

PLEASE
SHARE,
POST, COPY,
DISTRIBUTE,
SUBSCRIBE



The Consumer/Survivor Information Resource Centre
Distributed through generous support from CSRU Program (Community Support and
Research Unit) of CAMH (Centre for Addiction & Mental Health)

BULLETIN

*Information for consumer/survivors of the mental health system,
those who serve us, and those who care about us.*

August 1, 2008
Bulletin 375

C/S INFO CENTRE DROP-IN HOURS: 1-4 Monday-Friday PHONE HOURS: 9-5 Monday-Friday
LOCATION: 252 College Street, 3rd Floor, Toronto, ON
MAILING ADDRESS: c/o CAMH, 250 College Street, Toronto, ON M5T 1R8
TEL: 416 595-2882 FAX: 416 595-0291 E-MAIL: csinfo@camh.net

Hi everybody,

I thought I'd update people on how my sister, Pat is doing, since a lot of people are asking. For those of you who don't know, Pat had a heart attack in July. She didn't actually know she'd had a heart attack, just that her shoulder was sore. She went to the hospital and they were about to send her home, when an eager resident decided to check her enzyme levels. That's when they discovered that she'd had a heart attack and was about to have another one - this time a big one.

Pat had quadruple by-pass surgery on Friday July 18th, and was released on July 24th into the hands of friends who will care for her and make sure she eats well and rests, rests, rests. Getting better will be a long process, which will probably drive her more mad than she already is. She's not one for inactivity, as we all know.

We both want to thank everyone for the outpouring of support, flowers and good wishes. It's been amazing. Please, keep sending good thoughts her way, and go out and buy the new book, *The Corpse Will Keep*. There will eventually be a book launch and she'll autograph it for you then.

Diana Capponi

Table of Contents

Update on Pat
Page 1

Wish List
Page 2

Announcements
Pages 2 - 6

Activities
Pages 6 - 8

Membership
Form
Page 10

Wish List

Hello Bulletin Readers,

This issue we have a request for a portable CD player - discman type thing, no need for headphones, just the player is great. Someone else is looking for a racing or mountain bike, so he can become a bicycle courier.

We have donations of a microwave, a Lexmark x1190 printer, a double bed with box springs and a wooden headboard & frame, a rice cooker, some pots and pans that are in pretty good shape and a blender this issue. Call the centre if you are interested in any of these items.

If you have something to donate for our Wish List, or you would like to make a request for something, contact the centre at 416 595-2882 or email us at csinfo@camh.net.

ANNOUNCEMENTS

Inclusion of an announcement is *not* an endorsement of the views of any organization or individual.

Message From PhACS

PhACS has expanded its walk/run program to four locations in Toronto, to encourage consumer/survivors to become active on a regular basis. PhACS now invites people with diabetes to join its members to benefit from its weekly physical activities.

Physical Activity for Consumer Survivors (PhACS) is operated by volunteers and is dedicated to providing an outlet that promotes wellness through physical fitness and social activities to consumer/survivors and diabetics.

Our walk/run program is free and operates all year long including holidays! Our walk/run group has a 3 - 5 km route (30 minutes to 1 hour) that anyone can do. You become a member as soon as you participate in our activities.

Come to our social/business meeting held every two months to find out more about PhACS's activities. Next meeting is on Wednesday, September 10, 2008, at 6:30 p.m. and is held at Tim Hortons, 481 Danforth Avenue (at Logan). For more information contact us at 416 604-6973 or check our website at www.accentonability.org/phacs.htm. Note: PhACS website is being updated at present and we apologize for any inconvenience.

We look forward to seeing you!

