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**The Consumer/Survivor Information Resource Centre**

Distributed through generous support from CSRU Program (Community Support and Research Unit) of  
[CAMH](#) (Centre for Addiction & Mental Health)

# ***BULLETIN***

*Information for consumer/survivors of the mental health system,  
those who serve us, and those who care about us.*

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**July 1, 2006**

Bulletin 326

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C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday. PHONE HOURS: 9-5 Monday-Friday

LOCATION: 252 College Street, 3<sup>rd</sup> Floor, Toronto, ON

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## **Nothing About Us Without Us**

I don't know where this motto started, but the consumer/survivors who coined it have given it to the rest of us to use. We want to be in on the planning of services, the delivery of services, the evaluation and critiquing of services and the re-vamping of services when **we** decide they're not working for us like we want them to be, or when they are being reconfigured, redesigned, renewed...You get my drift. Like now. Lots of changes are about to happen or have started to happen.

**Provincially** The Ontario Ministry of Health and Long Term Care (MOHLTC) is dividing the province into 14 Local Health Integration Networks (LHIN's). The message that we want, and expect, to be included in the process, at all stages, was given loud and clear at the Community Engagement and Consultation Meeting on Friday June 23<sup>rd</sup> at the Metro Toronto Convention Centre. We must keep saying this – that nothing that is meant for us should be planned without us in the mix. And that does not mean one lonely token consumer at the table; it means a significant number of us, so no one feels alone and intimidated and like a voice in the wilderness.

**Federally** It's up to us to keep up the pressure here, too. Senator Kirby admits that the Out of the Shadows Report is not perfect, but it is a start, and in a minority government, he hopes no one would dare to vote against it. We can make our feelings known to our MP - that we want it passed and that we feel that it does not go far enough. The recommendation for only \$2.5 million for Peer Support Projects for the whole country is pathetic. Everyone knows that peer support and consumer/survivors helping each other is the most helpful in terms of quality of life, reducing time in hospital, and reducing visits to emergency wards. So why only two and a half million?

You can find out who is your Member of Parliament by calling **1 800 O-CANADA**, that's 1 800 622-6232. It's an embarrassingly small number of letters that make an MP sit up and take notice of an issue, so it is really worth it to write to yours. (and it's free, no postage required).

**Let's let our voices be heard, Nothing About Us Without Us.**

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## Responses to Research Ethics Dilemma

**Wow, did we ever get a lot of feedback about the topic of putting research announcements in the Bulletin !!!**

Most people were in favour of putting the announcements in, but with some kind of statement that the Bulletin and the C/S Info Centre were not endorsing the studies listed. Some people just quietly made the point that the decision was up to the individual involved, and said post the announcements and let the person reading them decide. Others though, were vehement in their assertions that they should be there because of freedom of information, or on the other hand, that they shouldn't be there and we'd be capitulating to the system if we put them in. Here's a sampling:

I say put them in; I personally think the more research, the better, to further us along the road to better care, or to pave the way for better care for future generations. Each reader can choose for him/herself whether or not to participate, depending upon their stance on the issue! --Wendy

\*\*\*\*\*

I noticed your dilemma over research studies. I have some difficulty with research in that I find the outcomes are often limited to the studies' boundaries. Life experience I have found to be a lot more complex and unpredictable. However, we live in a world where we are governed by studies of predictable outcomes.

One of the greatest challenges I have noted in mental health issues is being able to make an informed decision and to have choices. It is fine to make these laws and to say we have choices but how does one go about making a decision when this may be a core issue of their mental health challenge? I have noted people to just accept facts because they can't get the words to come out to express their concerns or they are so used to saying everything is fine they can't say no to anything.

I do believe that everybody is entitled to and must have the right to informed decision making and personal choices. My concern is in how do you facilitate understanding so the individual is in control of the decision making process, and can make a choice that best meets their needs. I would suggest that you cannot protect people by keeping the information from them but you can help them to be more informed in how to make a decision or choice. Perhaps you would want to run a series on the decision-making process or to control your part of the information provided by the C/S Info Centre. You could list a disclaimer to the information provided whether it is research, seminars, or job postings. Listing the disclaimer is the easy part, helping people to make an informed decision is a greater challenge, and I would say in keeping with your previous approaches it is not your challenge alone but that of the individual, and the community as a whole.

