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The Consumer/Survivor Information Resource Centre

Distributed through generous support from CSRU Program (Community Support and Research Unit) of
CAMH (Centre for Addiction & Mental Health)

BULLETIN

*Information for consumer/survivors of the mental health system,
those who serve us, and those who care about us.*

March 15, 2007

Bulletin 343

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday. PHONE HOURS: 9-5 Monday-Friday

LOCATION: 252 College Street, 3rd Floor, Toronto, ON

MAILING ADDRESS: c/o CAMH, 250 College Street, Toronto, ON M5T 1R8

TEL: 416 595-2882 FAX: 416 595-0291 E-MAIL: csinfo@camh.net

Your Support is Needed

A Consumer/Survivor Business is being forcibly turned over to a CMHA to run when there is a viable Consumer/Survivor alternative to take the reins. Please see below and do what you can. Helen

The Ontario Council of Alternative Businesses (OCAB) is a consumer/survivor initiative that operates four Alternative Businesses--the Raging Spoon Catering Company, Out of This World Cafe, and Parkdale Green Thumb Enterprises in Toronto and Crazy Cooks Catering Company in Peterborough.

OCAB was told several months ago that it should make arrangements to divest the Peterborough business to a local group because of the implementation of the LHINS (Local Health Integration Networks). Although this was not ideal for the business, we explored the option of having SPAN, a consumer/survivor initiative in Lindsay, act as a flow-through for the funds. The Ministry indicated; however, that they wanted a complete divestment so we developed a proposal with SPAN so that they could do a carefully planned takeover over the business.

We were informed on March 2 that CMHA Peterborough would be taking over Crazy Cooks. We are deeply disturbed by this decision and we are asking that consumer/survivor initiatives and supporters around the province, send letters expressing concern about this decision to: the Minister of Health, George Smitherman; Michael Klejman, Regional Director at the Ministry of Health, Central East; and Marilyn Emery, CEO of the Central East LHIN. A sample letter and email/fax contacts are listed below.

Becky McFarlane and Joyce Brown
Co-Directors, OCAB

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Honourable George Smitherman
Minister's Office
Hepburn Block, 10th Floor
80 Grosvenor Street
Toronto, Ontario M7A 2C4

Fax: (416) 326-1571

Email: george.smitherman@moh.gov.on.ca

Dear Mr. Smitherman:

It has come to our attention that Crazy Cooks Catering, a business owned and operated by consumer survivors through the Ontario Council of Alternative Businesses (OCAB), is being forcibly divested to the local Canadian Mental Health Association (CMHA) in Peterborough.

We are alarmed by the recent trend to divest consumer survivor initiatives to mainstream mental health agencies rather than to the consumer/survivor sector which has very particular expertise in the provision of peer support, the operation of Alternative Businesses and a very real understanding, informed by experience, of the issues surrounding recovery and self-determination.

Crazy Cooks has been successfully serving the Peterborough community for the past five years, steadily building its customer base and employing approximately 15 consumer/survivors. OCAB, an organization located in Toronto, has been providing leadership, management and administrative support to Crazy Cooks since its inception. While OCAB has accepted the position taken by the Ministry of Health that Crazy Cooks needs to be managed at a more local level, we believe that it is critical that the control of this very important and unique initiative remain in the hands of consumer/survivors.

We understand that OCAB submitted a proposal to the Ministry to divest Crazy Cooks to the Survivors Psychiatric Advocacy Network (SPAN), a seventeen-year-old consumer/survivor initiative in Lindsay. Due to the complex nature of each and every Alternative Business, OCAB is committed to working with SPAN over the next year to ensure they have the support and training necessary to take on Crazy Cooks and build it into an even more successful enterprise.

Consumer/survivor initiatives are vital organizations that deliver opportunities to a community that has been otherwise marginalized and stigmatized. Over the years, through a focus on peer support, recovery, and self-determination, these initiatives have made a huge difference in the lives of consumer/survivors. This is a trend that must be continued and one that must be adequately resourced to do so.

