



Meeting the information needs of Consumer/Survivors in the Toronto Area

# BULLETIN

August 1 - 15, 2011

Consumer/Survivor Information Resource Centre of Toronto, 1001 Queen St. West, Toronto  
Phone Hours: M – F from 9 – 5 / Drop-in Hours: M – F from 9 – 4  
Tel: 416-595-2882 csinfo@camh.net <http://www.csinfo.ca/>

Dear Bulletin Subscribers,

Here is the letter from the Coalition for an Independent PPAO that went out this week to the ADM of Health in response to the troubling suggestion that since they are considering divesting the Psychiatric Patient Advocate Office (PPAO) to CMHA Ontario, that we get together with them and work it out. Her exact words were that we, “explore safeguards that would address the topic of independence,” and that we “propose strategies with analysis to operationalize these safeguards.” We have those safeguards in mind – don’t do it ! And we can operationalize them – keep the PPAO independent !

Helen Hook C/S Info Centre

July 25, 2011 BY EMAIL

Patricia Li  
Assistant Deputy Minister - Direct Services Division  
Ministry of Health and Long-Term Care  
2nd Floor 56 Wellesley Street West  
Toronto, Ontario M5S 2S3

Dear Assistant Deputy Minister Li:

## Position on CMHA Ontario-Facilitated Consultation

Thank you again for meeting with us on July 18, 2011 and for your letter received July 20, 2011. This letter is written on behalf of the Coalition for an Independent PPAO (Coalition) and is supported by the Ontario Association of Patient Councils (OAPC).

The Coalition was formed to address the Ministry’s failure to consult with the stakeholders affected by the decision to transfer the PPAO to CMHA Ontario Division. The Ministry’s response in your letter prescribes the parameters of acceptable joint recommendations between selected stakeholders and the CMHA. This is not the type of consultation envisioned by the Coalition.

The Coalition calls upon the Ministry to establish a consultation plan incorporating all stakeholders, including consumer/survivor groups, patient councils, advocates, health care providers, affected Provincial tribunals and the PPAO advocates themselves without delay. The Coalition represents a broad range of interests but is by no means representative of all stakeholders. Apart from its unlikely designation by the Ministry as the recipient of the PPAO, CMHA represents only some community care providers.

In her comments to the Waterloo Record on July 20, 2011, Minister Deb Matthews is quoted as saying, "Some very thoughtful people have raised issues about this plan and I think it's really important to listen," and "At this point, I need to better understand what the concerns are." The overwhelming message to the Ministry is that there has been a failure to consult.

If the Ministry rejects the Coalition's request for broad consultation, the Coalition calls for direct negotiations with the Ministry without involving CMHA Ontario. CMHA is invested in an option that is simply unacceptable to other stakeholders. Outside of one Ministry-funded organization, we understand that CMHA has received no response to the restricted consultation process you have asked that it undertake.

From the Coalition's perspective, the minimum parameters for an independent PPAO include:

1. Accountability to the people that it serves;
2. Public accountability;
3. Complete independence from service providers; and
4. Stable long-term funding.

The rejection out of hand of the transfer of the PPAO to an independent office of the Legislature unreasonably limits the range of appropriate resolutions for the program. Moreover, there is no demonstrated urgency requiring that the matter proceed outside of the sittings of the Legislature.

The Coalition repeats its demand for direct negotiations with the Ministry. We look forward to your early response.

Sincerely,

Coalition for an Independent PPAO

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## **kids@computers Scholarship Project**

The Project awards computers and internet access to children of low-income families in Toronto. This unique scholarship project has two goals:

- ✓ to provide children from low-income families with home computers, giving them the chance to share the opportunities that kids in many other families enjoy, and
- ✓ to help children gain the knowledge, skills and confidence needed to succeed in today's world.

Successful applicants receive basic computer orientation sessions, a home computer with software and a printer, and Internet access for one year.

The scholarship is available to children in Toronto between 8 and 14 years of age who do not have a computer. Eligible families must live in subsidized housing or receive Ontario Works or Ontario Disability Support Program benefits. Children from families who are members of the Welcome Policy or who are in receipt of the National Child Benefit Supplement are also eligible to apply.

