PLEASE SHARE, POST, COPY, DISTRIBUTE



#### The Consumer/Survivor Information Resource Centre

Distributed through generous support from CSRU Program (Community Support and Research Unit) of CAMH (Centre for Addiction & Mental Health)

# BULLETIN

Information for consumer/survivors of the mental health system, those who serve us. and those who care about us.

## April 15, 2006

**Bulletin 321** 

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday. PHONE HOURS: 9-5 Monday-Friday LOCATION: 252 College Street, 3<sup>rd</sup> Floor, Toronto, ON MAILING ADDRESS: c/o CAMH, 250 College Street, Toronto, ON M5T 1R8 TEL: 416 595-2882 FAX: 416 595-0291 E-MAIL: csinfo@camh.net

#### **Changes to ODSP Employment Supports**

The changes about the actual income supports need a change to the legislation, so they don't start until November 1, 2006 but the changes to how the employment supports work are in effect as of April, so Kerry Ann Markle. the head of Employment Supports for the Ministry of Community and Social Services came to talk about those changes on April 11th. The biggest news for us, the clients, is that the focus will shift from all that testing, assessing and preemployment stuff to getting a real job. They define that as competitive wages – minimum wages or above, no sheltered workshops. And they mean paid employment, not "other activities" ie. Volunteer work, etc. The most important change for agencies who provide the services, will be that they get paid for a client who gets a job and stays in that job, and for providing what the Ministry calls Exceptional Work Related Disability Supports. So, there will be a much stronger focus on getting clients to work. I asked about creaming the best clients. I've seen people come to the centre and tell me of going to an agency and being turned away because they are not "job ready" enough. The feeling is that the agency only wanted the people who could basically have gotten a job on their own. We were told that the Ministry would be able to tell if that was the case and would put a stop to it. They are planning for a much-streamlined process that is easier to access for clients, and for an awareness campaign for

Table of Contents

ODSP ES Changes Page 1

Internet Access
Page 2

Free and Low Cost Events Pages 3 – 5

Announcements
Pages 6 – 8

Volunteer Opportunities Page 9

Job Postings Page 9 & 10

employers and clients. They want to switch to a focus on the labour market and what jobs are really out there. They call it Place and Train (as opposed to the old way of Train and Place). There will be supported job trials and not so much waiting and preparing. Helen

Next Bulletin - The Changes to the Money



## Internet

There are a number of options for those living in Toronto, and do not have access to the internet.

#### Free Internet Access

The Community Access Program (CAP) is a Government of Canada initiative, administered by Industry Canada, which aims to provide Canadians with free public access to the Internet and the skills they need to use it effectively. There are CAP public locations at schools, libraries, community groups and agencies all over Toronto. Anyone can drop in and access the internet at any one of the CAP locations. To find the nearest CAP location in your area call 1 800 575-9200.



#### Toronto Public Libraries

#### Drop-In Public Access Computers

The Library has free drop-in public access computers for searching the internet. Time limits may vary depending on the individual library. To find a library location close to you contact, 416 393-7131 or <a href="https://www.torontopubliclibrary.ca">www.torontopubliclibrary.ca</a>

#### Computer Learning Centres

The Library also has 13 Computer Learning Centres across the city. Individuals can sign up for time or take classes to learn basic internet skills and search techniques, job hunting on the internet, and e-mail for free. Contact your closest Computer Learning Centre to register for programs.

Agincourt Library	416 396-8950	North York Central Library	416 395-5674
Albion Library	416 394-5174	Parkdale Library	416 393-7686
Cedarbrae Library	416 396-8850	Richview Library	416 394-5151
Fairview Library	416 395-5750	Riverdale Library	416 393-7720
Lillian H Smith Library	416 393-7746	Toronto Reference Library	416 393-7209
Malvern Library	416 396-8969	York Woods Library	416 395-5980
Maria A Shchuka	416 394-1000	,	

## Getting Your Own Computer

Byte Me Computers (ReBOOT Canada) sells dependable refurbished low cost internet ready computers. A Pentium-2 with software will cost about \$60.00. All proceeds go to ReBOOT Canada. Located at 136 Geary Ave. (Dupont/Dufferin area) For more information contact, 416 534-8473 or www.byteme-computers.com.

Learning Support Council of Canada provides computers to individuals who are community volunteers and are in financial need. The community organization must provide the volunteer with a letter confirming their volunteer participation and need of a computer. For more information contact, 416 955-1551 ext 309.

