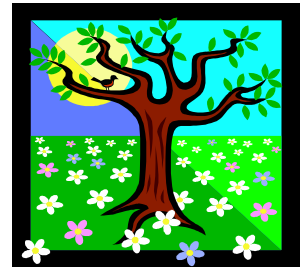


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The Consumer/Survivor Information Resource Centre

Distributed through generous support from CSRU Program (Community Support and Research Unit) of
[CAMH](#) (Centre for Addiction & Mental Health)

BULLETIN

*Information for consumer/survivors of the mental health system,
those who serve us, and those who care about us.*

May 15, 2006

Bulletin 323

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday. PHONE HOURS: 9-5 Monday-Friday

LOCATION: 252 College Street, 3rd Floor, Toronto, ON

MAILING ADDRESS: c/o CAMH, 250 College Street, Toronto, ON M5T 1R8

TEL: 416 595-2882 FAX: 416 595-0291 E-MAIL: csinfo@camh.net

**We received this reply from one of our readers to
the pieces on ODSP we recently ran.**

I'm writing today just to express my disappointment of Ontario Disability Support Program. Yes, we do see an increase of 2% however, in what area shelter or basic need or the special diet allowance! Those of us topped by ODSP, because of CPP-D, may see the 2% on paper, and then minused off, the bottom figure.

The disappointment comes from less interplay, a one-way exchange of information, and it is getting worse, by the government installing video in the waiting room and having interviewers who only use the information on the computer screen to understand the person.

You ask a question, and two things may happen, you get a question put back to you and the issue is diverted. Or the representative multitasking and needs to see so many people after looking at the waiting list on the computer. Move us out as quickly as they can.

I just wonder, in the 21st century is the focus truly on compassion and support for those of us with disabilities or is the bottom line the information, technology that has led humans to be less caring?

These are questions that may never be answered in my life time; however at the end of the day, I feel a sense of loss with the true essence of the words: i.e. quality, compassion, understanding, truthfulness, openness, honesty, communication (two way interplay).

My thoughts! Survivor at the best of times.

Karen I. Harte Maxwell (veteran psychiatric survivor)

Thank you for sharing your thoughts, Karen.

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Internet Service Providers

Thank you to some of our readers who shared their resources on accessing the internet.



Community Computer Centres

International Charity Association Network has established many Community Computer Centres throughout various neighbourhoods in the City of Toronto. Seniors, students and lower income families can access the internet and learn computer skills. There is a Community Computer Centre with 28 computers at 2444 Danforth Avenue (between Woodbine and Main Street). For this centre contact, 416 686-7375.

For more information about this organization and for a Community Computer Centre in your neighbourhood contact, **416 752-help** or www.canadiancharity.com.

Low Cost Internet Service Providers

Toronto Free-Net is a non-profit dial-up internet service provider with the aim of providing universal access to the internet in the Toronto region. There are a number of levels that you can subscribe to and pay according to how long and when you use the service. A basic level service includes 7 minutes during 10:00 am – 12:00 midnight (peak hours) and 7 minutes from 12:00 midnight to 10:00 am (off hours). You can donate what you can afford for this level service. Subscribers at this level must renew their memberships after 6 months. For a HalfPlus level, which includes 30 minutes during peak times and 60 minutes during off hours, members can pay either \$3.00/month or \$30.00 annually. There are also 1Plus, 442Plus and Unlimited levels. All memberships include E-mail, WWW Access, Webmail, space for your own Web homepage, storage space for files and voting privileges at FreeNet general meetings. For more information contact, **416 204-9257** or www.torfree.net.

295.ca offers basic internet service with unlimited hours and 1 email account for \$2.95/month. With tax, it comes to \$3.16. You have to pay first, last, and a one time \$10 enrollment fee (\$17.82 tax included) at registration. You can add turbo speed for another \$2.95 a month. For more information contact, **416 848-4295** or www.295.ca.

If you have any more information to share with the readers of the Bulletin, send it in !!