Pick up an application from your local Toronto Employment and Social Services Office or call 416-392-8610.  
[http://www.toronto.ca/socialservices/kids\\_comps.htm](http://www.toronto.ca/socialservices/kids_comps.htm)

## Rendezvous with Madness: Deadline for Submissions

Submissions for the 19th Annual Rendezvous with Madness Film Festival (RWM) have been extended until August 12, 2011 to accommodate filmmakers for time lost during the Canada Post labour stoppage. The RWM Festival is looking for feature and short films and videos that address issues of mental illness and addiction and any genre — fiction, documentary, experimental, animation or any combination thereof — will be considered. RWM encourages international filmmakers to submit their work. Special consideration will be given to films that are able to premiere at RWM and that present issues of mental health and addiction from local, multicultural or youth perspectives. All short films submitted will be considered for Rendezvous in the Classroom, a program for high school students.

RWM is the world's first and longest running film festival showcasing films that address issues of mental health and/or addiction. The festival connects independent Canadian and International film and video with the public through programming that addresses the facts and mythologies of mental illness and addiction. Each program focuses on a different theme and facilitates interaction through panel discussions with filmmakers, artists and people with professional and personal experience with mental illness and addiction.

This year's festival runs November 4th to 12th with screenings at the Bell Lightbox and Workman Hall, 651 Dufferin Street.

Workman Arts (WA) facilitates aspiring, emerging and established artists with mental illness and addiction issues to develop and refine their art form through its arts training programs, public performance/exhibit opportunities and partnering with other art organizations. As well, WA promotes a greater public understanding of mental illness and addiction through the creation, presentation and discussion of artistic media. Click here for complete rules, regulations and entry forms.

## FREE BOOKS



A community activist and long-time book lover needs to scale down his beloved collection. Mel Starkman is moving at the end of August to a smaller place. He has generously offered people to come and get some books if they would like. They can be picked up at his apartment at Church and Wellesley. In Mel's own words, "There will be no charge for the books which book lovers should be happy about," He has some CD's and other paraphernalia too. [meliqstarkman@yahoo.ca](mailto:meliqstarkman@yahoo.ca)

## Department of Critical Disability Studies York University

Volunteers are needed to take part in a study of the structural changes at 1001 Queen Street West.

As a participant in this study, you will be asked to meet and answer 4-7 interview questions.

Your participation would involve one session, lasting approximately 1-3 hours.

In appreciation for your time, you will receive \$10 for every hour or less of interview time completed. Any participant in need of a service provider is responsible for recruiting their preferred person. However, compensation of \$10 (flat rate) for any required assistant will be provided. In addition, TTC fare will be provided, if necessary. For more information about this study, or to volunteer for this study, please contact: Jessica Chevrier, M.A. Candidate in the Critical Disabilities Studies Department at York University at 647-999-9143 or [jessie81@yorku.ca](mailto:jessie81@yorku.ca).

This study has been reviewed by, and received ethics clearance through, the Office of Research Ethics, York University.

## Hearing Voices Groups

CRCT is starting two CBT (Cognitive Behaviour Therapy) groups for individuals who **hear voices, and are distressed by their voices**. Groups will be 16 weeks. Every Monday and Thursday.

Downtown Group: **Monday August 8th**

TIME: 6 pm to 8 pm at CRCT's main boardroom – 366 Adelaide Street East, Suite 241 (Sherbourne and Adelaide).

Scarborough Group starting: **Thursday September 8<sup>th</sup>**

TIME: 1 pm to 3 pm at 2660 Eglinton Ave East (Eglinton and Brimley).

- Learn self-management strategies using CBT tools and principles [developing a tool box] to cope with voices,
- Learn to identify triggers/cues for voices and what keeps cycle going,
- understanding meaning of voices, normalizing information about voices,
- sharing coping strategies and trying out new ones etc. with the
- Learn connection of thoughts, mood and behaviour and how this relates to voices.
- Receive hand-outs, reading material, & other resources.

**For more information, and to register please contact Deqa Farah 416-482-4103 x 223**



## Harm Reduction 101 Workshop

This free two day workshop is organized by Toronto Public Health Sexual Health Promoters and community partners. It is designed for people who work with people who use substances. The workshop takes place on September 7 - 8, 2011 from 9:30 am – 4:30 pm at Metro Hall, 55 John St., Toronto.

