

BULLETIN

May 16 – 31, 2012


Consumer/Survivor Information Resource Centre of Toronto, 1001 Queen St. West, Toronto
Phone Hours: M-F from 9-5 / Drop-in Hours: M-F from 9-4
Tel: 416-595-2882 csinfo@camh.net http://www.csinfo.ca/

Police Record Check Coalition Meeting May 16

The Police Record Check Coalition will be meeting May 16, 2012 at the offices of the CMHA Ontario, 180 Dundas St. W., 23rd floor, at 2:30 PM.

The meeting will begin with a roundtable discussion reviewing recent PRCC activities and other issues across the province. In light of the fact that the Coalition has successfully achieved its original mandate, attending members are then invited to help the PRCC set new goals and objectives for 2012 - 2013. Check out our [About the PRCC](#) page for information on supporting the Coalition.

Please [send us an email](#) if you or your organization would like to attend. Seating is limited. Minutes will be posted to this website shortly after the meeting.

 [Download the meeting agenda.](#)

My Health is Always My Business

Police respond to medical emergencies all the time. If you've been the victim of a crime or suffered an accident, you know that police will protect your personal health information. But if you call emergency services because of a mental health need, the same rules don't apply. Police may decide to release your health information when you apply for a job, volunteer position, or even school placement.

Background Checks Should Not Discriminate

The exceptional discretion by police to disclose information results in discrimination against persons with mental illness. Their police record can follow them for decades. We shouldn't penalize people who reach out for crisis help. Emergency services should be available to all without fear of life-long consequences and stigmatization.

Police Record Check Coalition

Ontario's Mental Health Police Record Check Coalition (PRCC) is raising awareness. Now is the time to halt the disclosure of non-criminal mental health information in police background checks. By constructively engaging directly with police, civilian boards, government, public complaint systems, and individuals, the PRCC aims to achieve a legislative prohibition on the disclosure of mental health information.



Facebook

Demanding Facebook passwords a human rights violation: Commission

April 27, 2012
Article Source
Ottawa Citizen

The Ontario Human Rights Commission has weighed in on whether employers can request a job applicant's Facebook password.

The verdict? In a Facebook post, the Commission said Friday that doing so violates the province's human rights code.

"(E)mployers should not ask job applicants for access to information stored on social media or other online sites and that doing so could leave an employer open to a claim of discrimination under the Code," it said. The Commission referred to Section 23(2) of the Ontario Human Rights Code, which prohibits direct or indirect questions on discriminatory grounds such as race, marital status, age, religion, disability or receipt of public assistance.

"For this reason, the OHRC believes employers should not ask job applicants for access to information stored on social media or other online sites," it said.

UPCOMING CONFERENCE

Please join us for a dynamic mental health conference on June 21st and June 22nd 2012, held at the Canadian College of Naturopathic Medicine (sponsored by CMHA Toronto, CAMH, Across Boundaries, CRCT, Canadian College of Naturopathic Medicine and Just Ideas). This conference will provide an opportunity to gain insight and learn about alternative holistic methods for working with people who experience mental health issues by exploring the physical, social, spiritual and emotional facets of a person's life. More than 16 different holistic practices will be explored in depth in order to open up new avenues and possibilities for people who experience mental health issues. Reduced cost for people with lived experience and their families. For more information or to register contact Gulshan Allibhai at 416-289-6285 x 307, or email gallibhai@cmha-toronto.net or register on-line at www.toronto.cmha.ca/

C/S INFO'S NEXT WORKSHOP IS ALL ABOUT THE PUBLIC GUARDIAN AND TRUSTEE

Join the Consumer/Survivor Info Centre on **Wednesday, May 30** from 10:00 to 11:30 am for a free workshop on The Public Guardian and Trustee (PGT). A speaker from the outreach office of the PGT will be here to answer all your questions about this sensitive topic – What happens to your money? Is trusteeship forever? Can you get control back? How can you get the amounts changed? What happens to your income tax refunds and HST cheques? The workshop will be held in our favourite place to have workshops — Room B40 in the basement of Unit 4 at CAMH, the Centre for Addiction and Mental Health at 1001 Queen Street West. Please note that it isn't our usual last Monday format as the room wasn't available. It's the last Wednesday morning. As always, we'll put up lots of directional signs. Everyone welcome, no need to pre-register, although for the purposes of getting enough refreshments, maybe give a call and we'll keep count. Helen at the Consumer/Survivor Information Resource Centre of Toronto 416-595-2882 or csinfo@camh.net

CANCER & ALCOHOL AWARENESS

The Toronto Cancer Prevention Coalition, in partnership with Toronto Public Health and the Centre for Addiction and Mental Health, is conducting a survey to determine the level of awareness of alcohol as a risk factor for injuries, cancer and chronic disease among health and health care professionals in Toronto and the Greater Toronto Area.