Schedule of Activities

East End:

- **Sunday at 10 am** meet at The Riverdale Perk, 633 Logan Avenue (at Withrow)
- **Wednesday at 7 pm** meet at Tim Hortons, 481 Danforth Avenue (at Logan)

West End:

- **Saturday at 1 pm** meet at Brown Sugar Bakery & Deli, 1374 Queen Street West (west of Brock)
- **Wednesday at 1:45 p.m.** (Seasonal), Started the 2nd week of May and ends the 2nd week of October
Coach House/PhACS Walk (sponsored by C.O.T.A.) behind 1330 King Street West (west of Cowan)

Come join us for an exciting employment opportunity!
George Brown College will be hosting an Information Session about our

ASSISTANT COOK EXTENDED TRAINING (ACET)

Wednesday, August 13th, 2008 at 12:30 PM
St James Campus, 200 King St East Room 426A

Application Deadline - October 30th, 2008

Please email or call to confirm your attendance at auged@georgebrown.ca or (416) 415-5000 x 6790

Attendance at the information session is NOT mandatory

Augmented Education Programs:
Assistant Cook Extended Training (ACET)
Construction Craft Worker Extended Training (CCWET)
St James Campus; 200 King Street East Room 534E Toronto, ON M5T 2T9

The Secret Handshake

Finally after 3 years, we now have a clubhouse. The address is
54 Kensington Unit 2. in the heart of the hip and cool Kensington
Market. If you have Schizophrenia and would like to be a member, meet
us at Moonbeam Cafe at Kensington and St. Andrews Fridays at 7 pm. We
are looking for a TV, Stereo and some Computers. If anyone has these
items and wants to donate them to us email
thesecrethandshake@hotmail.com. or call 416 968-9095 and ask for
Jordan. The clubhouse is open to members 24/7.

COMPUTER HELP



Free over the phone or online technical support for fellow survivors. Help with repairs, upgrades, installations, networking. Coaching in MS Office, PhotoShop, etc. Virus and spyware scans and clean ups. Contact Martha at gandier47@hotmail.com or call the C/S Info Centre at 416 595-2882 and we'll put you in touch.

Back To School?

The CAMH Learning Bursary deadline is coming up again. If you are a CAMH client, and are thinking of taking a course, maybe you would like to apply. The next deadline is August 22, 2008. Ask for an application at 250 College Street Room 820, or call 416 535-8501 Sarah Manson x 4407 or Karen Fournier x 4937.

LHIN News

The next Open Board Meeting of the Toronto Central Local Health Integration Network (LHIN) will be on August 20, 2008 from 4:00 pm to 6:00 pm at 425 Bloor Street East, Suite 210. For more information call 416 921-7453 or 1 866 383-5446.

Psychiatric Survivor Pride September 27 & 28, 2008

252 Bloor Street West, 7th Floor Peace Lounge, Toronto

The Coalition Against Psychiatric Assault presents Psychiatric Survivor Pride Weekend, a celebration of psychiatric survivor resistance and community empowerment. This year's Psychiatric Survivor Pride mark's CAPA's five year anniversary. It will feature the first presentation of the CAPA Award for Lifetime Antipsychiatry Activism, premiere film screenings, an art installation, and discussion groups about psychiatric survivor community and resistance.

All events are at OISE, 252 Bloor Street West. All events are free and are wheelchair accessible. The schedule is as follows:

Saturday, September 27th

Psychiatric Survivor Pride Opening and Greetings from CAPA. 1:00 pm to 1:30 pm.

Premiere Documentary Film Screenings, Featuring Bombarded By Drugs and The Electroshock Report. 1:30 pm to 3:30 pm.

Presentation of CAPA's Award for Lifetime Antipsychiatry Activism. 3:30 pm to 4:00 pm.

Sunday, September 28th

Resistant Art: Understanding and Exploring Psychiatric Oppressions. Open only to survivors and mad people. RSVP before event at capa@oise.utoronto.ca 10:00 am to 12:00 noon.