We urge you to reconsider the OCAB/SPAN proposal, and to decide in favour of the community by ensuring that Crazy Cooks Catering remains in the hands of consumer/survivors.

Sincerely,

c.c

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Ministry of Health and Long Term Care
Acute Services and Community Health Divisions
Central East Regions
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L3Y 8T2
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Free & Low Cost Events

Thursday, March 15th

York University Department of Music. World Music Festival: Chinese Classical Orchestra. FREE. Kim Chow Morris director. Tribue Communities Recital Hall Accolades East. YU 4700 Keele St. Info: 416 736-5888. 7:30 pm.



Friday, March 16th

Family Movie Night. FREE. Sit back and relax. This week it's a puppet show in recognition of March Break. Parkdale Library, 1303 Queen Street West. Info: 416 393-7686. 6:00 pm.

Saturday, March 17th

Toronto Green Community: Lost River Walk. FREE. St. Patrick's Day, The Irish in Toronto. Start at the SW corner of Power & Queen Street. Leader Ian Wheal is planning to visit Corktown and Taddle Creek. Info: 416 781-7663. 2:00 pm.



Sugar Bush Maple Syrup Festival. Adults \$7.00. All day sap samples and pancakes, horse drawn wagon rides, wood carvers and guided nature hikes. Kortright Centre for Conservation, 9550 Pine Valley Drive, Vaughan. Info: 905 832-2289. Weekends 9:00 am – 5:00 pm.

Catfish Pond: Nature Walk. FREE. Leader Roger Powley. Meet at the corner of Queen Street W. & Roncesvalles Ave. Bring Lunch. 11:00 am.

Sunday, March 18th

Sunday Serenade Scarborough Civic Centre. FREE. Michelle Lawrence Quartet. Scarborough Civic Centre, 150 Borough Drive. [McCowan north of Ellesmere] Info: 416 338-3295. 2:00 – 4:00 pm.

(be)longing The Scarborough Arts Council's Annual Juried Art Exhibition. FREE. How do we belong, or not belong, and what are we longing to be? What are the intersections and tensions between being and longing, existence and desire? We've asked artists to consider one or more of these questions for

(be)longing, the Scarborough Arts Council's Annual Juried Art Show, and they responded with thought-provoking, exciting work. The Papermill Art Gallery at Todmorden Mills, 67 Pottery Road. Info: 416 698-7322. 12:00 - 4:00 pm.



Taylor Creek on International Rivers Day and World Water Day. FREE. Leader Taylor McCammon, Taylor Massey Project. Meet at the Warden Subway exit. Walk through Warden Woods and the east half of Taylor Creek Park ending at Stan Wadlow clubhouse on Cedarvale Avenue near Cosburn and Woodbine. Note: walk will be on paved pathways, this is not a circular route and the pathways are not cleared of winter ice. 2:00 pm.

Monday, March 19th

Maximizing Your Income on OW & ODSP. FREE. Put on by the Consumer/Survivor Information Resource Centre, this is a chance to share information and to learn from each other about what benefits are available on these income support plans. CAMH, 250 College Street Room 441. Info: 416 595-2882. 2:00 – 4:00 pm.

A.J. Casson: Behind the Scenes. Adults \$2.50. This exhibition includes 50 works; paintings, prints, drawings, design works from private and personal collections. Peel Heritage Complex, 9 Wellington Street East. Brampton. Info: 905 791-4055. Ongoing to April 15th. Weekdays 10:00 – 4:30 pm. Weekends 12:00 - 4:30 pm.



Tuesday, March 20th

5th Annual Seniors Health Fair. FREE. Fabulous raffle prizes, fashion show and information. Birchmount Bluffs Neighbourhood Centre, 93 Birchmount Road. Info: 416 396-4310. 11:00 – 3:00 pm.

Wednesday, March 21st

Toronto Opera Repertoire: Great Italian Opera Excerpts. FREE. Bickford Centre Theatre, 777 Bloor Street West. Info: 416 698-9572. 7:30 pm.