We are asking for your participation in a single, 15-minute online survey to explore your knowledge, attitudes and beliefs of the risks associated with excessive alcohol use. The results will be used as a resource to clarify and increase awareness of the risks associated with excessive alcohol consumption among health and health care providers.

The survey is completely voluntary and confidential.

To access the survey, please visit http://www.surveymonkey.com/s/tcpc_alcohol.

Feel free to distribute this survey link widely to your networks!

If you have any questions or comments before or after completing the survey, please contact tcpc.alcohol@gmail.com.

REQUEST FOR PEER SUPPORT

“Cancer is a special kind of hell and it feels like you are going through it on your own.”

We've had a request from a subscriber to ask if people know of any peer support workers or groups for consumer/survivors who are living through cancer. She knows about the psychosocial floor at the Princess Margaret Hospital and sees someone there. She might be interested in writing a pamphlet if that is of interest to others.

If anyone knows of any resources would you please contact the C/S Info Centre at 416 595-2882 or cinfo@camh.net and I will put you in touch. Helen

People can and do recover from “mental illness”

Here's a digest from **recoverynetwork:Toronto** for the month April 2012, now being read in dozens of countries around the globe.

Kevin Healey
Coordinator, **recoverynetwork:Toronto**

To subscribe, contact Kevin at: recoverynetworktoronto@hotmail.com

Getting On With Life and Its Challenges

A Mental Health Support & Skill Development Program

Wednesdays, 1:30 - 3:30 pm at Regeneration Community Services, 2238 Dundas Street West Suite 307

May 23 Express your Journey to Health through Photography

May 30 Enhancing your Memory

June 6 Healthy Mind & Body through Nutrition

For more information call Sandra at 416-703-9645 x 246 or Jennifer at 416-604-3361. Workshops are on a drop in basis.

Call for Submissions: Events for Mad Pride Toronto 2012

Tuesday, July 10 to Sunday, July 15

Mad Pride is an arts, culture, and heritage festival created by psychiatric survivors, consumers, mad people, folks the world has labelled "mentally ill", and those in solidarity with us.

Mad Pride is about:

- remembering and participating in mad history
- challenging discrimination
- advocating for rights
- affirming mad identities
- developing and empowering mad communities
- having fun!



Our lives and contributions are valuable and need celebration!

All events are free. Past events have included: educational talks/panels, workshops, theatre, music, art, poetry, comedy, films, craft/vendor sales, information booths, and more.

The Mad Pride Toronto 2012 Organizing Committee invites event submissions that are consumer/survivor driven. Please include contact information and a brief description of the proposed event/your idea.

Deadline: Friday, June 1st, 2012 **New Date !!**

Email: events@madprideto.com or call Naomi at 416-516-1422 x 250.

To request posters/brochures or if you know a group/organization we should speak to more about Mad Pride, please email us at outreach@madprideto.com.

Check out our website at www.madprideto.com and add us on Facebook (Mad Pride Toronto).

The schedule of Mad Pride Toronto 2012 events from July 10-15 will be available on our website, Facebook, and in the July 1st edition of the Consumer/Survivor Information Bulletin.

Our **next meetings** will be Monday May 28, 2012 from 5 - 6:30 pm; and Monday June 11, from 5 - 6:30 pm. These meetings will be held at Sistering (962 Bloor Street West - one block West of the Delaware exit of Ossington subway station). Accessible. We welcome mad people and friends of all genders.

C/S INFO CENTRE'S 20TH ANNIVERSARY COLLECTION WILL BE A FACEBOOK PAGE – SEND US YOUR PICTURES, COMMENTS, QUOTES...