#### Internet Service Providers

The cost for internet provider services may vary depending on what kind of service. It is good to shop around.

A basic dial-up service can begin at \$9.95/month.

#### Internet Training

**Student Connections** offers internet classes from beginner to advanced. Some classes are specifically designed for seniors. Fees may vary depending on financial need. For more information contact, 1 888 807-7777 or <a href="https://www.studentconnections.ca">www.studentconnections.ca</a>.





## Free & Low Cost Events

#### Sunday, April 16th

**The Beaches Easter Parade. Free.** Beaches Lion's Club presents its annual Easter Parade. Parade route runs along Queen Street East, from Munro Park Avenue to Fallingbrook Road. Info: <a href="https://www.toronto.ca">www.toronto.ca</a>. 12:00 noon – 4:30 pm.

**The Old Shore of Lake Ontario Walk. Free.** The Lost River and NTGC walk explore the old shore of Lake Ontario. Leader Helen Mills. Meet at the south-west corner of King St. and Spadina Ave. Info: 416 393-4636. 2:00 pm.

#### Monday, April 17th

**Edwards Gardens. Free.** Visit the beautiful display of spring flowers at Edward's Gardens Park. Walk or bicycle along the many scenic paths. Edward's Gardens Park, 777 Lawrence Ave. East. (from Eglinton Station take Lawrence East Bus 54 or 54A) Parking available. Info: 416 397-8186. Open from dawn until dusk.

#### Tuesday, April 18th

**Birds in the Humber Bay Park. Free.** The Toronto Field Naturalists Walk with leader Marg Catto. Bring Binoculars. Meet at the park entrance (south side of Lake Shore Blvd. W. at Park Lawn Rd.) Info: 416 393-4636. 10:30 am.

**Community Adult Swim. Free.** Drop-in Community Swim. John Innes Community Centre, 150 Sherbourne Street. Info: 416 392-6779. Adult Swim Monday – Friday, 11:30 am – 1:30 pm, 6:00 – 7:00 pm.

A Social Contract Short Films - Images Festival 2006. PWYC. Images Festival, International Shorts Programs presents short films from Canada, France, Egypt and Germany based on ideas around the process of individual and social identity. Festival continues to April 22<sup>nd</sup>. Workman Theatre, 1001 Queen Street West. Info: 416 971-8405 or <a href="https://www.imagesfestival.com">www.imagesfestival.com</a>. 7:00 pm.

#### Wednesday, April 19th

**Spellbound Movie. Free.** Afternoon at the Movies presents the Alfred Hitchcock classic, Spellbound. Beaches Library, 2161 Queen Street East. Info: 416 393-7703. 2:00 pm.

**Hiking Adventure Talk. Free.** A talk with experienced hiker, Wilf Martini. Brentwood Library, 36 Brentwood Road North. Info: 416 394-5240. 6:00 pm.

#### Thursday, April 20th

Healthy Mind, Body, Planet Tour. Free. A national multi-media tour, tabloid and documentary showcasing the most current information, analysis and inspiration related to mental, physical and planetary health. Earth Sciences Centre, University of Toronto, Bancroft St. (between Spadina Ave and Huron St). Info: 416 538-7413 or www.greenspiration.org. 7:00 pm.



**Piano Recital. Free.** Hamish Stewart performs works by Beethoven, Liszt and Schoenberg. Northern District Library, 40 Orchard View Blvd. Info: 416 393-7610. 2:00 pm.

**Bellydancing Performance.** Free. The Bata Shoe Museum, Dancing Shoes series presents Siham Chowdhury's Cinderella. A unique interpretation of a classic tale incorporating traditional and fusion style bellydancing. The Bata Shoe Museum, 327 Bloor Street West. Info: 416 979-7799 Ext. 242. Free admission 5:00 – 8:00. Performance 6:00 pm.

Holistic Health Talk. Free. Overcoming Fibromyalgia and Chronic Fatigue Syndrome. Homeopath Doctor Charles Shrybman, CSFP, HD will talk on how to deal with these conditions naturally without drugs. Connections between food, lifestyle and these conditions will be discussed as well as homeopathic options. Carrot Common, 348 Danforth Avenue (enter by Book City). Info: 416 466-2129 or www.thebigcarrot.ca/calendar. 7:00 pm.