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“Out of the Shadows At Last”

“Out of the Shadows At Last” is the title of the final report of the Kirby Commission, the Standing Senate Committee on Social Affairs, Science and Technology, for its study on Mental Health, Mental Illness and Addiction. The Committee's website is at the following link: it includes a choice of the report (308 pages) highlights (85 pages) or an executive summary (3 pages).

http://www.parl.gc.ca/common/Committee_SenRep.asp?Language=E&Parl=39&Ses=1&comm_id=47

The report alone is at this website:

<http://www.parl.gc.ca/39/1/parlbus/commbus/senate/com-e/soci-e/rep-e/pdf/rep02may06part1-e.pdf>

Is anybody out there interested in writing something for the Bulletin on it? Do we have any takers? Or any comments from anyone with internet access who has a chance to read it? Send us your thoughts. We'll publish what we get or write something when we've had a chance to digest it.

Subscribe to Our Publications

If you are not already receiving **The Bulletin** regularly, you can receive it free via mail or email. Contact us at csinfo@camh.net or 416 595-2882 and we'll put you on the list. It's that easy. The Bulletin is published on the 1st and 15th of each month.

Wellness and Recovery Newsletter – A reminder about our new quarterly publication – It isn't an automatic subscription for anyone who gets the Bulletin. Our second issue will be coming out in early June. Don't forget to subscribe, if you haven't already.

Free & Low Cost Events



Monday, May 15th

Alumnae Café. Free. Improv Comedy from the Second City Comedy School alumnae. Second City, 56 Blue Jays Way. Info: 416 343-0022 or www.secondcity.com. 9:30 pm.

Wednesday, May 17th

Breakfast at Tiffany's Movie. Free. Afternoon at the Movies presents this classic film starring Audrey Hepburn. Beaches Library, 2161 Queen St. E. Info: 416 393-7703. 2:00 pm.

From Roof to Mouth: Rooftop Urban Agriculture Talk. Free. A talk with Jane Rabinowicz of Santropol Roulant. Panel discussion to follow with Karine Jaouich (Food Share), Anne Currie (Urban Space Property Group), and Lara Mrosovsky (Green Thumbs/Growing Together). Innis Town Hall, University of Toronto, 2 Sussex Ave. Info 416 877-7463 or www.rooftopgardens.ca. 7:15 – 10:00 pm.

City State: How Much Power Does the City Need Forum. Free. St. Lawrence Centre Forum explores the financial and political impact of the City of Toronto Act with Dave Meslin, Bob Hutchison and moderator Ted Barris. St. Lawrence Centre, 27 Front St. Info: 416 366-1656 or www.forum.stlc.com/forum.php. 7:30 pm.



Thursday, May 18th

Jazz Music Concert. Free. Lee Graham, jazz vocals and Elizabeth Sheppard, piano perform. St. John's York Mills Anglican Church, 19 Don Ridge Dr. Info: 416 225-6611. 12:15 pm.

Tea and Murder. Free. Enjoy listening to mystery book talks. Wychwood Library, 1431 Bathurst St. To pre-register and for more information contact, 416 393-7683. 2:00 – 3:00 pm.

Yoga and Meditation. Free. Learn gentle physical exercises, breathing techniques and meditation. Bring a mat. College/Shaw Library, 766 College St. Info: 416 393-7668. 6:30 – 8:00 pm.

Alternative Health Talk – Organic Raw Foods. Free. Learn how to incorporate organic raw food choices into your diet with Alexi Bracey. Room 212, 2nd Floor, Carrot Common, 348 Danforth Avenue. Info: 416 466-2129. 7:00 pm.

Friday, May 19th

Open Case/Shut Space Art Exhibition. Free. The exhibition explores the former Whitby Psychiatric Hospital – a space that was used to provide care, treatment and housing to the mentally ill between the 1920's and the 1990's, from both participant and observer perspectives. Artists include Laura Mills, Dorota Dziong and Yulia Shtern. Exhibition continues to May 21st. Galerie Bertossini, 783 Queen St. E. Info: 416 466-3659. 12:00 noon – 5:00 pm.

Saturday, May 20th

The Don Valley's History Walk. Free. The Task Force to Bring Back the Don historical walk explores the old homesteads, paper mill and other industries in the area before the construction of the Don Valley Parkway. Leader Bill Lewis. Meet in the small parking lot that lies between Don Mills Rd. and the DVP. Info: 416 392-0401 or www.toronto.ca/don/walking.html. 10:00 am – 12 noon.