We're 20 years old this year and we'll celebrate with a party at our Annual General Meeting in the fall. Before that, we want to collect written words, art, digital submissions, really anything you'd care to send us about The C/S Info Centre or The Bulletin over the years and what either might have meant to you. Please send us your contributions to the project. csinfo@camh.net



Are you a professional with a disability? Are you looking for work?

The **Workplace Essential Skills Partnership (WESP)** is a FREE dynamic cross disability employment program for professional job seekers with disabilities.

- Increase your confidence and grow your network
- Enhance your resume, cover letter, and interviewing skills
- Gain exclusive access to WESP Career Development Sessions
- Access employers hiring qualified candidates with disabilities

**Income Supports (ODSP, OW, EI, etc.) are
NOT REQUIRED to attend WESP**

**Registration is now OPEN for our
May 22 & July 16 workshops**

Contact our Intake Coordinator for more information or to book an intake appointment – **self referrals are welcome!**

416 486-2500 x 8307

wesp@ccrw.org

1929 Bayview Avenue, Toronto, ON M4G 3E8

THIS PROJECT IS BROUGHT TO YOU BY
THE CANADIAN COUNCIL ON REHABILITATION AND WORK (WWW.CCRW.ORG)
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Straight From the Heart

Creative Spirit Art Centre Annual Fundraiser

Works by established, emerging and Creative Spirit Artists

Live + Silent Auction + Exhibition May 17 – 26, 2012

Opening Reception, Bidder Registration + Preview:

Live + Silent Auction: Saturday, May 26, 1:00 – 3:00 pm

We run on your generous support given in the spirit of kindness, creativity and a belief in the magic of community. We are powered by volunteers who provide professional skills and time and donors who give money, art supplies and art works. 100 percent of the proceeds of the fundraising goes directly to running the Creative Spirit Art Centre.

May 17-26, 2012 Please check the website for updates on the art works for auction. Opening reception and bidder registration: Saturday, May 19, 1-3 p.m. Final bids for silent and live auction: Saturday, May 26, 1–3 pm. Live auction bidding starts 2 pm. Silent auction bidding closes 2:30 pm.

Dedicated to advancing the creative power in artists with disabilities.

999 Dovercourt Road, Toronto, ON M6H 2X7

T: 416-588-8801 • F: 416-588-8966

E: csac@creativespirit.on.ca • www.creativespirit.on.ca

Human creativity is a basic urge [...]. In certain individuals it will inevitably surface and nothing can stop it" John Maizels

Inquiry into the 'Schizophrenia' Label

An independent Inquiry into the 'Schizophrenia' Label has been launched on 16th April 2012 by a group of organizations and individuals concerned about the meaning and usefulness of 'schizophrenia' and similar labels such as 'psychosis'. The Inquiry aims to investigate the impact this label has on people's lives and to collect evidence from people, including mental health service users and carers, those (including professionals) who use these labels to describe mental health problems in other people, and those who have concerns about the use of such labels.

Please visit the website www.schizophreniainquiry.org for more information and to submit evidence to the Inquiry. You can submit evidence via the website by completing a questionnaire or writing to us using our testimony form at <http://www.schizophreniainquiry.org/get-involved>

The evidence collected will be examined by an independent panel made up of service users, academicians and a lawyer. The panel will produce a report based on this evidence which will be forwarded to a range of organizations including NICE, the Royal College of Psychiatrists, other professional and statutory bodies, private and third sector organizations, and the Department of Health.

This Inquiry has no financial ties to any organization and is supported by around one hundred individuals and over 20 national and international organizations. You can also use the website to register your support and to spread the word about the Inquiry.

Please email info@schizophreniainquiry.org if you need any further information.

(FYI - There will be a presentation by this group at Mad Pride in July. Helen)

SAFEGRAD

From Melissa Rennison from the Middlesex-London Public Health:

I wanted to share with you all some amazing “**safer partying**” **message videos** that were **created by youth** in the Middlesex-London, Oxford, and Elgin area as part of our **SafeGrad PSA Video Contest**.

Go to www.safegrad.com and click on “**2012 PSA Contest Winning Entries are Here**” in the bottom left hand part of the front page you’ll see our top 4 placing videos.