I hope you resolve your dilemma in a way that continues to support freedom of choice with informed decision-making. Thank you to everyone at the C/S Info Centre for your commitment to excellence and dedication to providing quality information. -- AG

\*\*\*\*\*

I think place it in the Newsletter, and let the readership make their judgment call, buy-in or not! Part of self-actualization. -- Karen

\*\*\*\*\*

As a consumer survivor with 25+ years' experience in dealing with stigma against people with mental health issues...it's not up to us to decide. But... private interest bias' research study should be screened out somehow ... would not want to see studies conducted by pharmaceutical companies only who are trying to promote their own products/selfish interests, ...There should be some short statement at the start of the postings list that clearly says that the content of postings listed are not endorsed or supported by the Consumer/Survivor Information Research Centre unless specifically stated otherwise. (Or something 'word-smithed' a lot better) ... I'm thinking of what the TV networks say on 'Infomercials' or opinion pieces: "The views expressed are those of the participants and do not necessarily reflect the views of this station" -- Ken Wood

Why is this even a question? Would we withhold information from our colleagues and our peers because we think we know best what they need/want? No. That is insulting. Your readership is not small children who do not understand the implication of their choices. They are grown adults who have managed to make their own decisions without your intervention before now. They should be afforded the same rights (to information) and dignity you would afford all other adults. To question otherwise is to reinvent the provider/client dynamics they have fought hard to shed. – Pam Lahey

\*\*\*\*\*

i was very glad to see your article in the Bulletin. my stomach has turned each time I saw a "research" study advertised. altho i can hear what your colleagues have said on why to have them included i believe the Bulletin does not need to be the vehicle for that advertising.

by the posting them i believe implies support to these projects (altho that is not stated....there is an implication they are sanctioned by CSInfo.

there are lots of places these people can advertise let them use their other resources and networks.

and for survivors making their own choices for recovery i'm a 100% there.... and you know what they can find out about these "research" studies in lots more places!!!! its not like the info isn't available anywhere else.

personally i'm relieved to hear about your struggle.... i thought you had gone awry!!! take care and I hope you get lots of feedback on this! -- Carol

\*\*\*\*\*

I'm strongly in favour. Research can help us a lot and it's very interesting. You feel like you are helping others and you get contact with other professionals. Be very careful about medications and don't put in any from drug companies. Never do that. Don't take a healthy body and start doing that. -- Lorraine

\*\*\*\*\*

**So, readers, it does look like we'll be putting some research announcements in starting with the next issue, Bulletin 327, July 15<sup>th</sup>. We'll have a disclaimer attached; maybe not at the top and bottom, like somebody wanted, but it will be there. Free will and choice were mentioned a lot as was the chance to make money. So, next time we'll run a few and see what you say. Helen**

## The Farley Foundation



The Farley Foundation provides financial assistance for medical care for pets that belong to seniors who receive the Federal Guaranteed Income Supplement (GIS) and people with disabilities who receive the Ontario Disability Support Payment (ODSP). It was established in 2001 by the Ontario Veterinary Medical Association (OVMA).

The Farley Foundation pays for non-elective procedures for sick or injured companion animals of qualifying owners. Routine veterinary care is not funded. Treatment must be provided in Ontario by a clinic with at least one member of the OVMA. The foundation does not restrict what types of animals are assisted – all companion animals whose owners cannot afford medical care are eligible. The Farley Foundation will provide up to \$500 per animal per calendar year, and \$500 per veterinary clinic per calendar year.

If you could use assistance from the Farley Foundation, ask a veterinarian, as funding requests must be made through veterinary clinics. A decision about funding approval is usually made within 24 hours after all necessary information is received from the veterinarian.

For more information, please call 1-800-670-1702 or visit the website at [www.farleyfoundation.org](http://www.farleyfoundation.org).

## Free & Low Cost Events

**Saturday, July 1<sup>st</sup>**

**Happy Canada Day! There are many events and festivals to celebrate the Day!**



**The Power of Place – Canada Day Celebration. Free.** Celebration of music, dance, film, and visual art. Harbourfront Centre, 235 Queens Quay W. Festival continues to July 3<sup>rd</sup>. For more information on events and times: 416 973-4000 or [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com). 9:00 am – 11:00 pm.

