

MEETING THE INFORMATION NEEDS OF CONSUMERS/SURVIVORS IN THE TORONTO AREA

THE CONSUMER/SURVIVOR INFORMATION RESOURCE CENTRE OF TORONTO

1001 Queen St. West, Toronto M6J 1H4

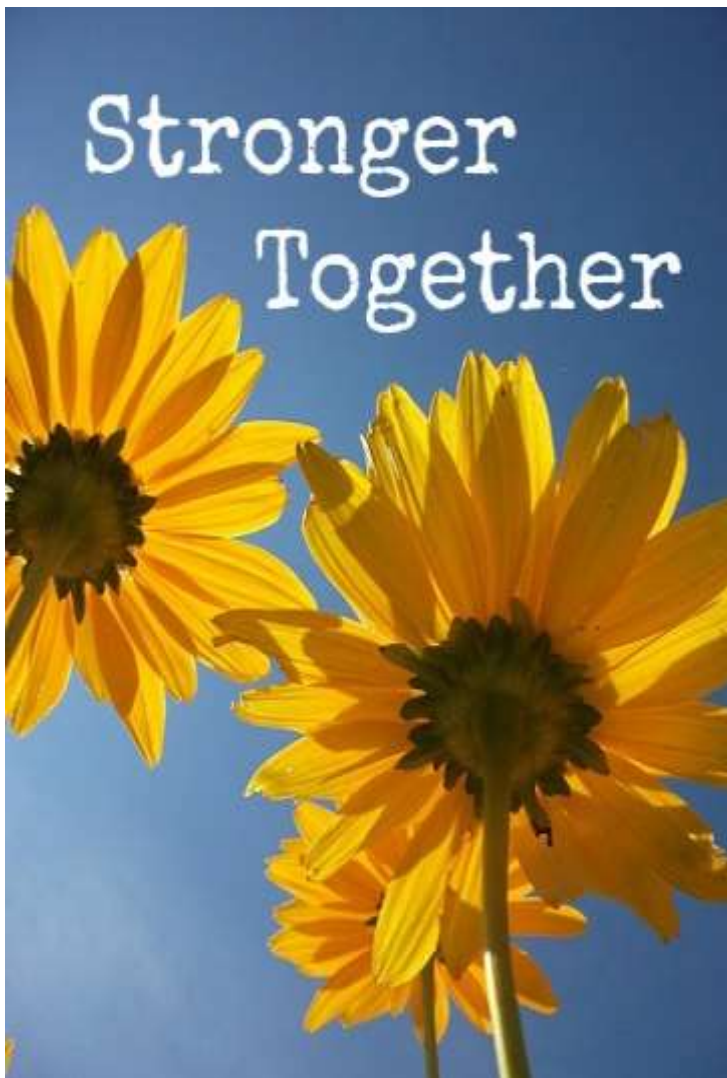
Phone Hours: Monday to Friday from 9am to 5pm • Drop-in Hours: Please call ahead of time
416 595-2882 • csinfo@camh.ca • www.csinfo.ca

Our Mission

Drawing on the collective knowledge and lived experience of the mental health and addictions community, C/S Info provides information and resources to improve the quality of life and sense of community for all.

Table of Contents

Upcoming C/S Info Workshops	2
Community Supports and Announcement	3
Holiday Meals	4
Shelter Information	4 - 5
Article: "Starting Now..." by Helen Hook	7
Career Development	8
Things To Do	10



C/S Info News

- ◆ Happy holidays from all of us at C/S Info! We hope all our readers have a happy and healthy holiday season!
- ◆ Please be aware that drop-in hours are changing. At time of printing, new hours are not yet set, so please call ahead before dropping in. Thank you!

"The indispensable first step to getting what you want out of life is this: decide what you want."

- Ben Stein (actor/political pundit)

How has the Bulletin made a difference in your life?

Thank you to our readers for sending us your stories! November 2017 marked the 25th anniversary of the Bulletin. We love learning how C/S Info and the Bulletin have impacted peoples' lives.