#### Friday, April 21st

**Glenn Gould School Recital. Free.** Student of brass, woodwind, string, piano, voice, percussion, and harp perform. Royal Conservatory of Music, 90 Croatia Street. Info: 416 408-2824. 8:00 pm.

**Opera Atelier Performance. Free.** A stage performance by Opera Atelier. Visit the Exhibition 20 Years of Design for Opera Atelier featuring set designs, photographs, costumes and props from production through the years. Exhibition runs to April 30<sup>th</sup>. Toronto Reference Library, 789 Yonge St. Info: 416 393-7131. Performance 7:00 pm.

#### Saturday, April 22nd

**Earth Day - Planting Trees and Shrubs. Free.** Join members of the Riverdale Farm's Building and Grounds Committee for a morning of planting activities and outdoor fun. Meeting House. Riverdale Farm, 80 Winchester St. Info: 416 392-6794 or <a href="https://www.friendsofriverdalefarm.com">www.friendsofriverdalefarm.com</a>. 9:30 – 11:30 am

**Earth Day Spring Festival.** Free. The Sierra Club celebrates Parkdale's waterfront with a clean up and eco fair. Participate in workshops, learn about green groups and businesses in your community. Entertainment for all ages includes live music by Waleed Kush and the Gathering (African tribal rhythms), and Diffusion (latin jazz). Budapest Park (east of Sunnyside Pool and west of Palais Royale). Info: 416 960-9606 or <a href="https://www.sierraclub.ca">www.sierraclub.ca</a>. 10:30 am – 4:00 pm.

g g st

**Yoga and Meditation. Free.** Learn gentle physical exercises, breathing techniques and meditation. Bring mat. College/Shaw Library, 766 College Street. Info: 416 393-7668. 10:30 am – 12:00 noon.

**Tree Planting Festival. Free.** City of Toronto's Earth Day Celebrations include tree planting, interactive children's shows and activities. Vendor/Information booths with fresh environmental products and ideas. Downsview Park (south-east corner of Sheppard Ave./Keele St.) 416 952-2227 or <a href="https://www.earthday.ca">www.earthday.ca</a>. 12:00 noon – 4:00 pm.

#### Sunday, April 23rd

**High Park Walking Tour. \$2.00 (suggested donation).** A walking tour on the restoration efforts in High Park. Meet at the benches across the road from the south side of the Grenadier Café and Teahouse. High Park, 1875 Bloor St. Info: 416 392-1748 or <a href="https://www.highpark.org">www.highpark.org</a>. 2:00 pm.

**Run/Walk Group. Free**. Physical Activities for Consumer/Survivors (PHACS) weekly run/walk 3 to 5 km. All welcome. Meet at the Riverdale Perk coffee shop (corner of Logan and Withrow Ave). Info: www.accentonability.org. 10:00 am.

#### Monday, April 24th

**History Talk. Free.** Scarborough Historical Society presents History of A.V. Roe plant and the AVRO ARROW, guest Frank Harvey, President of the Aerospace Heritage Foundation. Bendale Public Library, 1515 Danforth Road. Info: 416 396-8910. 7:00 pm.

**Groovy Mondays. Free.** Open Mic with local musicians. A performance by country blues singer Brian Blain. Now Lounge, 189 Church Street. Info: 416 364-1301. Open stage 8:30 pm. Performance, 10:00 pm.

#### Tuesday, April 25th

**World of Music Concert. PWYC.** Felix Galimir Chamber Music Award Gala Concert. Walter Hall, University of Toronto, 80 Queen's Park. Info: 416 978-3744. 7:30 pm.

#### Wednesday, April 26th

**East Don Nature Walk. Free.** The Toronto Field Naturalists explore the signs of Spring with leader Catherine Ukas. Meet at the south-west corner of Broadview Ave. and Mortimer Ave. Info: 416 393-4636. 1:00 pm.

**Bend It Like Beckham Movie. Free.** Afternoon at the Movies presents the movie, Bend it Like Beckham about a girl from a traditional Indian background who dreams of playing soccer. Beaches Library, 2161 Queen Street East. Info: 416 393-7703. 2:00 pm.

#### Thursday, April 27th

Canadian Veterans' Stories Talk. Free. A talk by Ted Barris, author of Juno: Canadians at D-Day; Deadlock in Korea; and Days of Victory. Northern District Library, 40 Orchard View Blvd. Info: 416 393-7610. 2:00 pm.