**Art in the Park – Canada Day Celebration. Free.** Celebrate Canada Day at the AGO's Annual Art in the Park Celebration Event. AGO admission is free for the event. Festival will be at Grange Park, south of Dundas St. W and Beverly St. The Art Gallery of Ontario, 317 Dundas St. W. Info: 416 979-6648 or [www.ago.net](http://www.ago.net). AGO open, 10:00 am – 5:30 pm. Grange Park activities, 12:00 noon – 4:00 pm.

**4th Annual New Country Canada Day Festival. Free.** Canada Day Festivities including: food, arts and crafts and free concerts. Sunnyside Beach (Parkside Drive and Lakeshore Boulevard). Info: [www.country953.com](http://www.country953.com). 11:00 am – 9:00 pm.

**Canada Day Celebration. Free.** Celebrate Canada's 139<sup>th</sup> Birthday with live music, rides, games, fireworks and more. Downsview Park, Keele Street and Sheppard Avenue West. Info: 416 954-0544 or [www.pdp.ca](http://www.pdp.ca). 11:00 am – 11:00 pm.

**East York Canada Day Event. Free.** The day begins with a parade, and park events. Parade begins at Broadview Avenue and Danforth Avenue, proceeding to Stan Wadlow Park where the events will be held. Stan Wadlow Park, 373 Cedarvale Avenue (Woodbine Avenue and O'Connor Drive). Info: 416 396-2842 or [www.toronto.ca/events](http://www.toronto.ca/events). Parade, 9:00 am – 12:00 noon. Events, 11:00 am – 11:00 pm.

**Music at Midday – TD Jazz Festival. Free.** Afro-Cuban inspirations of pianist Hilario Duran's Big Band. Festival continues to July 2<sup>nd</sup>. Nathan Phillips Square, 100 Queen Street West. Info: 416 928-2033 or [www.torontojazz.com](http://www.torontojazz.com). 12:00 noon.

**Canada Day at Mel Lastman Square. Free.** Celebrate with fireworks and music by Canadian bands. Mel Lastman Square, 5100 Yonge Street. Info: [www.toronto.ca/events](http://www.toronto.ca/events). 8:00 pm.

**CHIN International Picnic. Free.** Performers from Italy, Portugal, South Asia and Hong Kong, cycling races, boxing tourney, rides, games, a bazaar and more. Celebrations continue to July 3<sup>rd</sup>. Exhibition Place, Info: 416 531-9991 ext. 3900 or [www.chinradio.com](http://www.chinradio.com). 12:00 noon – 11:00 pm.



**Chinese Canadian Canada Day Celebration. Free.** Entertainment, food and more. Yonge-Dundas Square, Yonge St. and Dundas Street E. Info: 416 979-9960 or [www.ydsquare.ca](http://www.ydsquare.ca).

**Festival of Fire Fireworks. Free.** International fireworks competition choreographed to music. Tonight featuring **Canada**. You can see the display for free at Coronation Park along the walk by the lake, east of the Ontario Place parking lot. Info: 416 314-9900. 10:30 pm.

**Sunday, July 2<sup>nd</sup>**

**Music at Midday – TD Jazz Festival. Free.** Singer Luis Mario Ochoas Cimarron performs. Nathan Phillips Square, 100 Queen St. W. Info: 416 928-2033 or [www.torontojazz.com](http://www.torontojazz.com). 12:00 noon.

**Mount Pleasant Cemetery Walk Part I. Free.** ROM walk explores Mount Pleasant Cemetery sites and landmarks. Meet at the Cemetery - Yonge St. Gate, Yonge St. north of St. Clair Avenue East. Look for the blue umbrella. Info: 416 586-8097 or [www.rom.on.ca](http://www.rom.on.ca). 2:00 pm.

**Monday, July 3<sup>rd</sup>**

**Festival of Fire Fireworks. Free.** International fireworks competition choreographed to music. Tonight featuring Brazil. The display takes place at Ontario Place. You can see the display for free at Coronation Park along the walk by the lake, east of the Ontario Place parking lot. Info: 416 314-9900. 10:30 pm.

## **Tuesday, July 4<sup>th</sup>**

**Lake Iroquois Shoreline Walk. Free.** The Toronto Field Naturalists walk. Meet at the northwest corner of Davenport Road and Bathurst Street. Info: 416 593-2656. 6:45 pm.

**The Blob Movie. Free.** Outdoor film screening of this classic horror movie. Yonge-Dundas Square, Yonge Street and Dundas Street East. Info: 416 979-9960 or [www.ydsquare.ca](http://www.ydsquare.ca). 9:00 pm.