Space Time Continuum. Free. A science fiction discussion group. Palmerston Library, 560 Palmerston Ave. Info: 416 393-7680. 12 noon - 2:00 pm.



Sunday, May 21st

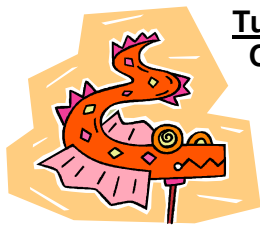
Don Valley Walk. Free. Lost River Walk explores the area around the Don Valley. Leader Dr. Michael Bardecki. Meet at the southwest corner of Pottery Rd. and Broadview Ave. Info: 416 593-2625 or www.sources.com/tfn. 2:00 pm.

Fort York Neighbourhood Walk and Tour. Free. Walk and tour explores Historic Fort York. Free admission to the Fort follows the walk. Historic Fort York, end of Garrison Rd. (Lakeshore Blvd. West and Strachan Ave.). Info: 416 392-6907 or www.toronto.ca/museums. 2:00 pm.

Care, Theatre Play. PWYC. Tarragon Main Stage presents the play Care, a touching comedy about a couple's struggles to re-establish their relationship. Tarragon Theatre, 30 Bridgeman Ave. Info: 416 536-5018 or www.tarragontheatre.com. PWYC seats available at 1:00 pm. Performance, 2:30 pm.

Monday, May 22nd (Victoria Day)

Garrison Common, Nature and Pre-History Walk. Free. Lost River Walk with leader Ian Wheal. Meet at the corner of Queen St. and Bathurst St. Info: 416 593-2625 or www.sources.com/tfn. 2:00 pm.



Tuesday, May 23rd

Chinese Music Performance. Free. Celebrate Asian Heritage Month with this demonstration and performance of Chinese culture. Goldhawk Park Library, 295 Alton Towers Circle. Info: 416 396-8964. 2:00 pm.

The Joy of Writing Group. \$1.00 (donation). Bring written works to read, share and discuss in the group. Ralph Thornton Centre, 765 Queen St. E. Info: 392-6810. 7:00 – 9:00 pm.

Wednesday, May 24th

Out of Africa Movie. Free. Afternoon at the Movies presents, Out of Africa starring Meryl Streep and Robert Redford. Beaches Library, 2161 Queen St. E. Info: 416 393-7703. 2:00 pm.

Rosedale Walk. Free. The ROM Walk explores the Rosedale neighbourhood. Meet at Bloor St. West and Castle Frank Rd. (Castle Frank subway). Info: 416 586-8097 or www.rom.on.ca. 6:00 pm.

Fat Albert's. PWYC. Fat Albert's Open Mic has been a venue for many local musicians since the 1960's. The United Steelworkers' Hall, 25 Cecil Street (between Beverley Street and Spadina Avenue). Info: 416 964-2842. 8:00 pm.

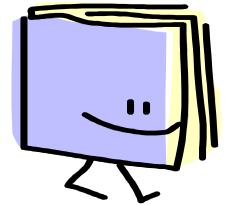
Thursday, May 25th

Gypsy Swing Music Performance. Free. George Grossman performs with Swing Valse. St. John's York Mills Anglican Church, 19 Don Ridge Dr. Info: 416 225-6611. 12:15 pm.

Moulin Rouge Movie. Free. Afternoon at the Movies presents, the Academy Award winning musical film, Moulin Rouge. Barbara Frum Library, 20 Covington Rd. Info: 416 395-5440. 2:00 pm.

History of Chinese Painting Talk. Free. A slide lecture talk on the history of Chinese painting from the T'ang Dynasty to present with David Aylward. Deer Park Library, 40 St. Clair Ave. E. Info: 416 393-7657. 2:00 pm.

Storytelling Workshop. Free. Learn the art of storytelling with Storyteller-in-Residence, Dan Yashinsky. Oakwood Village Library, 341 Oakwood Ave. Info: 416 394-1040. 6:30 – 8:15 pm.