Upcoming C/S Info Workshops:

Disclosure and Accommodation in the Workplace

Friday, January 12, 2018: 1:00 pm - 3:00 pm

CAMH, 1001 Queen St. West, Training Room A, Free

Please call to register: 416-595-2882 or email: csinfo@camh.ca

Accommodation

- What it is
- **What it isn't**
- How you might ask for it
- When you might ask for it
- Employer obligations
- Employee obligations

Disclosure

- Reasons for disclosing
- Is it necessary or advantageous to disclose
- Who would you disclose to
- When might you disclose
- Police checks/criminal records

Workshop led by: David Oddie, B.Sc., M.A., M.S.W., R.S.W:

David is a Social Worker with 33 years working in vocational rehabilitation (assisting individuals/groups who have barriers to employment and/or education) as a front-line clinician, manager and rehabilitation consultant to insurance companies (car, Long Term Disability) and Workers Safety & Insurance Board (Labour Market Re-entry). He is Currently employed at the Centre for Addiction & Mental Health (since 2001) as a member of the Social Determinants of Health (SDH) Service, part of the Complex Care & Recovery Program.

Beads, Bagels and Banter!

Friday, December 22, 2017: 1:00 pm - 3:00 pm

CAMH, 1001 Queen St. West, Unit 4, Room 186

Join us for a free bracelet-making workshop right before the holidays. Make one for you and one for a friend.

Space is limited, please call us at: 416-595-2882 or email: csinfo@camh.ca to register for this workshop.

This workshop is free of charge, refreshments and TTC tokens will be provided.

Holiday Insights Walk

Wednesday, December 20, 2017: 10:45am - 12pm

Parkdale Library, 1303 Queen St. West, Toronto -

outside at "the globe" or inside library doors if cold/raining

- Meet at 10:45am, leave at 11am
- Bring a beverage to keep warm and hydrated
- Accessible with assisted devices
- Everyone is welcome, including pets!

parkdalewalkinggroup.wordpress.com

The Housing Stop Workshop

Friday, January 19, 2018, 1:00 pm – 2:30 pm

CAMH, The Mall, Training Room A, 1001 Queen Street West, Toronto

In this free workshop, facilitated by Britney Bennett, participants will get an overview of the Housing Connections application process, including:

- eligibility and how to apply for subsidized housing
- the Toronto Transitional Housing Allowance (TTHA)
- the Toronto Portable Housing Allowance (TPHA).

Britney is a second year Community Worker student from George Brown College, and is completing her placement at C/S Info. Her professional interests are in poverty reduction, mental health, addiction, housing and homelessness.

Snacks, beverages and TTC tokens will be provided.

To register, please call 416-595-2882 and leave your name and phone number.

Community Supports and Announcements

Wheel-Trans now available for all disabilities!

TTC Wheel-Trans provides a safe and reliable transit option for persons with disabilities to travel with freedom and dignity. Applicants may be eligible for Wheel-Trans service if their disability prevents them from using TTC's conventional transit for all or part of their trip.

Disabilities may be permanent and/or temporary and are those identified in the Ontario Human Rights Code including, but not limited to physical, sensory, cognitive and mental health disabilities.

If your disability prevents you from using conventional transit some or all of the time, then you may wish to apply. Eligibility is not based on disability type, income or age. It is based solely on the presence of a disability that impacts a person's ability to travel on conventional transit.

Visit the website for the application and for more information:

<http://www.ttc.ca/WheelTrans>

Computer Help!

Martha Gandier offers fellow consumers/survivors free over-the-phone or remote online computer advice and support with computer repairs, upgrades, installations, networking, virus and spyware scans as well as clean-ups, coaching in MS Office, etc.

She can be reached at: gandier47@hotmail.com or if your computer is in really bad shape, and you can't even email, call the C/S Info Centre at: 416-595-2882 and we'll email Martha for you.

If you have any computer article suggestions for Martha please let her or us know!

To see previous articles by Martha, please go to C/S Info's The Bulletin page on the website.



The Works Van

On the road Mon. - Sat. from 6:30pm – 11:30pm

Some services include:

- distributing harm reduction supplies & counselling
- testing and vaccinations

Drop In: 277 Victoria St. from Mon. - Fri., 10am - 5pm

Outreach Van: Mon. - Sat, 6:30pm - 11:30pm (call after 4:30pm to make an appointment) phone: 416-392-0520

City of Toronto Free & Low-Cost Recreation Programs

The City of Toronto has free and low-cost programs at 38 centres across Toronto. For the full list of locations and links to each centre, go to:

<https://www.toronto.ca/explore-enjoy/recreation/free-lower-cost-recreation-options/>

The City of Toronto's Welcome Policy provides a fee subsidy to help individuals and families with low-income who live in Toronto access City-operated recreation programs. If you are approved for Welcome Policy, you will receive an annual financial credit that can be spent on any of the recreation programs offered by the City throughout the year.