**Akido Workshop. Free.** Introductory class on the Japanese martial art of Akido Shugyo Dojo. Bring a t-shirt and wear loose clothes. Aikido Shugyo Dojo, 271 Broadview Ave. Info: 416 469-4846 or [www.shugyo.com/events](http://www.shugyo.com/events). 6:15 – 7:15 pm.

## **Wednesday, July 5<sup>th</sup>**

**Music Performance. Free.** The Bluegrass/Pop sounds of Great Atomic Power. Yonge-Dundas Square, Yonge Street and Dundas Street East. Info: 416 979-9960 or [www.ydsquare.ca](http://www.ydsquare.ca). 12:30 - 1:30 pm.

**Jarvis Street Walk. Free.** ROM Walk explores St. Paul's Church, Victorian Houses including Massey House, Jarvis Collegiate, Allan Gardens, and Jarvis St. Baptist Church. Meet at Bloor Street West and Church Street. Info: 416 586-8097 or [www.rom.on.ca](http://www.rom.on.ca). 6:00 pm.

## **Thursday, July 6<sup>th</sup>**

**Classical Indian Music Performance. Free.** Aruna Narayan virtuosa of the bowed 40-string sarangi performs evening ragas, accompanied by tabla player Shubhjyoti Guha. Toronto Music Garden, 475 Queens Quay W. Info: 416 973-4000 or [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com). 7:00 pm.



**Tai Chi Practice. Free.** Outdoor Tai Chi practice for the beginner and experienced. Victoria Memorial Square, Portland Street and Niagara Street. Weather permitting. Wear comfortable clothes and soft shoes. Info: 416 392-6907 or [www.fortyork.ca/events](http://www.fortyork.ca/events). 7:00 pm.

**Festival of Fire Fireworks. Free.** International fireworks competition choreographed to music. Tonight featuring China. The display takes place at Ontario Place. You can see the display for free at Coronation Park along the walk by the lake, east of the Ontario Place parking lot. Info: 416 314-9900. 10:30 pm.

## **Friday, July 7<sup>th</sup>**

**Toronto Outdoor Art Exhibition. Free.** Ceramics, drawing, painting, photography, textiles, jewelry, sculpture and more on display. Nathan Phillips Square, 100 Queen Street W. Continues to July 9<sup>th</sup>. For more information and exhibition times: 416 408-2754 or [www.torontooutdoorart.org](http://www.torontooutdoorart.org). 10:00 am – 8:00 pm.

**Toronto Street Festival. Free.** Opening celebration of the 8<sup>th</sup> Annual Toronto Street Festival with entertainment, roots, jazz, world, pop and children's musicians, buskers, jugglers, stilt-walkers and more. The Festival continues to July 8<sup>th</sup> - 9<sup>th</sup> at 5 locations on the streets of Toronto. Yonge-Dundas Square, Yonge Street and Dundas Street E. For more information on event, locations and times: 416-979-9960 or [www.ydsquare.ca](http://www.ydsquare.ca). 5:00 pm.



**Sunset Outdoor Yoga Class. Free.** Downward Dog presents this outdoor ashtanga yoga class at Kew Gardens. Meet at the foot of Lee Avenue (south of Queen Street East, east of Woodbine Ave.) with your own mat and windproof candle. Info: 416 703-8805 or [www.downwarddog.com/events](http://www.downwarddog.com/events). 7:00 pm.

**Beats, Breaks and Culture. Free.** The festival celebrates urban electronic music with a special focus on globally-flavoured sounds with music, dance, visual art and film including a breakdance competition and live graffiti art competition. Harbourfront Centre, 235 Queens Quay W. Festival continues to July 9<sup>th</sup>. For event information and times: 416 973-4600 or [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com). 7:00 – 1:00 pm.



**Corso Italia Toronto Fiesta. Free.** 9<sup>th</sup> Annual St. Clair West Festival. The festival spans a 10 block radius along St. Clair Avenue W., Westmount Ave. and Lansdowne Ave. Festival continues to July 9<sup>th</sup>. For more information on events, locations and times: 416 922-4459 or [www.torontofiesta.com](http://www.torontofiesta.com). 7:00 – 11:00 pm.