What was, what is and what will be: Looking at psychiatric survivor, antipsychiatry, and mad organizing and action. Open only to artists and activists involved in the psychiatric survivor, antipsychiatry or mad movements. RSVP before event at capa@oise.utoronto.ca 1:00 pm to 3:00 pm

Call For Artists

Psychiatric survivors, mad people and allies are invited to display their art at the Psychiatric Survivor Pride Art Exhibit. If you are interested in submitting your art for display, please email capa@oise.utoronto.ca or call 647 345-4810.

ARCH Disability Law Centre is doing a survey.

The survey is about the experiences of people with disabilities at the **Workplace Safety and Insurance Appeals Tribunal**, the **Social Benefits Tribunal**, and the **Landlord and Tenant Board**. People who have disabilities and who have had or are waiting to have a Hearing and/or Mediation at one of these tribunals are requested to complete a survey in order to have an impact on making the justice system more accessible for people with disabilities.

ARCH Disability Law Centre is a community legal aid clinic dedicated to defending and advancing the equality rights of persons with disabilities. ARCH fulfills its mandate in many ways, through law reform initiatives, community development, a telephone summary advice and referral service, public legal education, and test case litigation.

Here's how you can complete the survey:

1. Call Viktoria at ARCH Disability Law Centre Toll-free at 1 866 482-2724 or TTY at 1 866 482-2728 and do it over the phone, or she can send it out to you to do by mail.
2. On-line at <http://archdisabilityl.survey.sgizmo.com>

Please complete the survey by August 11th.



The Reva Gerstein Legacy Fund - Year Two

Thanks to the generous donation by Reva's sons, Irving and Ira Gerstein and their families, the Gerstein Centre has set up the legacy fund to honour Dr. Gerstein's commitment to Psychiatric Survivors. The fund will be used to help projects that are run by and for Psychiatric Survivors that reflect her interest in education, research and other projects that support the independent spirit of the survivor community. Last year we funded a film about a survivor's experience in a hospital emergency, a manual on where to get services and supplies for your pets when you are on a limited budget, makeovers for women on fixed incomes, an exercise group, financial aid to a nursing student and how to make nutritious meals for one on a budget.

The proposals will be reviewed by a committee consisting of The Executive Director of the Gerstein Centre, the Chair and Vice Chair of the Gerstein Centre Board and a representative of the psychiatric survivor community who is not a member of the Gerstein Centre Board of Directors. The committee will determine the process for receiving applications and ensure that the spirit of the Legacy fund is honoured.

This Year's Committee shall consist of:

Paul Quinn: Executive Director

Louise Nimigon: Chairperson

Henry Roth: Vice Chair

Pat Capponi: Psychiatric Survivor Advocate

The Fund will allocate a total of \$10,000.00 annually for one-time projects. Each project will have a budget of \$500.00 to \$4,000.00.

Who may apply:

Applications will be considered that are from any agency or group that is run by and for Psychiatric Survivors or from any individual Psychiatric Survivors.

How to apply:

An initial application should consist of a one-page outline of the project, which should include, who will benefit from the project, and an expected budget and timeline. It could also include how the project will be monitored. Applications should be sent to:

The Reva Gerstein Legacy Fund

100 Charles Street East

Toronto Ontario M4Y 1V3

Or emailed to legacy@gersteincentre.org

Deadline: **Tuesday, August 5th, 2008**

To subscribe to The Bulletin or The Wellness and Recovery Newsletter, call the Consumer/Survivor Information Resource Centre of Toronto at 416 595-2882 or email us at csinfo@camh.net. The Bulletin is published twice a month on the 1st and 15th. The Wellness and Recovery Newsletter is a joint production of Community Resource Connections of Toronto (CRCT) and the C/S Info Centre. It is published 4 times a year. The most recent issue was just sent out on the 21st of July. Both are posted on the CRCT website at www.crct.org, and both publications are free to receive. We encourage people to subscribe by email if they

can so we have the resources available to mail to those who do not have access to a computer or the Internet.