Our **SafeGrad mission** is “To equip high school students with information, skills, peer support and community support to plan safer celebrations, not just for grad or prom but throughout the year”.

Melissa Rennison, RN, BScN, BA

Public Health Nurse, **Middlesex-London Health Unit**, 50 King Street London, ON N6A 5L7
melissa.rennison@mlhu.on.ca, Tel 519-663-5317 x 2252

RESEARCH STUDY ON YOGA FOR TRAUMA SURVIVORS

Do you experience flashbacks, problems sleeping, anxiety and/or severe distress? If you are over the age of 18 please join us for an 8 week research study on Yoga for post-traumatic stress. The yoga in this study is easy to learn and does not require flexibility or physical fitness. Participation will require a screening and assessment, 8 weeks of classes and completion of questionnaires and interviews.

Next 8 week session begins: June 6 and 7, 2012. For information please call: 416-934-4524

Email: farah.jindani@utoronto.ca

Ontario Institute for Studies in Education, University of Toronto

Places to go... People to see...

Free and Low-Cost Events for **May 16 - 31, 2012**

For TTC information call 416-393-4636 (INFO) or visit the [TTC website](#).

Art

Daily to May 27 from 8:00 am – 7:00 pm. **Telling a Story. Photographs by Dale Reid** that create a unique emotional experience for the viewer. The Gallery Studio Café, 2877 Lake Shore Boulevard West. 416-560-9227 www.dalemreidphotography.com Free

Daily to May 30. Various times. **Contact**. Toronto’s month-long photography festival features exhibitions, public installations, workshops, talks and more. Various venues. 416-539 -9595 <http://scotiabankcontactphoto.com> FREE

COMEDY

Mondays to Dec 31 from 8:00 – 10:00 pm. **The Monday Night Variety Show** at Black Swan Comedy. Improv comedy, stand up, clown, music, magic, storytelling, author’s readings and much more. Black Swan Tavern, Second Floor, 154 Danforth Avenue. 416-903-5388 www.blackswancomedy.com PAY WHAT YOU CAN

CYCLING

Fri 25 at 6:30 pm. **Critical Mass Ride**. A group bicycle ride through the downtown takes place the last Friday of every month. Meet on the South East corner of Spadina Avenue and Bloor Street West. info@cmtoronto.ca <http://www.cmtoronto.ca> FREE

ENVIRONMENT

Thurs 17 from 4:00 – 6:00 pm. **32 Spokes at Environment Day.** Beaches bike union gives tips for simple bike maintenance and cycling route advice. Ted Reeve Arena, 175 Main Street. 416-694-6893 <http://bit.ly/IJS5AH> FREE

Tues 22 at 6 pm. **The Benefits of a Blue & Green Neighbourhood.** Workshop on how naturalized landscapes and an urban forest can reduce your home's energy demand and improve air quality. Annette Library, 145 Annette Street. 416-393-7692 projectneutral.org FREE

Sun 27 from 2:00 – 4:00 pm. **Nature Connection.** An indoor/outdoor nature-themed program with topics such as bird counts, plantings and wildlife identification. Downsview Park, 35 Carl Hall Road at Sheppard Ave West. 416-952-2192 www.downsviewpark.ca FREE

FESTIVAL

Sat 19 to Sun 21 from 11:00 am – 5:00 pm. **Toronto International Circus Festival.** Featuring unicyclists, fire-eaters, stilt walkers, balloon sculptors, crazy clowns and more. Harbourfront Centre, 235 Queens Quay West. 416-973-4000 <http://bit.ly/K14yfN> FREE

Sun 20 from noon to 9:00 pm. **Tastes & Sounds of Asia.** Live performances and food from various Asian cultures, community and cultural displays and children's activities. Mel Lastman Square, 5100 Yonge Street. 416-389-6046 <http://www.vatoronto.ca> FREE

Tues 29 from 4:00 pm to 7:00 pm. **Mimico Village Tulip Festival.** A great family fun day with rock climbing wall, carnival games, cookie decorating, community BBQ and more. Mimico Village, Royal York Road, between Evans Avenue and Newcastle Street. 416-251-1126 bill@kasselspharmacy.com FREE