**Saturday, July 8<sup>th</sup>**

**AFROFEST. Free.** The 18<sup>th</sup> Annual Celebration of African Music with many stages and musical acts performing throughout the day. A diverse selection of activities for everyone, workshops and food. Festival continues to July 9<sup>th</sup>. Queen's Park, Info: 416 469-5336 or [www.musicafrika.org](http://www.musicafrika.org). 12:00 noon - 10:30 pm.

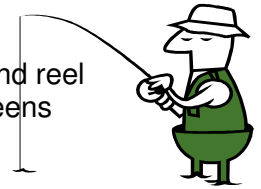
**Grenadier Pond Family Fishing Day - Ontario Family Fishing Weekend. Free.** Join the Fishing activities in the park. Bring your rod. There will be a limited number of rods available to borrow. Grenadier Pond, High Park, 1873 Bloor St. West (Bloor St. West, west of Parkside Dr. and High Park Blvd). Info: 905 713-7730 or [www.familyfishingweekend.com](http://www.familyfishingweekend.com). 10:00 am. – 2:00 pm.

**Festival of Fire Fireworks. Free.** The Grand finale of fireworks from this competition choreographed to music. Tonight featuring different countries. The display takes place at Ontario Place. You can see the display for free at Coronation Park along the walk by the lake, east of the Ontario Place parking lot. Info: 416 314-9900. 10:30 pm.

**Sunday, July 9<sup>th</sup>**

**Urban Fishing Festival – Ontario Family Fishing Weekend. Free** (\$6.00 ferry).

The festival features contests, prizes, demonstrations and fishing for everyone. Bring a rod and reel or borrow one. Take the Toronto Island Ferry from the Toronto Ferry Docks (Bay St. and Queens Quay West) to Hanlan's Point. Walk along the path to the Toronto Island Boat House. Info: 905 713-7730 or [www.familyfishingweekend.com](http://www.familyfishingweekend.com). 10:00 am – 1:00 pm.

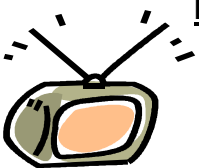


**Don Valley Brickworks Walk. Free.** Heritage Toronto Walk in association with Friends of the Don East explores the natural and history of the Brickworks and surrounding area. Meet at the front entrance to the Brickworks, west side of Bayview Ave. and Pottery Rd. Info: 416 338-0684 or [www.heritagetoronto.org](http://www.heritagetoronto.org). 1:30 pm.

**Mount Pleasant Cemetery Walk Part II. Free.** ROM Walk continues to explore Mount Pleasant Cemetery landmarks. Meet at the Cemetery - Mt. Pleasant Gate, Mt. Pleasant Rd. north of St. Clair Avenue East. Look for the blue umbrella. Info: 416 586-8097 or [www.rom.on.ca](http://www.rom.on.ca). 2:00 pm.

**Monday, July 10<sup>th</sup>**

**CBC Museum. Free.** Visit this museum dedicated to the 70-year history of the CBC. You can see classic shows from the archives such as Wayne and Shuster, Tommy Hunter and Juliette at The Graham Spry Theatre. Canadian Broadcasting Centre 250 Front St. W. Info: 416 205-5574 or [www.cbc.ca/museum](http://www.cbc.ca/museum). Open, M-F, 9:00 am – 5:00 pm., Saturday, 12:00 noon – 4:00 pm.



**The 14<sup>th</sup> Annual Scream in High Park. PWYC** (suggested donation). Outdoor poetry reading by well-known Canadian writers. CSC Dream Site Amphitheatre, High Park, 1875 Bloor Street West. Info: 416 466-8862 or [www.thescream.ca/events](http://www.thescream.ca/events). 7:00 pm.

**Tuesday, July 11<sup>th</sup>**

**The Birds Movie. Free.** Screening of the classic Alfred Hitchcock film. Yonge-Dundas Square, Yonge St. and Dundas Street E. Info: 416 979-9960 or [www.ydsquare.ca](http://www.ydsquare.ca). 9:00 pm.

**Dusk Dancers Festival. PWYC.** Dusk Dances is an outdoor dance festival that brings contemporary and traditional dance to public parks. Dusk Dances features an array of diverse choreographic works combining the social and cultural elements of the specific environment. Festival continues to July 16<sup>th</sup>. Dufferin Grove Park, on the east side of Dufferin Street south of Bloor Street West. Info: 416 504-6429, Ext. 41 or [www.duskdances.ca](http://www.duskdances.ca). Band begins 7:00 pm. Dance 7:30 pm.