Helen,
C/S Info

BIZ Futures

For the first time ever we are offering our ODSP Employment Supports funded **BIZ Futures Self-Employment Training Program for Persons with Disabilities** at our **Toronto Business Development Centre - Etobicoke** Location (located near the Kipling Subway Station). We are excited with the increasing demand for our self-employment training program and look forward to supporting entrepreneurs develop their businesses.

We will be having two Information Sessions at our **Etobicoke Location** for the BIZ Futures Self-Employment Training Program for Persons with Disabilities

- Wednesday September 10, 2008
- Monday September 15, 2008
- **Please contact Maureen Kelly, Community Programs Coordinator at 416 345 - 9437 to reserve a seat.**

We will also be providing another BIZ Futures Self-Employment Training Program at our **downtown King Street Location**. There will be two Information Sessions for our King Street Location on:

- Thursday August 27, 2008
- Friday September 12, 2008
- **Please contact Maureen Kelly, Community Programs Coordinator at 416 345 - 9437 to reserve a seat.**
-

Toronto Business Development Centre - Etobicoke Location - 105 Judge Road,
- Downtown Location - 1071 King Street

Maureen Kelly, Community Program Coordinator, Toronto Business Development Centre, Email: mkelly@tbdc.com

FREE AND LOW COST ACTIVITIES



Friday, August 1st

Movies Under The stars. FREE. Bring a blanket or chair and watch a free movie with family and friends. This week's film is The Bee Movie. Downsview Park, 35 Carl Hall Road.
Info: 416 952-2222 or www.downsviewpark.ca. Movies start at dusk, approximately 9:00 pm.

Toronto Summer Music Festival. FREE Emerging Artists Concert, Walter Hall, Edward Johnson Building, 80 Queen's Park Info: 416 585-4464. 7:30 pm.

Island Soul: Crazy. FREE. Calypso and Soca from Trinidad. Harbourfront, Sirius Satellite Radio Stage, 235 Queen's Quay West. Info: 416 973-4000. 8:00 pm. This festival continues all weekend August 1st to 4th with a Championship Domino Tournament, Jamaica vs Trinidad Comedy Showdown, Reggae, Films, literary readings, Steel Pan and Kids' Pan workshop and of course, food including voting for the best roti in Toronto.

Opera of Purcell's The Fairy Queen! FREE. Opera Atelier's School of Atelier Ballet in collaboration with the St. Lawrence Market Complex is pleased to present The Fairy Queen. Bring your lunch and enjoy a family friendly performance of Purcell's The Fairy Queen (a masque of Shakespeare's A Midsummer Night's Dream) performed by students of Opera Atelier's School of Atelier Ballet as the culmination of their summer program. St. Lawrence Hall, the Great Hall, 157 King Street East. Info: 416 703-3767. 12:00 noon to 1:00 pm.

Saturday, August 2nd



Turkish Festival. FREE. The festival celebrates Turkish culture through music, exhibits, art, crafts, dance, shows and fabulous food. Our sponsors are members and friends of the Turkish community, as well as local and national businesses. This wonderful event effectively brings Turkey to Toronto, showcasing a rich cultural heritage while allowing visitors to sample fine Turkish cuisine from sumptuous kabobs to mouth-watering pastries. This year, like last, the Festival will be alive with the sights, sounds and aromas of Turkey! Visitors are encouraged not to come to the festival

alone, but to bring their family, friends, and neighbours, too! Yonge Dundas Square. Info: www.torontoturkishfestival.com. 10:00 am to 10:00 pm.

Corn Roast. FREE. It's that time again: Ontario corn season! Come and enjoy free hot buttered roasted corn on the cob. South Market, Farmers' Market (North Building) Front Street at Jarvis Street. Info: www.stlawrencemarket.com. 9:00 am to 1:00 pm.

Sunday, August 3rd

Sunday Serenades. FREE. Featuring the best in swing and big band music on warm summer nights, Tonight: Casablanca Orchestra. Mel Lastman Square, 5100 Yonge Street. For more info: call 416 338-0338 or www.toronto.ca/special_events. Wheelchair accessible. 7:30 pm – 9:00 pm.