Book Talk and Reading. Free. Gary Geddes reads from his bestselling book Kingdom of Ten Thousand Things: an impossible journey from Kabul to Chiapas. Question and answer to follow reading. Toronto Reference Library, 789 Yonge St. Info: 416 395-5577. 7:00 pm.

Alternative Health Talk – Body Detox Superfood Cleanse. Free. Learn the 4 Stages of Detox and about foods that will assist you in your body detox with nutrition practitioner, Wayne Gendel. Room 212, 2nd Floor, Carrot Common, 348 Danforth Ave. Info: 416 466-2129. 7:00 pm.

Friday, May 26th

In Tempo Music Performance. Free. An evening of classical and contemporary music. Walter Hall, Edward Johnson Bldg., 80 Queen's Park Cres. Info: 416 654-9443. 7:30 pm.

The Humanitas Launch Party & 7th Annual Doors Open Toronto Kick-off. Free. This event includes performances, storytelling, exhibits and more. Cooler by the Lake Tent, Yonge St. and Queen's Quay West. Info: 416 338-0496 or www.doorsopen.org. 6:00 pm.

1001 Nights of Storytelling. PWYC (suggested donation). Each evening is hosted by a storyteller. Anyone is welcome to listen to and tell a story in the oral tradition of storytelling. Innis College Café, 2 Sussex St. Info: 416 656-2445 or www.storytellingtoronto.org. 8:00 – 10:30 pm.

Saturday, May 27th

Yoga Class. Free. Learn Sahaja Yoga and meditation. Northern District Library, 40 Orchard View Blvd. Info: 416 609-0182 or www.sahajayoga.ca. 10:30 am.

Toronto-Dominion Centre Penthouse View and Tour - Doors Open Toronto. Free. Enjoy the view of Toronto in this tour covering the history, art and architecture of the area, and bird nests. A special historical exhibition of Toronto will be on display. Toronto-Dominion Centre, 66 Wellington St. West. This event is part of Doors Open Toronto, a unique event where various historical sites in Toronto open to the public to view. Doors Open continues to May 28th. For more information about participating venues and events contact, 416 338-3888 or www.doorsopen.org. 10:00 am – 2:00 pm.



Spadina Museum and Historic Gardens – Doors Open Toronto. Free. Visit this period Victorian house and luxurious gardens and grounds. Spadina Museum and Historic Gardens, 285 Spadina Rd. Info: 416-392-6910 or www.toronto.ca/culture/spadina.htm. For more information about participating venues and events contact, 416 338-3888 or www.doorsopen.org. 10:00 am – 4:00 pm.

Sunday, May 28th

St. Lawrence Market Walking Tour – Doors Open Toronto. Free. Enjoy a walking tour of St. Lawrence Hall, the market and area. Opera Atelier will perform at the Great Hall at 1:00 pm. Sarah Hood will discuss how cycling infrastructure builds community and community builds cycling infrastructure at 2:00 pm. St. Lawrence Market, North Market, 92 Front Street East. Info: 416 392-7120. 10:00 am.

Music Performance. Free. The Metropolitan United Choir and Silver Band performs choral and brass music favourites. Metropolitan United Church, 56 Queen St. E. Info: 416 363-0331. 2:00 pm.

Todmorden Mills Heritage Museum and Arts Centre – Doors Open Toronto. Free. Learn about the unique industrial history and geography of the area. Visit the wildflower preserve. Todmorden Mills Heritage Museum and Arts Centre, 67 Pottery Rd. (East of the Bayview Ave. Extension, West of Broadview Ave.). Info: 416 396-2819 or www.toronto.ca/culture/todmorden_mills.htm. This event is part of the Doors Open Toronto. For more information about participating venues and events contact, 416 338-3888 or www.doorsopen.org. 10:00 am – 4:00 pm.

Monday, May 29th

17th Annual Group Commute and Pancake Breakfast. Free. Pick up a free T-shirt and participate in this event kicking off Toronto Bike Week 2006. Meet at one of 5 locations at 7:30 am. Bloor St. W. and High Park, Yonge St. and Lawrence Ave., Danforth Ave. and Woodbine Ave., Dundas Ave. E. and Kingston Rd. Cyclists will converge at Yonge St. and Bloor St. from the locations at 8:00 am for a group commute ride down to City Hall for a free breakfast at 8:30 a.m. Breakfast provided by the St. Lawrence Market. Toronto Bike Week continues to June 11th with many events and rides at various locations around the city. Info: 416 392-7592 or www.toronto.ca/cycling. 7:30 am.