People who receive Ontario Works automatically meet the income requirements and should speak with their caseworker to access the program. People who receive ODSP and Assistance for Children with Severe Disabilities (ACSD) also meet the income requirements, but are required to submit an application form with supporting documents (verification of ID, address and income).

For more information, go to: <https://www.toronto.ca/commnity-people/employment-social-support/child-family-support/subsidy-for-recreation-programs/>

"It's the possibility of having a dream come true that makes life interesting."

- Paulo Coelho (writer)

Community Supports and Announcements

Holiday Meals

Everyone should have the opportunity to share a warm meal with others, especially at the holidays. Here is a list of some of the free holiday meals occurring in Toronto in December.

Davenport Perth Neighbourhood and Community Health

Monday, December 18, 2017, 5:00 pm
1900 Davenport Rd, Toronto, ON M6N 1B7
All are welcome.
For more information: (416) 656-8025

Gateway Salvation Army

Monday, December 18, 2017, 4:30 pm
107 Jarvis St, Toronto, ON M5C 2H4
Arrive at 1:00 pm to secure a meal ticket.
For more information: Stacy: 416-368-0324

Good Shepherd

Tuesday, December 25 2017, 12:00 pm – 2:30 pm
412 Queen Street East Toronto
All are welcome. Wheelchair accessible.
For more information: 416-869-3619

Roncesvalles United Church

Sunday, December 17, 2017, Buffet Lunch: 1:00pm. Dinner: 5:30pm.
214 Wright Ave, Toronto (in the gym)
All are welcome.
For more information: 416-536-1755

Scott Mission Ministry and Drop – In

Monday, December 25, 2017. Brunch: 10:30 am. Lunch: 11:30 am
502 Spadina Ave, Toronto, ON M5S 2H1
Wheelchair accessible. Adults only.
For more information: 416-923-8872

Syme Woolner/Janes Place

Monday, December 25, 2017, 1:30pm - 3:00pm
2468 Eglinton Ave W, Toronto
All are welcome. Wheelchair accessible.
For more information: 416-766-4634

The 519

Sunday, December 17, 2017, 6:00 pm – 8:00 pm (LGBTQ)
Monday, December 18, 2017 6:00 pm – 8:00 pm (Trans only)
519 Church St, Toronto, ON M4Y 2C9
Offered to lower income, street-active, homeless and sex-working trans women, trans men, genderqueer and questioning people.
Meal Trans provides a safe space where individuals can hang out with friends and share experiences.
For more information: Robyn: 416-392-6874

Weston King Neighbourhood Centre

Tuesday, December 19, 2017, 5:00 pm
2017 Weston Rd, North York
Wheelchair accessible, all are welcome.
For more information: Patricia: 416-241-9898

For more information for the City of Toronto's free and low-cost meal locations, go to <https://www.toronto.ca/community-people/housing-shelter/homeless-help/#meals>. The site can be searched according to eligibility, meal types or days.

City of Toronto Shelter Information

Call 311 or Central Intake at 416-338-4766 or 1-877-338-3398 for emergency shelter.

Youth and adults can get a walk-in referral from the Streets to Homes Assessment and Referral Centre at 129 Peter St., which also has a street respite with a drop-in, snacks and access to showers.

The shelters listed can be contacted directly, but may not have available space. An online map of the city's shelters can be found at <https://www.toronto.ca/community-people/housing-shelter/homeless-help/#shelters>

Community Supports and Announcements

Dixon Hall Housing Supports

Overnight accommodation and services are provided 365 days a year through two emergency shelters. Both shelters are staffed by front line workers, housing workers, a harm reduction worker, and include additional services provided by partner agencies such as health and mental health support.