**The Maverick Movie. Free.** Afternoon at the Movies present the western, Maverick. Barbara Frum Library, 20 Covington Road. Info: 416 395-5440. 2:00 – 4:00 pm.

**Music Performance.** Free. Steppin' Out Thursdays presents the works of Schumann and others by Quartetto Constanze. The Bata Shoe Museum, 327 Bloor Street West. Info: 416 979-7799 Ext. 242. Free admission 5:00 – 8:00. Performance 6:30 pm.

**Holistic Health Talk. Free.** Allergy relief for spring! Is sneezing your way of welcoming the spring? Learn how homeopathy can help to alleviate symptoms and permanently cure allergies with Homeopathic Doctor Lisa Farun BA, HD(Rhom), DSHomMed. Carrot Common, 348 Danforth Avenue (enter by Book City). Info: 416 466-2129 or www.thebigcarrot.ca/calendar. 7:00 pm.

**Yoga and Meditation Class. Free.** Learn the gentle art of Sahaja yoga and meditation. Ontario Institute for Studies in Education, University of Toronto, 252 Bloor Street West. Info: 416 609-0182 or www.sahajayoga.ca. 7:30 pm.

#### Friday, April 28th

**Toronto Women's Book Store.** Proceeds from sales from the Toronto Women's Book Store today will go to support the Margaret Frazer House, an organization which provides supports and housing for women with psychiatric issues. Toronto Women's Bookstore, 73 Harbord St. Info: 416 922-8744 or <a href="https://www.womensbookstore.com">www.womensbookstore.com</a>. 10:30 – 8:00 pm.

**Comedy Performance. Free.** Robin Duke from Saturday Night Live performs her comedy. Toronto Reference Library, 789 Yonge Street. Info: 416 393-7131. 7:00 pm.

**La Robe-Ruche/Dancing on Water Artists' Talks and Reception. Free.** Mayworks Festival of Working People and the Arts opens its annual celebration with two exhibitions. La Robe-Ruche/The Hive Dress, a multi-media sound, video installation telling the stories of garment workers in Montreal. Dancing on Water illustrates stories, histories and experiences of Aboriginal people on the waterfront in B.C. Festival continues to May 7<sup>th</sup>. A Space Gallery, 401 Richmond Street West. Info: 416 599-9096 or www.mayworks.ca. 7:00 pm.

#### Saturday, April 29th

Ontario Coalition for Social Justice Assembly. Free. This assembly brings together labour unions, anti-poverty groups, faith groups, immigrant and refugee groups and diverse community groups all with the concern for the future of the province and country. Elementary Teachers' Federation (ETFO) office 480 University Avenue, 12<sup>th</sup> floor (at the corner of Dundas Street / St. Patrick Subway). 10:00 am – 4:00 pm.

Mayworks Festival Music for the Masses. Free. Music is a powerful tool to unite us and share stories and experiences. Enjoy this evening of music from around the world. Performers include Waleed Kush (mix of soulful African rhythms and lyrics that call for justice), Equinox 199 (local hip hop, spoken word artist), Ndidi Onukwulu and Madagascar Slim (soulful gospel/blues), and Plan C (Afro-Latin mix of jazz, funk, soul, hip-hop and electronica, to deliver experiences from the third world). Steel Workers Hall, 25 Cecil St. Info: 416 599-9096 or <a href="www.mayworks.ca">www.mayworks.ca</a>. 8:00 pm.

**Todmorden/Don Valley Nature Walk. Free.** The Toronto Field Naturalists nature walk with leader Mary Taylor. Bring binoculars, if possible. Meet at the northwest corner of Broadview Avenue at Mortimer Avenue, in front of the Dairy Queen. Info: 416 393-4636. 1:30 pm.

#### Sunday, April 30th

Mayworks Festival - Future Workers of the World Unite! Family Fun Day. Free. Artists will use music, movement and storytelling to teach children about the lives of working peoples from different regions of the world. Various family fun activities. Festival continues to May 7<sup>th</sup>. Steel Workers Hall, 25 Cecil St. Info: 416 599-9096 or <a href="https://www.mayworks.ca">www.mayworks.ca</a>. Knitting Circle, 11:00 – 1:30 pm. Free lunch, 12:00 noon – 12:30 pm. Taiko storytelling with Brenda Lem, 11:00 – 12 noon. African Storytelling with Adwoa Bodoe, 12:30 – 1:30pm.