Wednesdays - Walk/Run Group. Free. PhACS Walk/Run Group for Consumer/Survivors follows a 3-5 km circuit for all levels. Meet at Tim Horton's, 481 Danforth Avenue (at Logan Avenue). Info: 416 604-6973 or www.accentonability.org/phacs. 7:00 pm.

Thursday, March 22nd

Booksale. CHEAP. Come and get some great books for very small prices. C/S Info's booksale to raise money for postage to send the Bulletin to consumer/survivors with no access to a computer or the internet. 1001 Queen Street West in the lobby. Info: Helen at 416 595-2882. 10:00 am – 2:00 pm.

Magazine and Journal Databases as Research Tools: Social Sciences Databases. FREE. Learn to use a variety of electronic databases available at the library for doing research in magazines and journals. Choose a general overview session or a subject specific session. A tour of the Periodicals Centre is included. Toronto Reference Library, 789 Yonge Street. Info: 416 395-5577. 2:00 – 4:00 pm.



National Ballet of Canada. Richard Bradshaw Amphitheatre Chamber Music Series: Mixed Program 20th & 21st Century Canadian Works. FREE. Four Season Centre for the Performing Arts, 145 Queen Street West. Info: 416 363-8231. 12:00 noon.

The Market Gallery: The Spadina Expressway Affair. FREE. Environmental Issues. Leader Gail Gregory and Barry Mitchell. Meet at the South St. Lawrence Market entrance, 95 Front Street East. 1:00 pm.

Friday, March 23rd

University of Toronto Faculty of Music. World of Music. FREE. Tafelmusik Baroque Orchestra Concert. Walter Hall Edward Johnson Building, 80 Queen's Park. Info: 416 978-3744. 12:00 noon.



Saturday, March 24th

Digital Design Studio Basics. FREE. Learn the skills to prepare professional presentations and reports, scan documents, design business cards, websites and more. Hands-on instruction on the effective use of the equipment and software provided in the studio. Toronto Reference Library, 789 Yonge Street. Digital Design Studio. Info: 416 395-5577. 10:00 – 12:00 Noon.



Royal Conservatory of Music Community School: Ghanaian Drumming Ensemble in Concert. FREE. Master Drummer Kwasi Dunyo leads his students in Ghanaian singing, dancing and drumming. RCM Concert Hall, 90 Croatia St. Info: 416 408-2824 x 321. 2:30 pm.

Lower Don Nature Walk. FREE. Leader Margaret McCrea. Meet at the northwest corner of Broadview and Pottery Rd. Bring binoculars. 1:00 pm.

Sunday, March 25th

Lakeside Big Band Dancing with the Toronto All-Star Big Band. PWYC/Suggested donation \$15.00. Dance and romance to the fascinating rhythms and unforgettable tunes of Benny Goodman, Glenn Miller and the Dorsey brothers, performed by the award-winning and youth-filled Toronto All-Star Big Band. Harbourfront Centre, The Lakeside Terrace. Info: 416 973-4000. 2:00 – 5:00 pm.



Sunday Serenade: Scarborough Civic Centre. FREE. Toronto Youth Wind Orchestra. Scarborough Civic Centre, 150 Borough Drive. [McCowan north of Ellesmere] Info: 416 338-3295. 2:00 – 4:00 pm.

Monday, March 26th

Picture Perfect! A celebration of the colourful world of Canadian picture book art for children. FREE. Enter through the dark cave, visit the legendary land of Gilgamesh, and take a regional tour of Canada's picture book illustration in this vibrant show of award-winning art and books Original art for Quenu and the cave bear, written and illustrated by Marie Day, c1999. Reproduced by Permission of Marie Day and Maple Tree Press, Inc. For more information call the Osborne Collection Toronto Reference Library, 789 Yonge Street at 416 393-7753. Ongoing to April 1st



Tuesday, March 27th

Book Club. FREE. Discuss a new title to read each month. Call or visit the library for further details. Long Branch Library, 3500 Lake Shore Blvd. West. Info: 416 394-5320. 7:00 pm.

