

BULLETIN

#488 June 16-30, 2013

Consumer/Survivor Information Resource Centre of Toronto, 1001 Queen St. West, Toronto
Phone Hours: M-F from 9-5 / Drop-in Hours: M-F from 9-4
Tel: 416 595-2882 csinfo@camh.ca http://www.csinfo.ca/



Centre Updates

WE WANT TO HEAR FROM YOU! YOU MIGHT WIN A PRIZE!

Every so often, we like to check in with our readers and get their input so we can learn more about who is reading the Bulletin, and also to make it more interesting and engaging to read. Please take the time to fill out the survey on [pages 7 and 8](#) and return it to us by [July 15th, 2013](#). Regular mail subscribers can return the survey using the enclosed SASE. Email subscribers can send it by email to csinfo@camh.ca or drop it off at the Centre. *Please include your name and phone number or email address if you wish to be entered in a draw for a chance to win one of three gift cards worth \$25.*One entry per person.**

Our next Bulletin is the annual [Mad Pride Program Issue](#) - stay tuned for all Mad Pride, all the time!

Helen & Andrea

Community Announcements



Mad Pride 2013 – Let's Celebrate!

This year marks the 20th anniversary of Mad and psychiatric survivor pride celebrations in Toronto. For further info on the history of Mad Pride in Toronto, check out C/S Info Bulletin issues #374 and #398 online at www.csinfo.ca. It's also exciting to see Mad Pride festivities popping up across Canada – in such places as Vancouver, Winnipeg, Montreal, Moncton, Halifax, Ottawa, and Hamilton. Numerous other cities and countries are participating around the world (see www.mindfreedom.org/campaign/madpride).

If you can, come celebrate with **Mad Pride Toronto** (www.madprideto.com) from **July 8-14** or check out Mad Pride Hamilton (www.facebook.com/MadPrideHamilton / mad.pride.hamilton@gmail.com) at the end of July. The schedule of events for Mad Pride Toronto 2013 will be in the next issue of the Bulletin and available on our website and Facebook page. Everyone is welcome!

Can't make it to Mad Pride Toronto this year? Celebrate where you are (and let us know what you're up to by emailing outreach@madprideto.com so we can spread the word) Need ideas for how to celebrate? Visit www.madprideto.com.

Mad Pride Toronto Announcements:

1. **Help us with outreach** by printing off brochures and flyers from our website (www.madprideto.com) and distributing them! Email outreach@madprideto.com to request copies.

2. If you'd like to **request an outreach presentation** for your group/organization, email outreach@madprideto.com.

3. **Table at our Mad Market!** If you self-identify as a consumer/survivor and would like to display/sell your art, crafts, buttons, t-shirts, gear, knitting ,zines, books, music, baked goods or promote your blog, website, group, network, idea, consider requesting a table at the Mad Market on July13th. Email outreach@madprideto.com.

4. **Volunteer!** We are looking for people to take on specific tasks for specific blocks of time. These include:

- drivers
- vehicle loans
- staff the information booth sell t-shirts
- hang up posters around the city
- hang up/take down event-specific signs to direct traffic
- note-takers for workshops
- attendant care
- ASL interpreters
- real-time captioning
- guides (help people get around, know where to go)
- friendly faces to welcome people
- run the technology (sound system, PowerPoint)
- prepare and serve food
- childcare
- heavy lifters for set-up/tear down/moving tables and chairs
- marshals for the Bed Push Parade



There will be a Mad Pride volunteer orientation session on Friday, June 28th from 3 pm to 5 pm in Room B-40 at CAMH, 1001 Queen Street West, in the basement of Unit 4.

Email volunteers@madprideto.com or leave a message at 647-931-7563.



PSAT - Psychiatric Survivor Archives of Toronto

Annual General Meeting of Psychiatric Survivor Archives Toronto: Seventh Annual General Meeting
Saturday July 20th 2013, from 1 to 4 pm.

Room 106 (1st Floor), 519 Church Street Community Centre

Hear about past activities! Decide future directions! Debate bylaws! Elect board members for the year ahead!