Monday, August 4th Simcoe Day

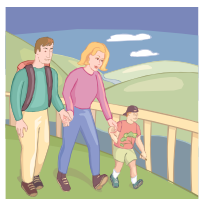
Simcoe Day at Gibson House. FREE. Costumed guides welcome you to the 1851 farm home of David and Eliza Gibson where you can enjoy tastes of homemade ice cream, children's activities, and samples of nineteenth century cookery in the historic kitchen. Come back into the past and relax in our country home in the city. 5172 Yonge Street. Info: 416 395-7432. 12:00 to 5:00 pm.

Tuesday, August 5th

Late Summer Wild Flowers Walk. FREE. Join Melanie Milanich and the Toronto Field Naturalists for a walk through Taylor Creek Park. Meet at the Main Street Subway Station. The walk ends at Toronto Botanical Gardens, at Lawrence Avenue East and Leslie Street. Bring your lunch. Nice slow pace. 10:30 am.

Wednesday, August 6th

Fresh Wednesdays. FREE. Concert at Toronto City Hall as part of the Farmers' Market. 100 Queen Street West at Bay. Market 10:00 am – 2:00 pm. Concert Noon – 2:00 pm. This week's performer is Shawn Caspi, Indie Folk. For information: www.toronto.ca/special_events.



Newtonbrook Creek Evening Ramble. FREE. Great Rivers of North York Series. Meet at the northwest corner of Finch Avenue East and Bayview Avenue. Walk ends at Yonge Street and Cummer Avenue. Toronto Field Naturalists request that you not bring pets and do not pick or collect specimens or leave litter behind. Info: 416 593-2656. 6:45 pm

Hump Day Bump. No Cover Charge. Dance at the Gladstone Hotel's neighbourhood queer night with DJ'd music. The Gladstone Hotel, Melody Bar, 1214 Queen Street West. For more information call 416 531-4635 or email info@gladstonehotel.ca 9:00 pm.

Applewood Homestead: Twilight Concerts in the Park, FREE. Toronto All-Star Big Band, 450 The West Mall, Etobicoke. Info: 416 622-4124. 7:00 pm.

Thursday, August 7th

Friends & Advocates Craft and Bake Sale. FREE. 2340 Dundas Street West, Suite G27. By TTC – Take the subway to Dundas West Station, cross the street to the mall. Call 416 234-9245 for info. Come out and support one of Toronto's longest running consumer/survivor initiatives. 11:00 am and on through the day.

Summer Music in the Garden: Harbour Front Centre. FREE. Persian Music for a Summer Night. Traditional and original music on the santur a Persian hammer dulcimer of ancient origin, Toronto Music Garden, 475 Queen's Quay West. Info: 416 973-4000. 7:00 pm.

Friday, August 8th

Taste of the Danforth. FREE. Tickets are not needed. You pay the vendors for the food you want. Enjoy the music and the multi-cultural experience of the Danforth – mostly Greek, but now, also Indian, Thai and Cuban. Friday, Saturday and Sunday. Danforth between Broadview Avenue and Jones Avenue.

Saturday, August 9th

7th Annual Jerk Food Festival (JerkFest) FREE. JerkFest is an annual stage food festival, celebrating mouth watering Jerk Food in a family atmosphere. Each year JerkFest is a crowd pleaser offering up sumptuous Jerk Food - you name it the vendors jerk it! JerkFest promises wholesome entertainment for all! So come for the food and stay for the fun! 256 Centennial Park Road, Centennial Park, at the base of the ski hills. Eglinton & Renforth Drive. Info: 416 993-5123 11:00 am to 9:00 pm.