### Wednesday, July 12<sup>th</sup>

**The Danforth Walk. Free.** ROM Walk explores sites around the Danforth. Meet at Danforth Avenue and Cambridge Avenue (east end of Prince Edward Viaduct). Look for the blue umbrella. Info: 416 586-8097 or [www.rom.on.ca](http://www.rom.on.ca). 6:00 pm.

### Thursday, July 13<sup>th</sup>

**In the Company of Songbirds Music Performance. Free.** Playing recorders, baroque flutes and folk flutes, Alison Melville performs music inspired by birdsong from the 17<sup>th</sup> to 21<sup>st</sup> centuries. Toronto Music Garden, 475 Queens Quay W. Info: 416 973-4000 or [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com). 7:00 pm.

**Edwards Gardens Tours. Free.** Guided stroll along the scenic garden paths. Edwards Gardens, 777 Lawrence Avenue East. Info: 416 397-1340 or [www.torontobotanicalgarden.ca](http://www.torontobotanicalgarden.ca). 7:00 pm.

### Friday, July 14<sup>th</sup>

**The Gardiner Museum of Ceramics. Free.** Visit the newly renovated ceramics museum, the Pierre Laroque; Clay Sculptures and Drawings and other works from the permanent collection. 111 Queen's Park. Info: 416 586-8080 or [www.gardinermuseum.on.ca](http://www.gardinermuseum.on.ca). 10:00 am – 9:00 pm.



## Announcements

The Leadership Project announces

### **International Recovery Perspectives: Implications, Innovations, Implementation**

Critical and creative explorations of leading edge approaches in Mental Health Recovery.

**Thursday, November 16 and Friday, November 17, 2006**

**Hart House, 7 Hart House Circle, University of Toronto**

Cost for the conference is \$300.00.

There are a limited number of subsidized seats available for the main conference for Consumer/Survivors and families on a limited income. Register now as there are only a limited number of spaces. For registration and more information contact:

**Brian McKinnon 416 285-7996 ext. 227 or [bmckinnon@iprimus.ca](mailto:bmckinnon@iprimus.ca)**

There will be a free Pre-Conference Day for Consumer/Survivors

**Wednesday, November 15, 2006** at the Steelworkers Hall, 25 Cecil Street

For more information call 416 482-4103 or e-mail [heinz\\_klein@hotmail.com](mailto:heinz_klein@hotmail.com) or [meligstarkman@yahoo.ca](mailto:meligstarkman@yahoo.ca).

### **SIMPLY PEOPLE CELEBRATING OUR LIVES & IDENTITIES**

**3rd Annual Disability Celebration for all to attend! FREE outdoor event**

**Tuesday, July 18th, 2006 from 5:30 pm - 7:30 pm**

**Nathan Phillips Square 100 Queen St. West** (Queen St. West & Bay St.)

**Guest Speakers include:** City of Toronto Mayor David Miller, Toronto City Councilor Joe Mihevc, Disability Rights Activist/Advocate David Lepofsky (Human Rights Reform Representative for the Accessibility for Ontarians with Disabilities Act Alliance)

**Performers include:** Libby Thaw and the House band, Christina Doyle, Emma Cook, Last Friday, Luna  
If you have any questions/concerns or if you have any other particular accessibility requirements, please contact **Uzma Khan at: [simplypeople@yahoo.ca](mailto:simplypeople@yahoo.ca) \ or call 416-890-2733.** ASL interpretation provided.

This event is brought to you by Canada-Wide Accessibility for Post-Secondary Students (CANWAPSS) with the assistance of the University of Toronto Access Centre / Students For Barrier-free Access (UTAC/SFBA) and Microcomputer Science Centre Inc.

**The Mood Disorders Society of Canada** has published "**Quick Facts on Mental Illness and Addiction in Canada**" to bring together in one handbook a collection of important statistics. The handbook was funded by several pharmaceutical companies. [www.mooddisorderscanada.ca](http://www.mooddisorderscanada.ca).

## Employment Related Programs

### Knowing Your Employment Options Workshop

July 5, 2006 from 9:00 am – 12:00 noon

Progress Career Planning Centre, 1200 Markham Rd. Suite 400, Scarborough

For more information contact **Kelly Gao**, 416 429-8448 ext 244 or **Stacey Andrews**, 416 439-8448 ext 246

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### Skills Link is a training and employment program for individuals 15 – 30 years

Eligibility includes: single parent, Aboriginal youth, young person with a disability, recent immigrant and/or high school drop out; out of school and unemployed for at least 3 months; legally entitled to work in Canada; not in receipt of employment (EI) benefits.