Make history! Everyone is welcome! Wheelchair Accessible. Light Refreshments

RSVP: friendlyspike@primus.ca

Call for Research Participants

Note: *Remember to always consider the risks and benefits of taking part in a research study.*

Are you 50 years or older and have a diagnosis of schizophrenia or schizoaffective disorder? If yes, you may be eligible for a research study that involves dose reduction of your antipsychotic medication with careful monitoring. This study will also involve brain imaging procedures. We are looking for individuals who: 1) are taking Olanzapine or Risperidone; 2) are age 50 or older; 3) are not using any street drugs; and 4) have been well for at least 12 months. For more information, or to find out if you are eligible, please call us at 416 535-8501, ext. 77392. Compensation will be provided. CAMH is a Pan American Health Organization Collaborating Centre and is affiliated with the University of Toronto.

Employment & Training



Part Time Drop In Assistant – Saturdays and Sundays

Salary: 18.02/hr.

The Food Access/Drop-In Program is a daily program that provides support to individuals who need assistance. The Drop-In provides free access to healthy meals, phone, fax and internet, informative and skill-based workshops, shower and laundry facilities, volunteer opportunities and personal support for community members, especially for homeless, low-income and other vulnerable community members.

KEY RESPONSIBILITIES:

- Supporting the work of the Drop-In program;
- Planning and implementing the group objectives with its members;
- Motivating, helping to direct, and supervising volunteers
- Strengthen existing community partnerships and exploring new partnerships, particularly within the low-income neighbourhoods;
- Provide support and act as a resource to local food access initiatives;
- Work with the Drop-In team to organize community-wide food events and festivals that will involve community organizations and residents;
- Fulfill tasks related to the position (e.g. working in the kitchen, daily maintenance, and programming) developing and implementing program structure, behavioral guidelines and procedures with staff team
- Assisting with outreach, orientation and training of volunteers
- Participate in the daily set up and closing of the program site, including effective care of program materials and equipment under the guidance of the senior team members
- Participating in regular staff meetings, completing daily logs and incident reports as required

QUALIFICATIONS:

- An excellent understanding of the systemic issues and challenges experienced by the homeless population is essential;
- Experience working in the non-profit sector is required;

- Experience in Crisis Intervention is required;
- Experience in Advocacy (criminal justice, health, housing, social services, etc.);
- Knowledge in accessing a variety of systems (income assistance, housing, health, addictions, etc.);
- An understanding of the impact of colonization, victimization, drug use and how they relate to wellness;
- Advanced ability in setting and maintaining professional boundaries and the roles within a peer inclusive structure;
- A clear understanding of harm reduction practices;
- Possess excellent verbal and written communication and conflict resolution skills;
- Proficiency in Microsoft Word, Outlook, and Excel is required;
- Successful completion of a diploma or certificate in counseling, victim services, social services, and/or an equivalent in education and/or work experience is an asset;
- First Aid certification is considered an asset;
- Self care and personal wellness are mandatory in this environment;
- Ability to prioritize tasks, take initiative when needed and work within a team structure.
- A Police Reference Check will be required as a condition of employment

Please email resume to deborah@conc.ca. **Deadline for applications is June 18, 2013.** For more info see www.charityvillage.com.

Elevating Entrepreneurs: Building New Direct Business Networks for Entrepreneurs

Guest Speaker: Brian Halladay

Having Trouble Perfecting your “Elevator” Speech? Don’t know what to say about yourself and your business when meeting new people?

June 20 from 10 am to noon at Metro Hall Employment Centre Meeting Room, Main Floor, 55 John St.

Individuals can self-register for this event through our Employment Centre portal at <http://tinyurl.com/oo4kady> or contact reception at 416 338-2749.

Useful Job Search Websites:

Charity Village: www.charityvillage.com

Monster: www.monster.ca

Government of Ontario web site for Mental Health Jobs: www.workinginmentalhealth.ca

Jobs in Arts and Culture: www.workinculture.ca

National Job Bank: www.jobbank.gc.ca

Jobs with the Government of Canada: www.jobs-emplois.gc.ca

Jobs with the Government of Ontario: www.gojobs.gov.on.ca/Jobs

Jobs with the City of Toronto: www.toronto.ca/employment

Things To Do...