The main focus of the workshop is to raise awareness about:

- ✓ Safer substances use and risk reduction to prevent the transmission of HIV, Hepatitis C and other infections
- ✓ Strategies to reduce the stigma and barriers experienced by people using substances that prevent them from accessing equitable services
- ✓ The policies and politics that affect the lives of people who use substances and their communities

Contact Toronto Health Connection at 416-338-7600 to register.

## Advocacy Centre for the Elderly

Free legal services for low-income seniors in the Greater Toronto area. Scope of practice focused on legal issues particularly impacting on seniors including but not limited to health law, consent and advance care planning legal issues, legal issues in long term care, home care, legal issues in hospitals, consumer law, tenancy law, particularly retirement home tenancies, mental health and mental capacity law, elder abuse. Provides advice, brief service, and representation before courts and tribunals. Will accept telephone calls for summary advice from any place in Ontario. Some eligibility requirements - must be 60 or older, and low income. Some exceptions made to eligibility on basis of access to justice. 416-598-2656 [www.ancelaw.ca](http://www.ancelaw.ca) The centre is located at 2 Carlton Street Suite 701, Toronto, ON M5B 1J3.



## The Reva Gerstein Legacy Fund

The Reva Gerstein Legacy Fund is seeking submissions for 2011/2012. This is the fifth year of the fund and we are seeking to support projects that are run by and for psychiatric survivors that reflect Reva Gerstein's interest in education, research and other projects that celebrate the independent spirit of the survivor community.

Last year we were able to fund a photography exhibit titled "Sharing the Burden," Photos by people sharing their experience of poverty. We continued our support for People and Pets, Peacock Poverty and the PhACS running group. We also gave a small grant to the Mad Students Society to help with the Mad Pride Event.

We are looking to receive proposals by October 28, 2011 so that we can meet with the groups in early December and distribute the money early in the 2012. Proposals should have a budget of no more than \$4,000.00 and should be sent to the Gerstein Centre, 100 Charles Street East, Toronto, M4Y 1V3 or emailed to [pquinn@gersteincentre.org](mailto:pquinn@gersteincentre.org). [Click here for complete rules, regulations and entry forms.](#)



## C/S Info is on Twitter!

Thanks to the encouragement of Diana, our volunteer Fun Finder, C/S Info has taken to the sky! Follow us for updates on community mental health related events, employment opportunities and great low cost things to do in Toronto. We will use Twitter to keep readers updated in between Bulletins.

[www.twitter.com/CSInfoCentre](http://www.twitter.com/CSInfoCentre)

## Project: Truth – Let's Tell the Truth About Stigma

Project: Truth is a stigma awareness project coordinated by Phoenix Rising, a grassroots, community, consumer/survivor organization.

The project invites consumer/survivors living in the Parkdale area to share personal experiences with stigma. Together our stories will create a powerful book that will open people's hearts and minds by telling the truth about stigma. The book will be launched during Mental Illness Awareness Week 2011.

Two volunteer opportunities:

1. Would you be interested in designing a cover for this important book? We are looking for submissions from artists who are consumer/survivors. Selected submissions will be presented to project participants whose stories are featured in the book. Participants will decide on the cover together. **The deadline for submissions is Monday, August 8, 2011.**
2. Are you living with a mental illness? Are you living in the Parkdale area? Have you encountered stigma? Would you be willing to share your story orally or in writing? If so, we would love to hear from you. Please contact us.

For more information, please contact Harmony at 416-559-4919 or [project4truth@gmail.com](mailto:project4truth@gmail.com).

## Laughing Like Crazy Graduation Showcase

Featuring original stand-up comedy acts about mental illness and the mental health system. Come out and enjoy the latest stand-up comics to hit Toronto! Arrive early to check out Michael Cole's exhibit of humorous art and get a good seat.

Thursday, August 4, 2011 from 7 to 9 pm. The Northern District Public Library, 40 Orchard View Blvd., Room 200. Contact Emma Árdal at 647-856-4475 or [laughinglikecrazy@gmail.com](mailto:laughinglikecrazy@gmail.com). Admission is FREE!