Residents work with staff to transition from an unpredictable housing situation to more stable accommodations, such as **independent living, supportive housing or another form of housing that best suits each individual's needs.**

Long established partnerships with housing providers ensure effective transitions to stable housing and continued support for the men and women who rely on our services. <http://dixonhall.org/housingservices/>

A Tuesday Night Dinner and a Friday Morning Breakfast program at 58 Sumach St. aims to improve food security by providing access to healthy food in a community setting on a weekly basis. Volunteers help cook and serve food to participants.

Heyworth House

- 2714 Danforth Ave., Toronto
- 83-bed co-ed shelter with limited shared accommodation for couples
- For more information: Haydar Shouly, Heyworth House Manager: 416-691-0012 or email haydar.shouly@dixonhall.org

Schoolhouse

- 349 George St., Toronto
- 40-bed men's shelter which focuses on the use of the Harm Reduction philosophy.
- For more information: Harvey Stein, Schoolhouse Manager: 416-960-9240 or email: harvey.stein@dixonhall.org

"You and you alone are the only person who can live the life that writes the story that you were meant to tell. And the world needs your story because the world needs your voice."

- Kerry Washington (actress)

"We may encounter many defeats, but we must not be defeated. It may even be necessary to encounter the defeat, so that we can know who we are.

So that we can see, oh, that happened, and I rose.

I did get knocked down flat in front of the whole world, and I rose. I didn't run away—I rose right where I'd been knocked down. "

- Maya Angelou (writer)



© Elisheva Passarello | www.Elisheva.Photography

Community Supports and Announcements

Light Therapy Lamps Available at Toronto Public Library

Light therapy lamps are designed to mimic spring and summer light levels as a way to treat the "winter blues" or seasonal affective disorder (SAD). Each location has two lamps, available on a first-come, first served basis. The lamps cannot be taken out of the library.

Toronto Public Library has light therapy lamps available to the public at:

[Agincourt](#), [Brentwood](#), [Don Mills](#), [Fairview](#), [Malvern](#), [Maria A. Shchuka](#), [Parkdale](#), [Parliament](#), [Toronto Reference Library](#).

How to use a light therapy lamp?

Turn the lamp on and sit, read or work in front of it for 20-30 minutes. For sensitive users, gradual exposure is recommended. Sit about 2 feet away. Face the lamp and allow the light to shine on your face but not directly in your eyes. Do not stare directly into the light. Adjust the angle of the lamp to suit your position.

Are the lights safe to use?

People with certain medical conditions (retinal disease, macular degeneration or diabetes), and those taking certain medications (melatonin, thioridazine, or lithium) should consult a doctor before using light therapy lamps.

The light therapy lamp should not be viewed as a cure, and other measures including staying fit, sleeping well and eating healthy are also very beneficial for treating the symptoms of mood disorders. Use of the lamp is at your own discretion. Toronto Public Library is not liable for any health issues related to the use of the lamp.



© Elisheva Passarello | www.Elisheva.Photography

Support For Young Folks With Mental Health &/or Substance Use Challenges

LOFT's Community Evening and Weekend Treatment program offers a variety of open and closed groups designed to support youth, aged 16 – 25, living with mental health and/or who are using substances.

Groups are on Tuesday and Thursday evenings as well as on Saturdays. Using a variety of therapeutic modalities, including DBT, ACT and CBT, these groups provide youth the opportunity to engage with treatment, wellness and social skills.

The program also offers coordinated case management support where Com-

munity Treatment Workers meet one to one in the community with individuals to identify challenges and support them to achieve the goals they set for themselves. Assessment, supportive counselling, goal setting, skills teaching, system navigation, linking to resources, advocacy and monitoring are all aspects of an individualized coordinated care plan. For case management services please apply through the Access Point at:

<http://theaccesspoint.ca/>

Grounding Exercise to Combat Stress

This exercise can be done standing, sitting or lying down.

Close your eyes. Breathe slowly in through the nose, and feel the air travel down to your diaphragm; feel it expand as you inhale. Slowly exhale, as your abdomen naturally contracts. Imagine any tension or stress leaving your body along with your breath as you exhale. Do this as much as you like, focusing on feeling your body relax a little more with each exhalation.

Let any thoughts that enter your mind pass you by. If any thoughts seem persistent, blow them away as you would a fluffy dandelion, at the end of the summer.