Scarborough Historical Society. Canadian Antique Phonograph Society. FREE. History and display of working antique phonographs. Bendale Pubic Library, 1515 Danforth Road. Info: 416 396-8910. 7:30 pm.



Wednesday, March 28th

Salary Negotiation and Career Portfolio. FREE. Presented by Seneca College, for International Professionals. Topics cover: how to prepare for salary negotiation; how to respond during salary negotiation; find out how a Career Portfolio can help you in your career; view a Career Portfolio sample. Join us and find out more. Toronto Reference Library,

789 Yonge Street. Info: 416 395-5577. 2:00 - 4:00 p.m.

Pine Hills Cemetery: Tree Identification. FREE. Leader David Whit. Meet at the northeast corner of St. Clair Ave. East and Birchmount Rd. Lunch optional. 10:00 am.



Portugal In Pictures. FREE. Photographer Irwin Paterson shares stories and slides of his travels to Portugal. Register in person or call 416 395-5710. Don Mills Library, 888 Lawrence Avenue East. Info: 416 395-5710. 1:30 pm

Thursday, March 29th

Booksale. CHEAP. Come and get some great books for very small prices. C/S Info's booksale to raise money for postage to send the Bulletin to consumer/survivors with no access to a computer or the internet. CAMH 250 College Street in the lobby. Info: Helen at 416 595-2882. 10:00 am – 2:00 pm.

NFB – Mediatheque. FREE. View films from the National Film Board's collection at the personal viewing stations. NFB, Mediatheque, 150 John Street. Info: 416 973-3012 or www.nfb.ca. Monday & Tuesday 1:00 pm – 7:00 pm, Wednesday 10:00 am – 7:00 pm, Thursday – Saturday 10:00 am – 10:00 pm, Sunday noon – 5:00 pm.

Friday, March 30th

Genealogy Resources: Researching Canadian Birth, Marriage and Death Records. FREE. Online resources for researching vital records. Toronto Public Library, 789 Yonge Street. Info: 416 395-5577. 2:30 – 4:30 pm.



Saturday, March 31st

Japanese Design Today. \$5.00 General Admission, \$4.00 Students & Seniors. This traveling exhibition is a selection of approximately 100 of the finest examples of Japanese design created between the 1990s and the present, focusing on products used in everyday life. These designs give a vivid picture of the hopes and dreams of the people who use the products as well as the designers and corporations who create them. Design Exchange (DX) 234 Bay Street Info: 416 216-2160 or www.dx.org. Ongoing to April 29th. Mon - Fri. 10:00 am - 5:00 pm. Sat - Sun, 12:00 - 5:00 pm.

St. Lawrence Market. The busy North Market offers fresh produce, baked goods and a wide variety of other products with performances by buskers and musicians. St. Lawrence North Market, 92 Front St. E. Info: 416 392-7120 or www.stlawrencemarket.com. 5:00 am – 6:00 pm.

Allen Gardens Conservatory. Free. Enjoy the flowers and plants at this historic greenhouse built in 1910. Allen Gardens Conservatory, south of Carleton Street between Jarvis and Sherbourne Streets. For more information: 416 392-7288. 10:00 am – 5:00 pm.

Announcements

**An Information session by the
C/S Info Centre**

**Come and learn about maximizing your income on OW or ODSP.
Come and share what you know.**

How are the changes affecting you?

Monday March 19th 2:00 – 4:00 pm
CAMH 250 College Street, Room 441
Please join us, all welcome.

No need to register, just show up, but for info, call the centre at 416 595-2882.