# EMPLOYMENT MATTERS

<http://www.brainhunter.com/frontoffice/enterSeekerHomeAction.do?sitecode=pl551>

This site includes City of Toronto's listing of employment opportunities for people receiving OW. Investing in Neighbourhoods job opportunities are in not for profit community organizations and enable OW participants to: increase their skill level, develop contacts with employers, and obtain references with the goal of securing permanent employment. To apply for these jobs you must be living in Toronto and receiving OW. Some of the jobs include receptionist, computer program coordinator, housekeeping assistant, warehouse assistant, program assistants, administrative assistants, community outreach worker, social recreation worker, youth worker, kitchen assistant, and more.

## Experienced Line Cook Needed

Busy weekend brunch shift on Queen West in a survivor business. The Raging Spoon, 761 Queen Street West. Contact Catherine Clarke at [647-773-2263](tel:647-773-2263) as soon as possible. <http://cafe.ragingspoon.ca/>

## Project Co-ordinator Needed

Parkdale Community Health Centre is seeking a part-time person for a one year contract to work with the Parkdale Community Crisis Response Network on promoting community safety and to develop leadership in the Parkdale community. One day per week at \$20 per hour. Send your resume and cover letter to the Hiring Committee – Project Co-ordinator PCHC 1229 Queen Street West Toronto ON M6K 1L2. or email [hiring.committee@pchc.on.ca](mailto:hiring.committee@pchc.on.ca) Please, no phone calls. Position closes 9 am August 15, 2011. Come on in to the C/S Info Centre to see the complete posting.



## Places to go... People to see...

*Free and Low-Cost Events for August 1 - 15, 2011*

For TTC information call 416-393-4636 (INFO) or visit the TTC website.

### ART

Canada Without Poverty seeks submissions of photographs, drawings and paintings depicting poverty in Canada. Our immediate need is to develop powerful PowerPoint presentations depicting poverty across Canada today. Of special need is for images depicting the poverty that is more hidden from public view (we have many images of homelessness which is the most visible manifestation of poverty). We'd especially like to receive images from people with the lived experience of poverty who provide captions for each image submitted, captions that in a few words describe the meaning to them of what is on view. Please send any submission(s) in JPG or GIF format to [info@cwpcsp.ca](mailto:info@cwpcsp.ca). <http://www.cwp-csp.ca/Blog> [www.povnet.org](http://www.povnet.org)

Art Gallery of Ontario, 317 Dundas Street West. 416-979-6648 [www.ago.net](http://www.ago.net) Free admission every Wednesday from 6 – 8:30 pm (permanent collection only)

Mondays from 6:30 – 9 pm. Drawing from the Model. Life drawing sessions. No instruction. Ralph Thornton Centre, 765 Queen Street East. 416-392-6810 <http://ralphthornton.org> \$5

## DANCE

Tuesdays from 7:30 – 10 pm. International Folk Dancing. Have fun in the park while learning dances from all over the world. East side of Sir Winston Churchill Park at Spadina Road and St Clair Avenue West. ontariofolkdancers@gmail.com <http://ofda.ca> FREE

## FILM

Fri 12 from 9 – 11 pm. Movies Under the Stars. Outdoor family-friendly movies. Indoor rain location too. Downsview Park, Sheppard Avenue West and John Drury Drive 416-952-2222 [www.downsviewpark.ca](http://www.downsviewpark.ca) FREE

Until Tues 30. Various start times. Dancing in the Dark! Outdoor screenings of popular musicals like Hair and Saturday Night Fever. Yonge-Dundas Square, 1 Dundas Street East. 416-979-9960 <http://ydsquare.ca> FREE

Sun 14 and Sun 21 at dusk. Movies In The Park. Presented by Art City in St. James Town & Toronto Kiwanis Boys & Girls Clubs & Broadview Community Youth Group. PG rated films. Riverdale Park East, 550 Broadview Avenue (Broadview and Danforth) [www.moviesinthepark.wordpress.com](http://www.moviesinthepark.wordpress.com) FREE