**Warsaw Ghetto Uprising Commemoration. Free.** This commemorative event marks the Warsaw Ghetto Uprising's history of resistance, survival and the continued struggle, with film, choir music, discussion and a candle-lighting ceremony. The Winchevsky Centre, 585 Cranbrooke Avenue. Info: 416 789-5502 or www.winchevskycentre.org. 7:30 pm.

**Jubilant Brass Music Performance. Voluntary Donation.** Jubilant Brass with Brendan Cassin, trumpet; Stacy Allison-Cassin, french horn. Newman Centre, 89 St. George St. Info: 416 979-2468. 2:30 pm.

## **Announcements**

## Testify! Womyn Speaking Up! Womyn Speaking Out!

Assaulted Women's & Children's Counsellor/Advocate Program
Student Emergency Fund

On April 23, 2006, the students of the Assaulted Women's & Children's Counsellor/Advocate Program at George Brown College are holding their annual fundraiser for their Student Emergency Fund. This year's event, Testify! Womyn Speaking Up! Womyn Speaking Out! will be an evening of music, comedy, spoken word, poetry, and "testimony". The event is being held at the famous El Mocambo, on the 1st floor, located at Spadina & College. Doors open at 5:30 pm and the show runs from 6:00 until 9:00. This is an all ages event, with a wristband policy in effect. *Please be advised some of the material may not be suitable for younger children!* Admission is PWYC.

Hope to see you there

#### 

It's tax time! And the C/S Info Centre's free income tax clinic for low income people is operating again. The guidelines set by Canada Customs and Revenue Agency are: single person: income under \$20,000; and with dependants: under \$25,000; no complicated returns: no self-employment income, no bankruptcies, no rental income, no capital gains. Please call the centre for an appointment with us, or for the address of a tax clinic nearer to where you live: 416 595-2882.

## "Making Choices"

The 2006 edition of the mental health system directory is now available.

"Making Choices: CRCT's 2006 Guide to Adult Mental Health Services and Supports in Toronto" is a comprehensive, 150-page directory and guide to the services, supports and resources available to consumer/survivors in Toronto. It is a helpful resource for consumer/survivors, family members, and service providers.

If you would like to purchase a copy of "Making Choices", please fill out and return an order form together with your payment to: Community Resource Connections of Toronto, 366 Adelaide Street East, Suite 230, ON M5A 3X9.

Order forms can be downloaded from the www.crct.org website.

If you require further information, please call CRCT at 416 482-4103.

The C/S Information Resource Centre has a few copies available for Consumer/Survivors to purchase at \$5.00.



#### TO CAMH CLIENTS!

#### ARE YOU AN ANIMAL LOVER OR PET OWNER?

#### WOULD YOU LIKE TO DISCUSS A NEW IDEA AT CAMH?

WE WILL BE HOSTING A FOCUS GROUP ON MAY 1<sup>st</sup>, FROM 4 – 5:30 pm AND WOULD LIKE FOR YOU TO JOIN THE GROUP

## IF YOU ARE INTERESTED, PLEASE CALL ALEX MCLARTY AT 416-760-2121 AND LEAVE A MESSAGE

#### PARTICIPANTS WILL RECEIVE FINANCIAL COMPENSATION

#### FIRST 10 CALLS ONLY!

The C/S Information Resource Centre and Community Resource Connections (CRCT) have launched a new

#### **Wellness & Recovery Newsletter**

By now, you have probably received the new addition to the family. We hope that you enjoy it and find it a useful tool. Tell us what you think about the new Wellness and Recovery Newsletter and about the Bulletin. Please complete our Reader Survey by clicking on the link below or by using the hard copy of the survey found in the Wellness and Recovery Newsletter.

We need your feedback to continue bringing you publications to serve your needs.

http://www.surveymonkey.com/s.asp?u=302571938384

**Community Information Forum: Early Intervention in Youth Mental Health** 

Thursday, April 20, 2006 from 6:30 – 8:30 pm

The Meeting Centre, Room 2029, The Centre for Addiction and Mental Health, Russell Street site, 33 Russell Street

This forum explores the role of early identification and treatment in the course of a mental illness and overall outcomes. With Moderator, Dr. David Goldbloom, MD, FRCPC, Senior Medical Advisor, Education and Public Affairs, CAMH. Presenters include Dr. Irvin Epstein, Staff Psychiatrist, First Episode Clinic and PRIME Clinic, Schizophrenia Program, CAMH, Jean Addington, PhD, Director, PRIME Clinic, CAMH and April Collins, MSW, RSW, PhD Candidate, Deputy Administrative Director, Schizophrenia Program, CAMH. Marie Asuncion.