FILM

Wed 23 at 4:00 pm. **Tiger Spirit.** A portrait of Korea and the psychic scars shared by families divided during and after the Korean War. NFB Mediatheque, 150 John Street. www.onf-nfb.gc.ca/eng/mediatheque or 416-973-3012 FREE

HISTORY

Sat 26 and Sun 27 from 10:00 am to 5:00 pm. (leaving on the hour, last tour leaves at 4 PM). **Tours of the 19th Century Patient Built Walls at CAMH** as part of Doors Open Toronto. Tour starts by the wall at the southwest corner of Queen and Shaw Streets. Everyone is welcome! See below for more details.....
<http://wx.toronto.ca/inter/culture/doorsopen.nsf/7810A7D0D6C0033D8525799C004D29F5/F8D12B2A300CD198852579A6000C5F47?opendocument> FREE

LECTURES

Thurs 24 from 5:30 - 7:30 pm. **Washing the Dirty Linen: Women Domestic Workers' Unions in Maharashtra, India.** Presentation by professor Shruti Tambe. OISE, Room 2-227, 252 Bloor Street West. 416-926-4751 cwse@utoronto.ca FREE

MUSIC

Tues May 29 from 12 noon – 1:00. **East Meets West:** Debussy and Tan Dun. Artists of the COC Orchestra, the Victory String Quartet. Inspired by the Canadian Opera Company's production of Handel's Semele. Four Seasons Centre for the Performing Arts, 145 Queen St W. 416-363-8231 <http://www.coc.ca> FREE

PETS

Sat 19 to Mon 21 from 11:00 am – 5:00 pm. **Fast n' Furry Pet Carnival.** Games and activities for all ages and breeds, plus canine sports demos. PawsWay, 245 Queens Quay West. 416-360-7297 pawsway.ca FREE

PROTEST

Sat May 26 at 2:00 pm. **Defend Social Housing.** Rally at Conservative MP Roxanne James office in Scarborough 1450 Midland Ave. Save federal subsidies for social housing! More info <http://defendoursocialhousing.com> or righttohousingcoalition@gmail.com FREE

READINGS

Thurs 17 at 5:00 pm. **The Power of More: How Small Steps Can Help You Achieve Big Goals.** Marnie McBean launches her book. Ben McNally Books, 366 Bay Street. 416-361-0032 <http://www.benmcnallybooks.com> FREE

Sat 19 at 8:00 pm. **How I Killed Pluto And Why It Had It Coming.** Talk by planetary astronomer Mike Brown. Medical Sciences Building, 1 King's College Circle, University of Toronto. uoft.me/mikebrown FREE

Wed 23 at 7:00 pm. **Crossing The Continent.** Michel Tremblay & Sheila Fischman reading and discussing their new work. North York Central Library Auditorium, 5120 Yonge Street. 416-395-5535 torontopubliclibrary.ca FREE

Wed 23 from 6:00 – 8:00 pm. **Back Alleys and Urban Landscapes** by Michael Cho. Book launch with a gallery exhibition. Type Books, 883 Queen Street West. 416-366-8973 www.typebooks.ca FREE

TRIVIA

Wed 16 and 23 at 9:00 pm. **That's So 90s Trivia Night.** Test your knowledge and win prizes. W.A.Y.L.A. Bar, 996 Queen Street East. 416-901-5570 www.waylabar.com FREE

WALKS

Sundays at 2:00 pm and Wednesdays at 6:00 pm to Oct 21. **ROMwalks 2012. Walking Tours of Toronto.** A chance to learn about and explore your city. Various meeting places. 416-586-8097 www.rom.on.ca Most walks are FREE

To subscribe to The Bulletin call the Consumer/Survivor Information Resource Centre of Toronto at 416-595-2882 or email us at csinfo@camh.net.

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**WORKING FOR CHANGE
AND PAT CAPPONI**
CORDIALLY INVITE YOU TO HEAR THE
STORIES OF COURAGE AND HOPE



WOMEN SPEAK OUT

**Thursday May 31st, 2012 at
1:00 pm**
**COUNCIL CHAMBERS, TORONTO
CITY HALL**

100 Queen Street West

Please RSVP to the link below:

<http://www.eventbrite.com/event/3498870215>

Refreshments provided after the speeches ,TTC Tokens also available.