## FITNESS & WELLNESS

Come and join us at the Running Room for our weekly practice runs/walks - it's FREE! We have practice runs/walks from all Running Room store locations on Wednesdays at 6:00 pm and Sundays at 8:30 am. Practice is absolutely open to all runners and walkers at different skill levels, as we send out multiple groups under the leadership of pace group leaders. You can take advantage of running or walking with a group and meet new friends. Join us for the fun and motivation and it's FREE. <http://www.runningroom.com/hm/> FREE

August 19 at 6:30 pm. Scenic Friday Night Rides 2011. Leslie Spit. Clay & Paper Theatre's CYCLOPS: Cycling Oriented Puppet Squad invites you to join us on these warm summer evenings for casual group excursions to some of Toronto's most beautiful scenic locations. Meet at Coronation Park for a waterfront ride east. Ride starts at 7 pm. 416-708-3332 <http://www.clayandpapertheatre.org/cyclops/category/group-rides/PWYC>

Wed 10 from 6:30 - 8 pm. Discover Ward 37 Ride. Leisurely bike ride along the quiet streets of Scarborough. Thompson Memorial Park, East side of Brimley Road and North of Lawrence Avenue. 416-288-0293 FREE

Year Round. Various times and locations. Street to Trail has trips scheduled all throughout the year. A not-for-profit, registered charity, helping less fortunate people regain hope and independence through wilderness trips. The charity was founded by Paul Mackle in 2001 as an innovative way to help poor and homeless people in Toronto regain hope and confidence. Typically, S2T schedules trips every second weekend, with half of them being a Saturday day-hike and the other half being multi-day trips to the wilderness for either canoeing or hiking. Occasionally S2T arranges overnight bicycling trips through rural Ontario. 416-532-0983 paulmackle@yahoo.com <http://paulmackle.blogspot.com/> FREE

## FOOD, FAIR & FESTIVAL

Fridays to Sept 2 from 6 pm – 10 pm. Night Market & Street Talk Series. Family focused activities, movie screenings and live performances plus Street Talks, an interactive panel, with discussions and debates on topical issues such as Policing on Aug 5. Scadding Court Community Centre, 707 Dundas St. West. 416-392-0335 [www.scaddingcourt.org](http://www.scaddingcourt.org) FREE

Sat 13 from 2 – 5 pm. Food from Small Spaces Fair. Everything related to growing food in small, difficult, vertical, or rooftop spaces. Guided tours of the new Carrot Green Roof garden at 3 pm and 4 pm. Light refreshments, live music, and raffle prizes. Give-aways while supplies last! Eastminster United Church,

310 Danforth Avenue Broadview and Danforth 647-208-1810

[www.toronto.ca/livegreen/greenneighbourhood\\_animators\\_south.htm](http://www.toronto.ca/livegreen/greenneighbourhood_animators_south.htm) FREE

Sat 13 from 11 am – 5 pm. Crossroads of the Danforth Festival in the Park. Bouncing Castles, Inflatable Giant Slide and Velcro Wall, Face Painting and Air Brush Tattoos also free. Activities and Demonstrations for all ages. Oakridge Park Danforth Avenue and Danforth Road 416-693-8300 [www.crossroadsofthedanforthbia.ca](http://www.crossroadsofthedanforthbia.ca) Admission FREE for all activities

Fri 12 – Sun 14. Fortune Cooking Food Festival. Chai Found Music Workshop, Iron Chef Competition hosted by Christian Pritchard. Harbourfront Centre, 235 Queens Quay West 416-973-4000 [www.harbourfrontcentre.com](http://www.harbourfrontcentre.com) FREE

Fri 12 – Sun 14. York-Eglinton International Street Festival. Celebrating the rich diversity of our Toronto community. Eglinton Avenue West, between Marlee and Dufferin [www.internationalstreetfest.com](http://www.internationalstreetfest.com)

Fri 5 – Sun 7. Pilaros Taste of the Danforth 2011. Every year in August, the city of Toronto flocks to GreekTown on the Danforth. Celebrating its 17th year, Taste of the Danforth, welcomes over 1.2 million visitors. Danforth Avenue between Broadview and Jones 416-469-5634 [www.tasteofthedanforth.com](http://www.tasteofthedanforth.com) FREE