For more information: Barbara Steep, 416 535-8501 ext 4553 or barbara steep@camh.net



# The 19th Annual Images Festival 2006 from April 13 - 22, 2006

The Toronto festival features screenings, live performance and other exciting events. Images promotes international media culture by presenting alternative forms of media production and works that represent under-served Canadian cultural communities.

Many of the events are Pay What You Can (on a first come, first served basis)

Check out the website for program schedules. <a href="https://www.imagesfestival.com">www.imagesfestival.com</a>

\*\*\*\*\*\*\*\*\*\*\*

#### Recovery at Work: A Peer Support Workforce as Agent for Change

The Ontario Recovers Campaign is hosting a one-day conference/forum

with special guest, Larry Fricks, A founder of the Georgia Cerified Peer Specialist Program.

Wednesday, May 24, 2006 from 9:00 am - 4:00 pm.

Registration: \$70.00 Lunch included (Limited number of seats at \$20.00)

To register contact Brian McKinnon, bmckinnon@iprimus.ca Phone: 416 285-7996 Ext. 227 Fax: 416 285-5733

Make cheques payable to Alternatives, 2034 Danforth Ave., Toronto, ON M4C 1J6

For more information, contact Robert MacKay at 416 628-7500 or RobertMacKay007@hotmail.com

## Information Session about Apprenticeship Programs

Thursday, April 27, 2006 from 1:00 - 3:00 pm

YMCA, 4580 Dufferin St., 2<sup>nd</sup> Floor (corner of Finch Ave. and Dufferin St.)

To register call 416 635-9622

#### Send us

Your Art, Your Cartoons, Your Crosswords,
More Submissions to Where I Turn for Help
Where I Turn for Support



# Wo Want to Hoar From You II Volunteer Opportunities etin

The month of April is dedicated to the earth and environment. There are many volunteer activities.

Gi F (C) the

**Gibraltar Sand Dune Restoration Project.** The Toronto Bay Initiative and the City of Toronto Parks, Forestry and Recreation's continued restoration of the Gibraltar Point sand dune ecosystem (on Toronto Island) needs volunteers to plant shrubs that stabilise the sand on **Sunday, April 23<sup>rd</sup>**. Child friendly event. Dress warmly. Meet at the Toronto Island ferry terminal gates (city side) for the ferry to Hanlan's Point. Ferry is free for volunteers. Info: 416 598-2277. 10:00 am.

Trees Across Toronto Tree Planting Event, <u>Saturday April 29<sup>th</sup> at 10:00 am</u> at one of the 5 Trees Across Toronto sites. In Toronto, Earl Bales Park (Bathurst St and Sheppard Ave. West) or Sun Valley – Lower Don Valley (O'Connor Dr/ Beechwood Dr.) Contact 416 392-5323 or <u>www.toronto.ca/parks/treeadvocacy.htm</u> for more information on other locations for this event.

**Parkland Naturalization Program** needs volunteers to get involved at one of the many restoration project sites planting native trees, shrubs and flowers; assisting in water and wildlife monitoring. For more information contact, 416 392-LEAF or e-mail, greentoronto@toronto.ca.

**Toronto Environmental Volunteers (TEV)** focuses on many environmental issues such as solid waste management (garbage, recycling and composting), water efficiency, household hazardous waste, stormwater management, energy efficiency and air quality. For more information: 416 397-4838 or tevwes@toronto.ca

**Evergreen** needs volunteers for planting events, local neighbourhood initiative programs and more. Info: 416 596-1495 or www.evergreen.ca.

The **Sierra Club** is an international environmental group. Volunteers are needed for various committees, research, teaching, planting, special events and advocacy. Info: 416 960-9606 or <a href="https://www.sierraclub.ca/ontario">www.sierraclub.ca/ontario</a>.

**RiverSides** is an environmental non-profit organization committed to the protection and restoration of urban watersheds. Volunteers are needed for the various committees including fundraising, human resources, marketing/communication and program delivery. For more information, 416 868-1983 or <a href="https://www.riversides.org">www.riversides.org</a>.

