two years experience working with adolescents and their families in a mental health setting is required.

For more information see our website www.youthdale.ca. Email Resumes to: RSears@Youthdale.ca

Participation House, Hamilton and District

Personal Attendants Position Type: Part Time **Job Region:** ON - Hamilton Area, ON - Halton/Peel Region **Application Deadline:** 06/21/2005 **Now Hiring in:** BURLINGTON, HAMILTON, BINBROOK AND MISSISSAUGA Part Time Personal Attendants are required to work up to 20 hours per week doing shift work. We operate 24 hours per day and require staff to cover a variety of different shifts. Our Personal Attendants provide non-medical personal support services, life-skills support and light housekeeping duties for adults with long term disabilities in their own homes. No travel required at the above mentioned locations.

Mississauga - experience providing support for persons with an Acquired Brain Injury an asset. **Binbrook** - experience providing support for persons with developmental disabilities and physical disabilities an asset.



Contact by: Email, Fax, Mail <u>Job Contact Information</u> Human Resource Department <u>Participation House, Hamilton</u> and <u>District</u> 3097 Palmer Drive Burlington, Ontario L7M 4G8 Fax: (905) 335-3381 Email: <u>Postings@participationhouse.hamilton.on.ca</u> For more information visit: <u>http://www.participationhouse.hamilton.on.ca</u>

Krasman Centre

Consumer/Survivor Drop-In Centre Contract - Part Time Application Deadline: 05/21/2005, noon Hours: 20-25 hours per week Pay: \$18-\$20 /hr some weekend and evening hours. We are a unique resource and drop-in centre for psychiatric survivors, their friends and family members. We strongly encourage psychiatric consumer/survivors and family members to apply and self identify in a cover letter. **Responsibilities:** Coordinate the family outreach program •Provide resources to family members including relevant information, education, referral and supportive counseling. •Regularly facilitate an 8 week Family Mental Health Recovery Education and Support Series as well as a monthly support drop-in night for family members. **Qualifications:** Post-secondary education in a relevant discipline •Experience in group facilitation • Comfort in public speaking •Strong counseling skills •Knowledge of the mental health system, and the needs of families and consumer/survivors •Ability to work in a community/outreach capacity •Access to a car and ability to travel within the region is essential Apply to: Tanya Shute, Executive Director, by fax at 905-780-1960 or by email: krasman@idirect.com Please no phone calls. Please keep resumes to two pages maximum. Email: tanyas@idirect.ca For more information visit: http://www.krasmancentre.com

The Stop Community Food Centre

Events and Corporate Fundraising Coordinator Contract - Full Time Application Deadline: 05/12/2005. Salary: \$38,500 plus benefits

Your job will include co-ordinating The Stop's signature annual fundraising event, as well as a series of smaller events throughout the year, supporting fundraising volunteers and building relationships with corporations and local businesses. Under your guidance you will raise our funding levels to meet the increasing needs of our under-serviced community and allow us to develop new food access initiatives.

Skills: networking, multi-tasking, planning, coordination skills, enthusiasm, high energy, creativity and outstanding communication abilities. Start date: As soon as possible. Please send your letter and resumé by e-mail to charmaine@thestop.org or by mail to the address below. Faxed applications WILL NOT be accepted. **Job Contact Information** Hiring Committee Events and Corporate Fundraising Coordinator The Stop Community Food Centre P.O. Box 69, Station E Toronto, Ontario M6H 4E1 For more information visit: http://www.thestop.org

St.Alban's Boys and Girls Club

Aquatics Coordinator Full Time Application Deadline: 05/22/2005

Responsibilities: aquatic services for children, youth and adults, recruitment, training, scheduling, certification and performance of aquatics staff, maintenance of the pool, to include chemistry, climate control, cleanliness and related maintenance in compliance with all regulations, policies and guidelines for the operation of a public swimming pool, developing and managing operating budgets, maintain records of usage, pool equipment and supplies etc. **Qualifications:** Standard First Aid with CPR-C Red Cross Water Safety Instructor Lifesaving Society Instructor LSS advanced Instructor Bronze Cross Examiner Certified Pool Operator Red Cross Water Safety Trainer LSS Instructor Trainer First Aid Instructor NLS Instructor Aquatic Management Training Aquatic Safety Auditor Email: Chris Foster Executive Director St. Alban`s Boys and Girls Club: <u>chris@stalbansclub.ca</u> For more information visit: <u>http://www.stalbansclub.ca</u>

St.Alban's Boys and Girls Club

Administrative Manager Full Time Application Deadline: 05/22/2005 Years Experience: minimum 2 years **Responsibilities**: General reception of all members and guests in the Club, bookkeeping including invoices, disbursements, customer records and charitable receipts, develop and maintain cash management and accounting systems for Club funds including receipt journals, cash sheets, deposits, EFTs and bank reconciliations. Be responsible for members and alumni database management and maintenance of agency contracts, filing system and personnel records. Be responsible for bingo and other gaming events including applications, reports, cash floats and operation of events. Be responsible for ordering, storage, inventory of office supplies and maintenance of all office



equipment. To liaise with the City of Toronto for facility management. To be responsible for the coordination of all rental requests and user groups and ensure all groups meet Club criteria for rentals. Email: Chris Foster Executive Director St. Alban's Boys and Girls Club: <u>chris@stalbansclub.ca</u> For more information visit: <u>http://www.stalbansclub.ca</u>