Free and Low-Cost Events

For TTC information call 416 393-4636 (INFO) or visit the TTC website.



Canada Day

June 28-July 1, Weekend Celebrations at Harbourfront Centre. This Canada Day weekend, celebrate a new chapter in our history as we officially open the brand new Canada Square with music, dance (lots of dance!), food and spectacular ‘Canada Eve Fireworks’ presented by the Ontario Lottery and Gaming Corporation, on Sunday, June 30. 235 Queen’s Quay West. Free

Festivals

June 21-30, Toronto Pride. One of the largest Pride celebrations in the world, with an estimated attendance of over 1 million people, the Toronto Pride event includes a three-day street festival (Friday, June 28 to Sunday, June 30), a special Family Pride program, a Dyke March (Saturday, June 29), A Trans March (June 28) and the fabulous Pride Parade (Sunday, June 30). Learn More at www.pridetoronto.com/festival/events-calendar#1. Free



June 22, The Junction Summer Solstice Festival 2013

Presenting The Junction Summer Solstice Festival- the first festival of the Summer Season, celebrating the longest day of the year. You can learn all about the Junction by enjoying a full day of activities and events. Celebrate DIY culture, love for art, design and music. Stay around for a special Junction Flea Night Market, movie screening, enjoy the bustling nightlife. Dundas Street West and Keele Street. Free

Lectures

June 24 from 6:30 to 8:15 pm. **Book Self-Publishing: Production, Marketing, and Distribution.** Are you a writer? Are you also an aspiring author? This information is for you if you are considering book self-publishing as an alternative to the trade publishing route. In our information session, we will explore all areas that Canadian writers need to consider to successfully self-publish. These include the importance of ISBN registration; marketing considerations, i.e. press releases, advertorials, and book cover design; book self-publishing alternatives; how to get your books in online and in "brick and mortar" bookstores; "Do I need a publicist?"; the importance of a copy editor; and how to protect yourself legally in the contractual process associated with self-publishing services. Register at Information Desk or call 416 394-5247. Brentwood Library, 36 Brentwood Road North. Free

June 25 from 1 to 3 pm. **The Secret City: An Occult History of Toronto.** Professor Gillian McCann (Nipissing University, PhD from UofT) discusses her research revealing a completely different picture of Toronto in the Victorian/Edwardian period than the one most people have in their minds. Drawing from her book, Vanguard of the New Age: The Toronto Theosophical Society 1891-1945, Dr. McCann argues that members of the occult movement participated in a variety of important debates around labour issues, women's rights, alternative religion, pacifism and socialism. Toronto Reference Library, 789 Yonge Street. Free



Markets

June 16 from 10 am to 3 pm. **Leslieville Flea.** Located in the heart of Leslieville, the Leslieville Flea is the newest addition to the district's ensemble of groovy shops and stops. Held the third Sunday of the month behind the Duke tavern at Queen Street East and Leslie Street. Expect plenty of salvaged goods and curios for your home, beautiful jewelry, textiles, upcycles, furniture and more.

Music

June 21 from 5:30 pm to 8:30 pm. **Make Music Toronto.** All music lovers are invited to Mel Lastman Square to play, sing and listen to music. This free event is organized by Alliance Française de Toronto in partnership with John Filion, Conseil scolaire Viamonde, Toronto Public Library and North York Arts. For additional information and to register, please visit www.makemusictoronto.ca Contact: Anna and Oceane 416.922.2014 or culturel@alliance-francaise.ca Make Music is a free musical celebration that takes place each year on June 21 in more than 110 countries and 460 cities around the world! This year, the party's taking place right here in North York! Mel Lastman Square, 5100 Yonge Street. Free

National Aboriginal History Month

June 26 from 10 am to 8 pm. **Aboriginal History Month Celebration Event @ Yonge & Dundas Square!** – The Native Canadian Centre of Toronto will be holding our annual event. This year, we have an exciting line-up of entertainers, craft vendors exhibiting and selling their wares with Derek Miller headlining! Corner of Dundas and Yonge Streets. There are events happening throughout June, so please visit www.ncct.on.ca/events.php to view the complete schedule or call 416 964-9087.