Sun 14 from noon – 10 pm. Church Street Fetish Fair. Come out and enjoy our 8th annual Church Street Fetish Fair, a 3-city block street closure celebrating diversity, love and sexual freedom of expression in the form of live music, performance, carnival games and street dancing! Church-Wellesley Village Church Street and Wellesley Street East 416-393-6363 [www.churchwellesleyvillage.ca](http://www.churchwellesleyvillage.ca) Free

Various dates and times. DODEM KANONHSA' Elder's Cultural Facility is a learning and sharing facility which fosters greater acceptance, understanding and harmony between members of First Nations and Non-Aboriginal People. Dodem Kanonhsa', 55 St. Clair Avenue East, 6th floor (just east of Yonge). 416-952-9272 [dodemkanonhsa@inac-ainc.gc.ca](mailto:dodemkanonhsa@inac-ainc.gc.ca)

⇒ Wednesdays starting Wed 3 from 1 – 3 pm. 4 week Series: Yoga/Food & Nutrition FREE

⇒ Tuesdays starting Tues 9 from 1 – 4 pm. 4 Week Series: Mask Making \$15 for materials

## LEARNING

Mon – Sun from 9 am – 9 pm. The Taylor Massey Project. See in pictures and words what one group of volunteers is doing in Scarborough to rejuvenate a damaged waterway. Ralph Thornton Centre, 765 Queen Street East. 416-392-6810 [www.ralphthornton.org](http://www.ralphthornton.org) FREE

Wed 3 from 6:30 – 8 pm. Life on a Leaf. Presented by Toronto and Region Conservation Authority. Leaves provide food and homes for many tiny insects. We'll look for leaf miners, leaf umbrellas and caterpillars lunching on leaves. In partnership with ACORN Canada. Cedar Brook Park 91 Eastpark Boulevard 416-661-6600 x 5280 [www.trca.on.ca](http://www.trca.on.ca) FREE

Classes begin September 18. Learn for Life – General Interest Classes for Adults – Fall 2010. Check out the amazingly diverse array of classes offered by the Toronto District School Board this fall. Learn how to sing, kickbox, speak a language, take photographs, fix cars, maintain your motorcycle, dance salsa, belly, ballroom, Afro Cuban, Argentinian tango, Hip Hop, Bollywood or Latin, start a small business, prepare your income taxes, speak in public, use a computers, garden, cook, play the blues harmonica, assert yourself, and more. Classes offered in Art, Business & Finance, Communications, Computers, Crafts, Dance, Fitness & Wellness, Food, Games & Hobbies, Handiwork, Health & Safety, Interior Design, Languages, Music, Self-development, Sewing, Sports, and more. You may register online right up until the day and time the course begins. Classes are located in schools and community centres across Toronto. 416-338-4111 [www.learn4life.ca](http://www.learn4life.ca) Seniors receive a substantive discount. OW, ODSP or CPP Disability recipients may take one course per term for only \$10. Computer related courses have a \$10 additional fee.



## MUSIC

Mondays until Dec 26, 2011 from 8 pm – midnight. Open Jam Night. A community event for musicians and spectators to meet and show-off their talent. Harlem Restaurant, 37 Richmond Street East. 416-368-1920 [www.harlemrestaurant.com](http://www.harlemrestaurant.com) FREE

Sunday Serenades for August. All concerts are from 2 – 4 pm unless otherwise noted. Scarborough Civic Centre, Rotunda, 150 Borough Drive (McCowan & Ellesmere) 416-396-7766 [www.toronto.ca/indulge/albertcampbellsquare.htm](http://www.toronto.ca/indulge/albertcampbellsquare.htm) FREE

- ⇒ Sun 7 TORONTO STARLIGHT ORCHESTRA
- ⇒ Sun 14 SHERATON CADWELL ORCHESTRA
- ⇒ Sun 21 OSCAR KAY
- ⇒ Sun 28 JORDAN KLAPMAN ORCHESTRA



## SOCIAL AWARENESS

Wed 3 & Thurs 4 at 11 am. Unveiling the Myths. Launch of a human trafficking awareness campaign. Includes a maze-like art structure, survivors' stories, counter-trafficking organizations and how Canadians can join in the fight. Yonge-Dundas Square, 1 Dundas Street East. 416-979-9960 <http://ydsquare.ca> FREE