For more information call or drop by:

**St. Stephen's ETC**, 1415 Bathurst St. Suite 201 or call 416 531-4631.

## Volunteer Opportunities

**Parkdale Liberty Economic Development Corporation** will be hosting three **Arts and Crafts Festivals** on July 22<sup>nd</sup>, August 26<sup>th</sup>, and September 16<sup>th</sup>. Volunteers are needed in the areas of: Information Kiosk, Clean-Up Crew, Set-Up and Take Down Crew, Hospitality (Entertainer and Workshop Assistants), Retail Staff, Vendor Relations. Shifts will be from 10 am - 2 pm and 2 pm - 6 pm, with the exception of the Set-Up and Take Down Crew whose shifts will be from 8 am -10 am and 6 pm - 8 pm. **For more information contact:** Brett Fowler at 416 516-8301. **E-mail**, [brett@parkdaleliberty.com](mailto:brett@parkdaleliberty.com)

**North York Women's Centre** is looking volunteer board members with experience in fundraising, accounting/finances, anti-racism/anti-oppression, program management, human resources, non-profit management and capacity building. Commitment of 8-10 hours per month for 3-years is required. **Submit** a volunteer application (available online), a letter of interest and your resume. **Mail**, North York Women's Centre, Attn: Recruitment Committee, 201 Caribou Rd., Toronto ON M5N 2B5. **Fax**, 416 781-3822. **E-mail**, [board@nywc.org](mailto:board@nywc.org). Applications will be accepted until 5:00 pm on **July 21, 2006**. **For more information:** [www.nywc.org](http://www.nywc.org).

**Wellness and Recovery Newsletter** – A reminder about our new quarterly publication – It isn't an automatic subscription for anyone who gets the Bulletin. Our second issue came out in late June. It's free to receive, but you have to tell us you want it. If you haven't already, call us at 416 595-2882 or email us at [csinfo@camh.net](mailto:csinfo@camh.net).



## **Trinity Square Enterprises - Request for Proposal: Facilitation of Focus Groups with Program Participants**

Trinity Square Enterprises (TSE) is currently in the process of examining its program in order to create positive change for both program participants and staff. For this particular phase of our examination the Board of Directors would like to garner expanded input from program participants and incorporate this input into our strategic planning process. **TSE expects this part of the project to cost no more than \$2,500.**

### **Qualifications:**

- Experience and skill in developing and leading focus group discussions
- Personal experience receiving services of the mental health system would be an asset.

Please submit a resume and proposal to [trinity519@aol.com](mailto:trinity519@aol.com) by July 19, 2006, including expected cost and time spent on the following:

1. Review 2005 program participant questionnaire and answers.
2. Meet with Board committee to develop questions and discussion points for focus groups.
3. Develop questionnaire.
4. Facilitate 2 focus groups, 2 hours each.
5. Produce report.
6. Review report with Board of Directors.

*Trinity Square Enterprises is an equal opportunity employer. We encourage applications from people with disabilities, women, visible minorities and First Nations people.*

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## **Trinity Square Enterprises - Request for Proposal: Staff Survey and Follow up Discussion with Staff and Board of Directors**

Trinity Square Enterprises (TSE) is currently in the process of examining its program in order to create positive change for both program participants and staff. For this particular phase of our examination the Board of Directors would like to acquire input from staff on the future direction of TSE and its program scope via a questionnaire and a subsequent brainstorming meeting. We would like to incorporate the resulting input into our strategic planning process. **TSE expects this part of the project to cost no more than \$2,000.**

### **Qualifications:**

- Experience and skill in facilitating group discussions.
- Professional experience working with non-profits
- Experience with the mental health system would be an asset

Please submit a resume and proposal to [trinity519@aol.com](mailto:trinity519@aol.com) by **July 19, 2006**, including expected cost and time spent on the following:

1. Meet with Board committee to develop questions for staff questionnaire as well as questions and discussion points for board/staff meeting.
2. Develop questionnaire for staff.
3. Collate questionnaire answers into easy-to-read-and-analyze format for board/staff discussion.
4. Facilitate board/staff discussion.
5. Produce report.