Sahaja Yoga Meditation. FREE. Sahaja Yoga presents an ongoing Meditation program and welcomes everyone to join each Saturday morning for this great experience of Meditation Yoga. New Toronto Library, 110 Eleventh Street. Register by calling 416 394-5350 or 416 201-7649. Saturdays, ongoing 10:00 – 12:00 noon.

Heritage Toronto Walks. FREE. Lambton Mills The Village of Lambton Mills grew up around the mills established in the early 1800s where Dundas Street crossed the Humber River, an excellent source of water power. The village continued to thrive until 1915 when a spring flood, and later fire, destroyed many of the buildings. Leader: Madeleine McDowell, Start Point: Dundas St W and Runnymede Rd. Finish Point: Lambton House, 4066 Old Dundas St. on the east bank of the Humber River. Length: Approx. 2 hours. Info: www.heritagetoronto.org Starts at 1:30 pm.

Sunday, August 10th

Sunday Serenades. FREE. Featuring the best in swing and big band music on warm summer nights, Tonight: Simon Maxwell. Mel Lastman Square, 5100 Yonge Street. Info: www.toronto.ca or 416 338-0338. Wheelchair accessible. 7:30 pm – 9:00 pm.



Toronto Chinatown Festival. FREE. Toronto Chinatown Festival is held in a vibrant neighborhood with a mixture of harmonious multi-culturalism. It is home to ethnic Chinese immigrants from Hong Kong, China, Taiwan, Vietnam, as well as, South Asian merchants, such as Pakistani and Indian. Festival will consist of interesting multi-cultural and street performances throughout the Festival boundary area; corporate booths; area merchant booths; community-related associations booths; sidewalk sale, launch of Chinatownlicious Programme Event suitable for all ages, including children and seniors. Festival Boundary: Dundas between Augusta Avenue & Beverley Street and Spadina between Sullivan St & College St. Info: 416 260-9800. 11:00 am to 6 pm.

Monday, August 11th

CanStage TD Dream in the Park. PWYC [pay what you can] Children under 14 free. This colourful, hip-hop interpretation of Shakespeare's A MIDSUMMER NIGHT'S DREAM is sure to delight people of all ages. The CanStage TD Dream in High Park is the oldest annual outdoor theatre event in Canada - an estimated 1.3 million people have enjoyed the tradition since its inception in 1983. The Dream offers free interactive programs for children, teens and families all summer long. High Park Amphitheatre, Bloor St West and Parkside Drive. Info: www.canstage.com or 416 367-1652. 8:00 pm.



Tuesday, August 12th

Titanic, FREE. (1997) Directed by: James Cameron. Cast: Leonardo DiCaprio, Kate Winslet, and a big sinking ship. Fictional romance set on the 'unsinkable' Titanic. Winner of 11 Oscars, including Best Picture. Yonge Dundas Square. Info: www.ydsquare.ca. 8:00 to 11:00 pm.

Wednesday, August 13th

Fresh Wednesdays. FREE. Concert at Toronto City Hall as part of the Farmers' Market. 100 Queen Street West at Bay. Market 10:00 am – 2:00 pm. Concert Noon – 2:00 pm. This week's performer is Tannis Slimmon, Roots. Info: www.toronto.ca/special_events.

Ballet Movie Night. FREE. Bata Shoe Museum presents a viewing of Amelia with special introduction by Teresa Randall from The Shoe Room at Canada's National Ballet School. At the Bata Shoe Museum, 327 Bloor Street West. Free popcorn. Info: 416 979-7799. 6:00 to 8:30 pm.



Hump Day Bump. No Cover Charge. Dance at the Gladstone Hotel's neighbourhood queer night with DJ'd music. The Gladstone Hotel, Melody Bar, 1214 Queen Street West. For more information call 416 531-4635 or email info@gladstonehotel.ca 9:00 pm.

Thursday, August 14th

Indulge Your Senses. Farmers' Market and Free Concert. FREE. This week's performers are Chris Cotton & Cale Hawkins. Metro Hall Square, 55 John St. Market 8:00 am – 2:30 pm. Performance 12:30 to 1:30 pm.