Toronto Island Cycling Tour of Trees. \$6.00 (ferry). Participate in this leisurely 10 K bicycle ride and tour. Meet at Ward's Island Ferry Dock (at the foot of Bay St). Info: 416 392-8196. Depart on the Wards Island Ferry 6:15 pm.

Alt Comedy Lounge. PWYC. Various stand up comedians perform. The Rivoli, 332-334 Queen St. W. Info: 416 596-1908 or www.altcomedylounge.com. (Doors open) 8:30 pm. (Performance) 9:00 pm.

Tuesday, May 30th

Locating Reliable Health Information on the Internet Workshop. Free. Learn to search for information related to health and wellness using the internet and health databases. Toronto Reference Library, 789 Yonge St. Info: 416 395-5577. 10:00 am – 12:00 noon.

Wednesday, May 31st

Anna and the King Movie. Free. Afternoon at the Movies presents, Anna and the King with Jodie Foster. Beaches Library, 2161 Queen St. E. Info: 416 393-7703. 2:00 pm.

The Royal Ontario Museum and its Neighbours Walk. Free. The ROM Walk explores the historical sites surrounding the museum. Meet in front of the ROM. Royal Ontario Museum, 100 Queen's Park Crescent. Info: 416 586-8097 or www.rom.on.ca. 6:00 pm.

Local History Talk. Free. Donald Duncan talks about the history of the Duncan family who settled in the Davisville area over 150 years ago. Northern District Library, 40 Orchard View Blvd. Info: 416 393-7610. 7:30 – 8:30 pm.

Announcements

The C/S Info Centre's free Income Tax Clinic continues ...

Other tax clinics may be over, but we are still going strong. We do the current tax year - 2005 - and also previous years. We go back as far as Revenue Canada allows - 7 years. So get those forms together and call us for an appointment !!! Make sure to tell us if you have multiple years so we schedule enough time for you. The guidelines set by Canada Customs and Revenue Agency are: single person: income under \$20,000; person with dependants: under \$25,000; no complicated returns: no self-employment income, no bankruptcies, no rental income, no capital gains. Just call the centre for an appointment at [416 595-2882](tel:416-595-2882).

CAMH Rainbow Services Group for
Lesbians, Bisexual and Trans Women

Dealing with substance use concerns

Open group for lesbians, bi and trans women who are concerned about their substance use. Group meets weekly for an hour and a half. This group is appropriate for women who have mild or moderate concerns regarding their alcohol and/ or drug use. It is also a group for women who have completed treatment and require additional support to maintain their recovery goals, which may be harm reduction or abstinence. The group focuses on topics relating to lesbians, bi and trans women and addiction. This group is held at the Brentcliffe site (Eglinton and Bayview) at the Centre for Addiction and Mental Health - (CAMH) and is covered by OHIP. Out of town clients welcomed. For further information contact: Jocelyn Urban – Addiction Therapist 416 535-8501 x 7066.

Tamil Community Health Fair

Saturday, May 20, 2006 10:00 am – 3:00 pm
Scarborough Civic Centre (Council Chamber) 150 Borough Drive

All welcome Free Lunch provided

For Information: Naga at 416 586-9777 ext. 438, David at 416 285-3666 ext 4152 or Xavier at 416 297-7627

Walk of Hope for Schizophrenia

Walk, volunteer or donate to this event in support of the Schizophrenia Society. There will be music, refreshments, entertainment and a mental health services fair.

Sunday, May 28, 2006

Registration, 11:30 am Opening Ceremony, 12:30 pm Walk begins, 1:00 pm

Nathan Phillips Square, 100 Queen St. W.

For more information contact: 416 449-6830 or www.walkofhope.ca.