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## Job Postings

**Pet Boarders and Dog Walkers.** A Leg Up Dog Walking and Pet Sitting Service in Toronto. Send resume to [mathew@alegup.ca](mailto:mathew@alegup.ca) and request an application.

**Box Office, Audience and Donor Services Call Centre Staff.** Part Time. The National Ballet of Canada Audience and Donor Service provides a friendly and flexible work environment. **Apply** to Audience and Donor Services, Walter Carsen Centre for the National Ballet of Canada. **Mail**, 470 Queen's Quay West, Toronto ON M5V 3K4. **E-mail**, [tickets@national.ballet.ca](mailto:tickets@national.ballet.ca). Positions are available immediately. **For more information contact:** [www.national.ballet.ca](http://www.national.ballet.ca). **Posted:** [www.workinculture.ca](http://www.workinculture.ca)

**Landscape Worker.** Permanent Full Time (40 hours/wk). \$450.00 - \$600.00/week. Piece Work. **Qualifications include:** some experience; high school; fluent English; ability to work with others; valid driver's licence; employee may need safety equipment and cell phone. **Apply** by mail, 1 Golden Gate Court, Suite 1, Toronto, ON M1P 3A4. **Fax**, 416 321-5202. **E-mail**, [jobs@studentgrasshoppers.com](mailto:jobs@studentgrasshoppers.com). **For more information contact:** [www.studentgrasshoppers.com](http://www.studentgrasshoppers.com). **Posted:** [www.jobbank.gc.ca](http://www.jobbank.gc.ca).

**Veterinarian Clinic Assistant/Receptionist.** Permanent Full Time (37.5 hours/wk), Shift, Weekend, Day, Evening. \$9.00-\$10.00/hour. **Qualifications include:** some previous experience; strong communication skills; computer experience with experience in Windows, electronic scheduler, word processing software, database software; typing speed 41-60 wpm; customer service experience; telephone/switchboard experience; ability to work with others; skills in problem solving, decision making, critical thinking, job task planning and organizing; finding information and continuous learning. Some heavy lifting maybe required. **Apply by fax**, 416 868-1076. **E-mail**, [Aloughlin@theanimalclinic.ca](mailto:Aloughlin@theanimalclinic.ca). **Posted:** [www.jobbank.gc.ca](http://www.jobbank.gc.ca).

**Transportation Clerk.** Part Time (20 hours/wk), 6-month contract. Monday to Friday, 8:00 am – 12:00 noon. \$13.72-\$14.68/hour. **SPRINT** is a multi-service community agency offering a full range of community support services to frail elderly and people with disabilities in their own homes. The transportation Clerk will provide relief help for incoming client calls to the Transportation Program. **Qualifications include:** excellent verbal and written communication skill; excellent telephone skills; attention to detail and computer data entry skills; ability to work independently, flexibility; experience working with seniors (asset); a valid driver licence (asset). Applicants who reflect the diversity of the community encouraged to apply. **Apply Mail**, Michelle Garth, Transportation Supervisor, Senior Peoples' Resources in North Toronto, 140 Merton St. 2<sup>nd</sup> Floor, Toronto ON M4S 1A1. **Fax**, 416 481-9829. **E-mail**, [micheel@sprint-homecare.ca](mailto:micheel@sprint-homecare.ca). **Deadline:** July 7, 2006. **For more information:** [www.sprint-homecare.ca](http://www.sprint-homecare.ca). **Posted:** [www.charityvillage.ca](http://www.charityvillage.ca).

**Administrative Assistant.** Full Time. To begin in mid-July. **Zoocheck Canada** is a registered charity in Toronto, working to protect the well being of wildlife in captivity and in the wild. An administrative assistant is required to maintain the donor database; processes receipts and support Zoocheck campaigners. **Qualifications include:** excellent English, oral and written skills; ability to take direction; experience working independently without direct daily supervision; ability to focus on tasks in a hectic environment; experience in administration within a non profit organization (asset); MS Office (Word, Excel, PowerPoint, Outlook) and internet research skills; excellent organizational, time management skills; attention to detail, quick learner, flexible. **Apply** to Melissa Ryall, Office Manager, Zoocheck Canada. **E-mail**, [zoocheck@zoocheck.com](mailto:zoocheck@zoocheck.com). **Deadline:** July 7, 2006. **For more information:** [www.zoocheck.com](http://www.zoocheck.com). **Posted:** [www.charityvillage.ca](http://www.charityvillage.ca).