Five Gods, Two Kings and the Frog Princess. FREE. inDANCE presents the world premiere of an exciting work for ten dancers and six musicians that fuses traditional and contemporary approaches to Bharatanatyam dance. Toronto Music Garden, 475 Queen's Quay West. Info: 416 973-4000. 7:00 pm.



Dufferin Organic Farmers Market. FREE. A year-round farmers' market every Thursday afternoon from 3 to 7 pm. Outdoors in the beauty of the park in summer, on the skating rink pad in fall, and inside the rink buildings throughout the winter. Local farmers and city-based food producers bring a great variety of organic foods. A special feature of the market is wood-fired oven breads baked right in the park. South of Bloor on the east side of Dufferin. Info: 416 392-0913. 3:00 pm t 7:00 pm.

Friday, August 15th

CITY MIX 2008! FREE. Come Celebrate North America's First Inclusion Celebration of its kind- City Mix is hosted by The Mix Community Club in partnership with Community Living Toronto, CHIRS, The City of Toronto & Variety Village. City Mix is the only event to integrate the entire disabled community with the mainstream society and the first event to bring mass awareness towards Inclusion for people of all ages and abilities. It is an event for the whole family and community to promote inclusion for people of all ages and abilities. It is time to all come together to celebrate social inclusion, empowerment and diversity for all people. Please spread the word and make plans to attend this groundbreaking Inclusion Celebration- CITY MIX 2008- One People. One Celebration. One Voice. Nathan Phillips Square, 100 Queen Street West. Intersection is Queen Street West & Bay Street. Info: 416 439-8813. 5:00 pm to 10:00 pm.

Movies Under The Stars. FREE. Bring a blanket or chair and watch a free movie with family and friends. This week's film is Shrek The Third. Downsview Park, 35 Carl Hall Road. Info: 416 952-2222 or www.downsviewpark.ca. Movies start at dusk, approximately 9:00 pm.

The C/S Info Centre's Annual General Meeting is coming up on October 22nd.

Please stay tuned for further details. It's free to become a member of the Consumer/ Survivor Information Resource Centre. Please fill out this form and get it back to us by mail, email or by dropping it off to us at 252 College Street.

General Membership Application Consumer/Survivor Information Resource Centre of Toronto

If you have a membership, you must renew your membership before the end of every two years for your membership to be in good standing

The Goals of the Consumer/Survivor Information Resource Centre are:

1. To provide assistance and information to consumer/survivors of the psychiatric health care system;
2. To provide a physical facility where consumer/survivors can go to obtain information from their peers (other consumer/survivors) in a format accessible and appropriate to the consumer/survivor community;
3. To provide information outreach services to consumer/survivors in the community;
4. To assist consumer/survivors in utilizing other resources, such as mental health services and information services;
5. To identify gaps in the information resources available to consumer/survivors and to develop, or promote the development of new information resources to fill those gaps;
6. To support the use of advanced information-sharing techniques amongst consumer/survivors and among groups providing information to consumer/survivors.

I agree with and support the goals of C/S Info Centre. I would like to become a member of the Resource Centre. It serves the Greater Toronto Area and there is no charge.

- Regular Member from the Greater Toronto Area only (consumer/survivor)
 Associate Member (Non-voting). This category is for anyone who is not a consumer/survivor.

Signature _____

Date _____

Name (please print) _____

Organization (optional, if applicable) _____

Address _____

City/Prov. _____ Postal Code _____

Phone _____

Email _____



YOUR APPLICATION MUST BE RECEIVED AT THE C/S INFO CENTRE AT LEAST 48 HOURS PRIOR TO THE ANNUAL GENERAL MEETING IN ORDER FOR YOU TO BE ABLE TO VOTE.

You do not need to be a member to continue to receive your subscription to the Bulletin.