**IF YOU ARE DOING CREATIVE AND OR
POLITICAL WORK THAT BENEFITS THE LIVES
OF PSYCHIATRIC SURVIVORS
- REACH OUT -**

MAD PRIDE TORONTO 2007 ORGANIZING COMMITTEE

Is gathering presentation ideas for **two** great events;
Mad Pride Day, July 14th, an international day recognizing Mad
People's Movement, World Mad pride day takes place on July 14th, and by holding events on that
date Toronto mad folks get to join in solidarity and celebration, as festivities will link to others across North
America, Europe and Africa. Mad pride has been a vital event in Toronto since 2002, and we hope to build
on that success this year!

Psychiatric Survivor Pride Day, Sept 15, a local arts and
education event. Always with a consciousness raising and political edge, since 1993 psychiatric
survivor pride day has featured workshops on community organizations, housing, tenant rights, workers
rights, community treatment orders, ODSP, and dealing with police.

Send us your workshop idea along with some information about your self, and your
group. Let us know how much time you need for your presentation. Do you need technical
support? What resources do you need to bring your work forth? Send your stuff in no later
than March 22nd. Organizers will discuss the feasibility of facilitating your presentation at our
next meeting and we will get back to you promptly.

For more info contact: Ruth Ruth 416 516-4740, friendlyspike@primus.ca

[Book Sales](#)

The Consumer/Survivor Information Resource Centre will be having two more book sales where we'll be selling great books for really low prices. Come down and pick up books for 50 cents or \$1. All kinds of topics, although granted a lot of self-help and psychology topics. Come and help us raise money for postage to send the Bulletin out to Consumer/Survivors who don't have a computer or access to the internet.

Thursday March 22 at CAMH in the Lobby of 1001 Queen Street West 10 am to 2,
& Thursday March 29 at CAMH in the Lobby at 250 College Street 10 am to 2.



Empowerment Council presents: Queen Street Patient Rounds

How to make complaints at CAMH if you are a Client

Thursday March 29th 2006

2:30 - 3:30 pm

Room 160 Empowerment Council Office
1001 Queen Street West.

Call 416 535-8501 x 3013 if you have any questions.

Newsbytes

For this edition's Newsbytes, we are providing a round-up of some of the free electronic mental health-related newsletters which may be of interest to our readers.

Bulletin of the Consumer/Survivor Information Resource Centre of Toronto- this is also available by Canada Post, and is issued twice a month. It contains news, events, job postings, and information on free and inexpensive things to do in Toronto which are extracted by Resource Centre staff from a variety of sources. Current issues of the Bulletin can be viewed at www.crct.org. To subscribe, email csinfo@camh.net or phone 416 595-2882.

Canadian Mental Health Association (CMHA) Mental Health Notes- this is issued every week. It contains news and resources from across the province, the country, and the world. Also contains event listings and job postings. To subscribe, go to their web site www.ontario.cmha.ca and fill out the online subscription request form. Current and past issues of Mental Health Notes can also be viewed on their web site.

Ontario Peer Development Initiative (OPDI) NewsToGo- this newsletter is published every week, and the current and recent issues are also available on OPDI's web site www.opdi.org. To subscribe, send an e-mail to opdi@opdi.org.

ARCH ALERT- ARCH ALERT is published by ARCH Disability Law Centre. It is distributed **free** via e-mail, fax, or mail to ARCH member groups, community legal clinics, and others with an interest in disability issues. ARCH is a non-profit community legal clinic, which defends and promotes the equality rights of persons with disabilities through litigation, law/policy reform and legal education. The goal of **ARCH ALERT** is to provide concise information, so that people are aware of important developments and resources. Please address communications regarding **ARCH ALERT** to: Theresa Sciberras, Administrative Assistant, ARCH Disability Law Centre, 425 Bloor St. E., Suite 110, Toronto, Ontario, M4W 3R5, fax: 416 482-2981, TTY: 416 482-1254, e-mail: scibert@lao.on.ca Website: <http://www.archdisabilitylaw.ca/>

Newsletter of the Community Social Planning Council of Toronto (CSPC-T)- this newsletter is issued monthly. At the beginning of each month, this e-bulletin provides news on the activities of the CSPC-T and its partners, as well as access to new research and policy products and networks, in print and web-based forms. To subscribe to this bulletin, send an email with your **name, organization, address, and telephone number** to cspc@cspc.toronto.on.ca with the message SUBSCRIBE MONTHLY NEWSLETTER

Sympatico Mental Health Weekly Newsletter- this is a free newsletter which contains headlines for recent mental health stories appearing in the Canadian Press and MediResource. Each headline includes a link to the full online text of the news story. To subscribe, go to <http://mediresource.sympatico.ca/>.