RiverSides Volunteer Information Session, <u>Wednesday, April 26<sup>th</sup> from 6:00 – 7:30 pm</u>. Metro Hall, Room 304, 55 John St.

## **Job Postings**

These Job Postings are from the Services Canada Job Bank, so be aware that there may be a lot of responses. It's worth a try though. www.jobbank.gc.ca

**Labourer, Grounds Maintenance** (serving industrial and commercial sites) (10) Seasonal, full time positions. Some High School. Experience an asset. Weston/Finch. Apply by mail, fax or e-mail to Cameron Landscaping Inc. (mail) 138 Fenmar Drive, Toronto, Ontario M9L 1M6 (fax) 416 749-2376 (e-mail) <a href="mailto:dbolus@camland.com">dbolus@camland.com</a> Information: 416 749-2371 (8:30 – 4:30 pm) or <a href="mailto:www.camland.com">www.camland.com</a>

**Security Guard** (5) Permanent full-time positions.

Experience an asset. Various locations in Toronto. Apply by fax, 416 566-8240 or e-mail, mail@lkprotection.com

**General Labourer, Manufacturing** (order picking, sewing, shipping, cleaning). (4) Casual full-time positions. Will train. Lawrence/Eglinton area. Salary negotiable.

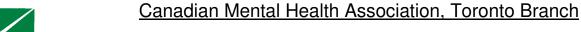
Apply in person to Syd Silver Formals, 79 Wingold Ave., Toronto, ON M6B 1P8



Filing Clerk (medical records) (1) Permanent, Part Time, Weekend, Day.

High School. Some experience.

Apply by mail, MediSystem Pharmacy, 75 Lesmill Road, Unit 3, Toronto ON M3B 2T8





#### **Peer Facilitator**

Position Type: Part Time (21 hrs per week)

Job Region: ON – North York Area Application Deadline: April 24, 2006

Location(s): North York, Ontario What Next! Peer Facilitator

What Next! Peer Support Drop-in Centre is a meeting place where people recovering from mental health or mental health and addiction issues can share with others and gain social and emotional support. Although the program has existed for ten years, it has recently partnered with the Canadian Mental Health Association/Toronto Branch to expand its services to five days per week to promote wellness and recovery for people with major mental illness living in the North York community through meaningful activities, peer support, and advocacy.

This part-time position includes engaging and building strong working relationships with consumer members from various backgrounds, assisting in the development and implementation of peer support activities, consumer outreach, and may involve liaison with community organizations. The candidate will be a hardworking individual who is flexible, reliable, demonstrates a positive attitude and enthusiasm to work with consumer members and will be part of a team reporting to the Team Leader

#### Responsibilities:

- Welcoming new and present members to the centre;
- Developing, implementing, and facilitating program activities;
- Completing daily operational activities of the centre including: keeping the physical space organized and welcoming to members and keeping track of member attendance;
- Assisting in the development and production of monthly calendar;
- Program promotion and outreach through community liaison and advocacy and
- Other duties as assigned by the Team Leader.

#### Qualifications:

- Excellent facilitation skills and extensive experience;
- Direct personal experience as a consumer of mental health services;
- Degree or Diploma in Social Services or Health Related field preferred;
- Experience working (paid or volunteer) with people with mental illness and/or mental health and addiction;
- Knowledge of community resources available to people with mental illness;
- Excellent interpersonal and communication skills;
- Ability to work cooperatively with team members and independently;
- Self starter with the ability to think quickly and handle crisis situations;
- Strong commitment to enriching the lives of others;
- Willingness to work day and/or evening hours as required;
- Knowledge of office equipment and basic computer skills.

Salary \$21,441.00

Please submit resumes by April 24, 2006 to What Next!, Canadian Mental Health Association/Toronto Branch, c/o The Red Cross Building, 1859 Leslie Street, North York, ON, M3B 2M1 or Fax 416 449-3949. No telephone inquiries please. Only those candidates selected for an interview will be contacted. Please note that confidentiality is

assured if requested for an interview. The Canadian more information visit: <a href="http://www.Toronto.cmha.ca">http://www.Toronto.cmha.ca</a>	Mental	Health	Associ	ation is	an equa	l opportu	ınity emp	oloyer.	For