The 16th Annual
Toronto Inside Out Lesbian and Gay Film and Video Festival

May 18 – 28, 2006

This festival presents more than 275 films and videos from across Canada and around the world. There will be screenings, artist talks, panel discussions, installations and parties. There are some free screenings on May 20th and May 22nd at the National Film Board of Canada, 150 John Street. Admission to free screenings is on a first-come, first-serve basis. No tickets will be issued for these screenings. Doors will open 20 minutes before the screening time.

For more information on all screenings and other events or to purchase advance tickets contact: 416 977-6847 or www.insideout.on.ca.

CAMH Client Bursary

Are you a CAMH client thinking about taking a course? If yes, consider applying for a Client Learning Bursary. There are **three** possible funds to apply to for bursaries:

The Reay and Lynda Mackay Family Endowment Fund for Client Learning, contact Sarah Manson at 416 535-8501, Ext. 4407 or Karen Fournier, Ext. 2995.

The Mary Tweedie Fund, contact Theresa Conforti, 416 535-8501, Ext. 2995.

The Rosefair Consumer Business Initiative Fund, contact Leslie Vieni, 416 535-8501, Ext. 6234.

Applications may be obtained from your clinician or by contacting **Sarah Manson at 416 535-8501**, Ext. 4407 or in **Room 820 (8th floor), 250 College St.**

Deadline is June 16, 2006

The Psychiatric Patient Advocate Office (PPAO) has recently issued 2 new InfoGuides

- **Self-Advocacy**
- **Four Steps to Successful Self-Advocacy**

You can check out these guides as well as other resources at

www.ppao.gov.on.ca or 1-800-578-2343.

Read Joe Fiorito's article, "We ought to listen, not turn away" from the Tuesday, May 9, 2006 edition of The Toronto Star. The article describes his experience having lunch with some of the members (all consumer/survivors) of the Toronto Homeless Speakers Bureau. Everyone has a story to tell. He urges people to listen.

To read the article visit, www.thestar.com. If you don't have access to the internet, you can drop by the C/S Info Centre and get a copy. To find out more about the Toronto Homeless Speakers Bureau call 416 504-1693, ext. 226.

Employment Related

All about Apprenticeship

An information session on apprenticeships. Topics include: entrance requirements into different trades; varying time periods for different trades; steps involved to register as an apprentice; certification types both mandatory and voluntary and new initiatives.

Tuesday, May 16, 2006 from 2:00 - 4:00 pm

The YMCA Employment and Newcomer Services of North York, 4580 Dufferin St.

For more information contact: **Mohammad Islam, 416 635-9622** or mohammad.islam@ymca.net
www.ymcatoronto.org

Information Session on finding job opportunities with
United Parcel Service (UPS)

Thursday, May 18, 2006 from 2:00 – 3:00 pm

Chesswood Employment Resource Centre, 3701 Chesswood Dr., Suite 100, North York

For more information: [416 395-9559](tel:4163959559)

North York Women's Centre free workshop for women

Follow Your Passion

Do you have a business idea in mind? Are you ready to find a career you are more passionate about? Facilitator, Daneal Charney will lead this workshop on developing those ideas into options to develop career goals suited to your passions.

Saturday, May 27, 2006 from 9:00 am - 12:00 noon

North York Women's Centre, 201 Caribou Rd. (Lawrence Ave. E. and Bathurst St.)

All participants must register in advance, [416 781-0479](tel:4167810479) or info@nywc.org

TTC tokens and childcare available

For more information check out the website, www.nywc.org.

Volunteer Opportunities

Are you interested in history? There are many opportunities to volunteer at the various historical museums in the city.

Montgomery's Inn in Etobicoke is looking for host/hostess for their historic period Tea Room. Duties include preparing food, serving tea and staffing the craft counter. A commitment of 2.5 hours a week required. For more information contact Liz Driver at 416 394-6025 or 416 394-8113.

Colborne Lodge, Mackenzie House and Spadina Museum needs volunteers for special events, greeters, museum grounds gardeners, historic cooks and many more. Flexible schedules available. For more information contact: 416 392-6910 ext. 313.

Historic Fort York is looking for volunteers in the following positions: Historic Cooks, Officers' Kitchen Garden, The Fort York Regency Dancers and many more. Historic Old Fort York, 100 Garrison Rd. For more information contact: 416 392-6907.