ODSP Action Coalition's Submission for the Review of Social Assistance in Ontario: Available to read online. "Dignity, Adequacy, Inclusion: Rethinking the Ontario Disability Support Program" June 27, 2011. Download at <http://sareview.ca/wp-content/uploads/2011/07/Dignity-Adequacy-Inclusion-Submission-FINAL-June-29.pdf>

### Theatre

Mon 1 at 2 pm. The Comedy Of Errors. Humber River Shakespeare Company presents an outdoor performance. Montgomery's Inn, 4709 Dundas Street West. 416-209-2026 <http://humberrivershakespeare.ca> PAY WHAT YOU CAN

## WRITERS AND BOOKS

Until Sun 21. Out of Sorts: Print Culture and Book Design presented by Design Exchanges. Out of Sorts explores the various elements of book design, from typography to cover art and features recognized Canadian book designs. Design Exchange 234 Bay Street King and Bay 416-216-2120 [www.dx.org](http://www.dx.org) FREE

Tues 9 and Aug 23 at 1 pm. Memoir Writing for Seniors. Share, discuss and write. Cliffcrest Library, 3017 Kingston Road. 416-396-8916 [www.torontopubliclibrary.ca](http://www.torontopubliclibrary.ca) FREE

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**To subscribe** call the Consumer/Survivor Information Resource Centre of Toronto at 416-595-2882 or email us at [csinfo@camh.net](mailto:csinfo@camh.net).

The **Bulletin** is published on the 1st and 16th of every month by C/S Info Centre – a Consumer/Survivor Initiative funded by the Ministry of Health and Long-Term Care. It's free. If you don't have email you may receive it through the post due to generous support from the Community Support and Research Unit of the Centre for Addiction & Mental Health. Editors: Helen Hook and Colleen Burns. Affordable recreation researcher: Diana Scattolon. [www.csinfo.ca](http://www.csinfo.ca)

*Disclaimer: The views expressed in articles, opinions and announcements published in the Bulletin do not necessarily reflect those of C/S Info Staff, Volunteers or Board Members.*

Mailing Address: C/S INFO, c/o CAMH, The Mall, 1001 Queen St. West, Toronto, ON M6J 1H4



The C/S Information Resource Centre of Toronto  
**Annual General Meeting**

PARC (Parkdale Activity-Recreation Centre)  
1499 Queen Street West  
September 26, 2011  
6 pm – 8 pm

The business meeting will begin at 6 pm and our special guests,  
The Parkdale Drummers, will perform immediately afterwards.

Please join us. Everyone is welcome.

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## General Membership Application

It's free to become a member of the Consumer/ Survivor Information Resource Centre.  
Simply fill out this form and return it to us by mail, email or bring it to our office at 1001 Queen St. West.  
If you are already a member, you must renew your membership before the end of every two years for your membership to remain in good standing.

The Goals of the Consumer/Survivor Information Resource Centre are:

1. To provide assistance and information to consumer/survivors of the psychiatric health care system.
2. To provide a physical facility where consumer/survivors can go to obtain information from their peers (other consumer/survivors) in a format accessible and appropriate to the consumer/survivor community.
3. To provide information outreach services to consumer/survivors in the community.
4. To assist consumer/survivors in utilizing other resources, such as mental health services and information services.
5. To identify gaps in the information resources available to consumer/survivors and to develop, or promote the development of new information resources to fill those gaps.
6. To support the use of advanced information-sharing techniques amongst consumer/survivors and among groups providing information to consumer/survivors.

I agree with and support the goals of C/S Info Centre. I would like to become a member of the Resource Centre. It serves the Greater Toronto Area and there is no charge.

- Regular Member - You must be a consumer/survivor from the Greater Toronto Area.  
 Associate Member - This is a non-voting membership open to non-consumer/survivors.



Signature \_\_\_\_\_

Date \_\_\_\_\_

Name (please print) \_\_\_\_\_

Organization (optional) \_\_\_\_\_

Street Address \_\_\_\_\_

City/Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Phone \_\_\_\_\_ Business phone \_\_\_\_\_

Fax \_\_\_\_\_ Email \_\_\_\_\_

Please Note: We must receive your signed application **at least 48 hours prior** to the Annual General Meeting in order for you to be able to vote.

**You do not need to be a member to continue to receive the Bulletin.**