Jun 18 from 1:30 to 3:00 pm. **Wisdom Box.** Native culture uses many earthly objects to honour their tradition and history. Join elder Cheryle Jacobs as we unpack the Wisdom Box and learn about First Nations life and culture. For all ages. Annette Street Library, 145 Annette Street. Free



Walks

June 23 from 2 to 4 pm. **ROMwalks: Whiskey, Wharf and Windmill.**

Walking through the distillery district we will encounter a variety of structures built outside of the boundaries of the historic Town of York which have been adapted for use today. This year there are added highlights from the War of 1812. Walk is free of charge and takes place rain or shine.

Location Starting Point: King and Trinity Streets

Look for the blue ROMwalks umbrella. TTC Access: 504 King Streetcar (Trinity Street stop).

Contact 416 586-8097.

June 30, Pedestrian Sunday in Kensington Market. Now in its tenth year, Torontonians and visitors alike can enjoy this culturally rich, open air market at a relaxed pace. With its independent spirit, artistic murals and over 240 eclectic businesses, Kensington Market has something for everyone. College Street and Augusta Avenue. Free

To subscribe to The Bulletin call the Consumer/Survivor Information Resource Centre of Toronto at 416 595-2882 or email us at csinfo@camh.ca.

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Disclaimer: The views expressed in articles, opinions and announcements published in the Bulletin do not necessarily reflect those of our funder, the Ministry of Health and Long - Term Care, C/S Info Staff, Volunteers or Board Members. Mailing Address: C/S Info Centre, c/o CAMH, The Mall, 1001 Queen Street West, Toronto, ON M6J 1H4.

How about converting to email and doing a favour for our planet? Call the C/S Info Centre at 416 595-2882 or email us at csinfo@camh.ca. Your Mother Earth will thank you. **Helen & Andrea**

BULLETIN SURVEY

Thanks so much for taking the time to participate in the survey. Feel free to attach any additional suggestions and comments. Don't hold back. Now's the time to speak up! Remember: we work for you! We will publish the findings in a future edition of the Bulletin. **Winners of the Gift Card draw will be informed by July 23, 2013. Helen & Andrea.**

Name: _____ Contact Info: _____

1. How do you subscribe to the Bulletin?

- By email By snail mail

2. I don't subscribe, I read it at:

- My worker's office My doctor's office My friend's place

- A shelter A drop-in

Other: where do you read the Bulletin? _____

3. I am a:

- Consumer/survivor Mental health worker

Other _____

Feel free to check all that apply.

4. I found out about the Bulletin:

- While I was a psychiatric inpatient From a worker/ mental health professional

- From a friend From the internet

Other: How did you find out about us? _____

5. How long have you subscribed to the Bulletin? _____

6. What is your favourite section of the Bulletin?

- Centre Updates Computer Column Guest Column

- Employment Matters Community Announcements Things to Do

7. What is your least favourite section of the Bulletin?

- Centre Updates Computer Column Guest Column

- Employment Matters Community Announcements Things to Do

8. At the centre, we hold a tax clinic run by volunteers. Have you ever had your taxes done by us?

- yes no

9. Have you ever visited us online?

at www.csinfo.ca on Facebook on Twitter

10. What you would like to see more of in the Bulletin?

11. We frequently offer workshops or information sessions. Is there a particular topic or issue you would like learn more about? Help us brainstorm using the space below:

12. We have a lot of information about community resources in our office. Is there a particular kind of information you think we should have more of? Less of? Tell us how you think we can meet the information needs of the consumer/survivor community better.

13. Information our funder, the Toronto Central Local Health Integration Network, likes to know:

What is your age? _____

What is your gender? _____

What is your postal code? _____