MedlinePlus "This week in Mental Health" weekly newsletter- This is an American content newsletter. It contains the week's news stories, new mental health-related links added to the MedlinePlus web site, and a list of links to all of the mental health-related topics on the MedlinePlus web site. To subscribe, go to <http://medlineplus.gov>.

Network Magazine- while this is a magazine containing feature articles, rather than a newsletter, we wanted to mention it here for completeness. It is published 3 times a year by CMHA Ontario Division, and current and past issues may be viewed at no charge on their web site www.ontario.cmha.ca.

Newsbytes is compiled by Glen Dewar, Health Promoter and Web Site Content Manager at Community Resource Connections of Toronto (web site www.crct.org). gdewar@crct.org.

To subscribe to The Bulletin or The Wellness and Recovery Newsletter, call the Consumer/Survivor Information Resource Centre of Toronto at 416 595-2882 or email us at csinfo@camh.net. The Bulletin is published twice a month on the 1st and 15th. The Wellness and Recovery Newsletter is a joint production of Community Resource Connections of Toronto (CRCT) and the C/S Info Centre. It is published 4 times a year. Both are posted on the CRCT website at www.crct.org. Both publications are free to receive. We encourage people to subscribe by email if they can so we have the resources available to mail to those who do not have access to a computer or the internet. Helen Hook, C/S Info

Job Postings

Driver Needed - Part-Time/ Relief The Raging Spoon

Back-up driver needed for Consumer/Survivor Catering business. G-1 license needed with no restrictions. Driver's abstract to show a good driving record required. Must be a Consumer/Survivor and must be willing to work flexible hours as required by our busy catering business. Contact: Michael Lewin, The Raging Spoon, 761 Queen Street West. Phone: 416 504-6128. Fax: 416 504-4610.

camh

EMPLOYMENT OPPORTUNITY

HR Receptionist

Initial Assignment: Human Resources Department

Position Description:

Reporting to the Director of Human Resources the incumbent provides receptionist, administrative and clerical support to the Human Resources Department. This includes activities to support Recruitment, Payroll, Compensation and Benefits. The HR Receptionist will be the first point of contact for all HR and Payroll inquires and therefore must maintain a professional, courteous, confidential, sensitive, and respectful manner. This position will answer general HR inquires for all sites of the Centre for Addiction and Mental Health and re-direct calls where appropriate. The position is also responsible for sorting and tracking employee status change forms. Filing, sending and tracking all couriers, sorting all incoming mail and faxes and processing photo identification badges is also a component of the job. The incumbent will also assist with ordering and maintaining Department supplies and booking rooms and equipment. Client contact is also an expectation in this position. This position is located at 1001 Queen Street West.

Qualifications:

The successful candidate will possess a minimum of one to two years experience in reception or office management. A certificate in Human Resources Administration or office administration is preferred. The successful candidate must have exceptional verbal, public relations and communication abilities. Excellent organization and computer skills including, E-mail, Internet Navigation, MS Word/Word Perfect and HRIS are required. Bilingualism (French/English) is an asset.

Please note: This full-time position is NOT part of any bargaining unit.

Salary range: Competitive Compensation and Benefits Package.

Please forward your resume to:

Human Resources
Centre for Addiction and Mental Health
1001 Queen Street West
Toronto, Ontario

M6J 1H4
Fax: (416) 583-4316
E-mail: jobs@camh.net

Posting Date: March 9, 2007.
Closing Date: March 20, 2007.
File Number: HR Reception.