Friends of the Archives of Ontario requires general board member volunteers. Commitment of 2 years (approximately 2 hours/week). For more information contact: 416 961-0370 or 647 519-2776.

The Bata Shoe Museum is looking for volunteers to greet visitors, answer phones, sell admissions, process memberships and help in their gift shop. Commitment of 1 year (3.5 hours/week, flexible hours). For more information contact Sheila Knox at 416 979-7799 ext. 228 or sheila.knox@batashoemuseum.ca

The Textile Museum of Canada has volunteers in many aspects of their organization from assisting in reception, admissions and gift shop to special events. For more information contact 416 599-5321, ext. 2232 or volunteer@textilemuseum.ca

Job Postings

Market Research Interviewers. Evenings and Saturdays. Downtown location. \$8.50/hour. Phone 416 964-8690 ext. 102. **Posted:** www.nowtoronto.com.

Personal Support Workers. Nabors works with people with disabilities, their families and friends to ensure they engage in meaningful involvements in society. Everyone has great contributions to make and can share as citizens when well supported. \$14.92/hour. Apply by faxing your cover letter and resume to 416 351-1462 or generat@nabors.ca. **Posted:** www.nowtoronto.com.

Pool Lifeguard. Seasonal, Part-time, Weekend Day, Night and Evenings. Some experience. Red Cross Swimming Instructor/Life Saving Certificate, First Aid Certificate and CPR required. Apply in person between 1:00 – 5:00 pm to the Holiday Inn On King, 370 King Street West, Suite HR. **Posted:** www.jobbank.gc.ca.

Residential Landscaper. Permanent, Full Time, Shift, Weekend, Day. Some experience required. Apply by fax to Advanced Landscape Group, 416 514-1387 or e-mail, info@algggroup.ca. **Posted:** www.jobbank.gc.ca.

Box Office Representative. Part Time, Evening, Weekends. The Young Centre for the Performing Arts is looking for Box Office Representatives. Skill Requirements include: typing skills; knowledge of Tessura Ticketing software is an asset; excellent oral communication; attention to detail; ability to multi-task and work under pressure; interest in performing arts. Apply by mail to T. J. Tasker, The Young Centre for the Performing Arts, 55 Mill St, Building 49, Toronto, Ontario M5A 3C4, telephone 416 866-8666 ext. 402 or e-mail, tjtasker@youngcentre.ca. **Posted:** www.workinculture.ca.

Housekeeper/Program Assistant/Cook. Casual. \$12.46/hour. High School. Knowledge of Canada Food Guide. Food Handling Certificate. Some experience with children and food required. Apply by mail to Elaine Levy, Director, Child Care Services, WoodGreen Community Centre, 835 Queen St. E. Toronto, Ontario M4M 1H9, fax, 416 469-0825 or e-mail, elevy@woodgreen.org. **For more information visit** www.woodgreen.org.

In-Home Services Special Needs Worker. Part Time. Available Mon.-Fri. 9:00 am – 5:00 pm. \$10.18 - \$11.18/hour. **SPRINT** is a not-for-profit multi-service agency providing a wide range of services to help older adults and persons with disabilities remain in the North Toronto community.

Senior Peoples` Resources in North Toronto (Sprint) is looking for a Special Needs worker to provide housekeeping services to clients. Responsibilities include: light housekeeping such as vacuuming, dusting, kitchen and bathroom cleaning; laundry, meals and grocery shopping; monitor and report (verbally and in writing) on client's health and any changes. Qualifications: demonstrated experience and understanding of the special needs of older adults; good spoken and comprehension skills in English; ability to work flexible schedule; physically able to meet the requirements of the job; able to service smokers and pet owners. Apply mail to Maria Tabatabaie, In-Home Services Senior Supervisor, Senior Peoples` Resources in North Toronto, 140 Merton Street, 2nd Floor, Toronto, Ontario M4S 1A1 or fax, 416 481-9829. Apply by May 23/06.

Sprint is also in need of Full time Drivers with a valid G license, good driving record and insurance.

For more information, www.sprint-homecare.ca. **Posted:** www.charityvillage.ca