Starting at your head, scrunch your face for a few seconds, then relax it. Do this with each part of your body, moving down to your feet. Continue to breathe.

Community Supports and Announcements

Throwback: A New Year's Article

By Helen Hook

Bulletin # 338, January 1, 2007

Starting Now...

It's that time again, when we make commitments to be better human beings. We look at our flaws and our failings and make our resolutions. Sometimes the behaviours we attempt to change in those resolutions don't last very long, and I think it may be because they start from that place of looking at our flaws and failings.

Instead, what if we look at our talents and our gifts and resolve to do more with those things? What if we like to sing, so we resolve to find more chances to sing? What if organizing fundraising events is a passion, and so we look around for a cause to believe in and work for, so we offer our talents?

How about if we love to knit, so we choose to knit hats and scarves at home for the people who just immigrated to Canada from a warm place? Or what if we choose to teach a knitting class for consumers/survivors at the drop-in centre or the hospital ward?

How would our lives be better, our spirits be brighter, and our world be a better place if we choose to do more of what we love, more of what we're good at and more of what makes our hearts joyful?

What if we start right now?

"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."

- Maya Angelou (writer)

"You have untold strengths and resources inside. You have your glorious self."

- Sue Monk Kidd (writer)

Community Supports for Times of Distress

Winter can be a wonderful time of year, but also can be a tough time for many of us. We hope our readers will have a safe and happy holiday season, but in case you find yourself struggling, we want to provide some resources. This is not a complete list, but is a good place to start if you need some help:

Progress Place Warm Line (open daily until midnight):

Call: 416-960-9276, text: 647-557-5882 or www.warmline.ca for an online chat.

Krasman Centre Warm Line (open 24 hours): 1-888-777-0979

Toronto Distress Centre (open 24 hours): 416-408-4357, Chat: 741741 (there is a pre-chat survey and you must agree to the terms and conditions of service). Online chat is available from 2pm - 2am: www.torontodistresscentre.com/ontx

Assaulted Women's Helpline: 416-863-0511 / TTY: 416-364-8762. Text: #7233. If outside Toronto, call: 1-866-863-0511/ TTY: 1-866-863-7868. Services available (including deafblind and hard of hearing) are available 24/7. www.awhl.org

Toronto Rape Crisis Centre/ Multicultural Women Against Rape: 416-597-8808. Crisis line is open 24/7. www.trccmwar.ca

Kids Help Phone: 1-800-668-6868. www.kidshelpphone.ca. Free anonymous phone and/or web counselling, 24/7.

Seniors Crisis Access Line: 416-619-5001. Mon.-Fri: 10am - 9:30pm. Sat & Sun: 10am - 6pm.

Victim Services Toronto: 416-808-7066. www.victimservicesutoronto.com

Career Development

Sound Times Seeks Community Service Interns

Multiple Positions Available

One Year Paid Internship, with shifts each day Monday through Friday

Afternoon and Evening Shifts Required

Location: 280 Parliament Street, Toronto

2340 Dundas Street West, Toronto

Sound Times is funded by the Toronto Central LHIN to provide individual supports, social support, educational, occupational and recreational opportunities, as well as advocating for members to get connected to community resources. As a peer initiative, all services are provided by individuals who use, or have used, the mental health system.

We are expanding our staff group to include Consumer/Survivors committed to completing a year-long intensive

internship. The goal of this internship is to acquire the skills, education and understanding necessary to seek employment with organizations affirming the value of lived experience for frontline social service work.

There is no minimum education requirement to apply, though the training will involve workshops and in-house classroom learning with assigned reading.

Candidates interested in applying should submit a resume (if available) to hire@soundtimes.com. Applicants lacking a resume should apply by means of a written submission outlining why they are a good candidate for this opportunity.

Deadline for applications is:
Wednesday, January 31st, 2018.

Not all applicants will be selected for an interview.

Toronto Youth Job Corps - West Neighbourhood House

Are you motivated to make a change in your life? The Toronto Youth Job Corps Program could be for you! The program offers team building, volunteering, life skills training, employment skills training, a simulated work environment and the possibility of a work placement.

Candidates Need to Be:

- Between 16-29
- Living in Toronto and not in school or employed
- Motivated to find employment, committed and eager to learn
- Reliable, accountable and ready to work

You Could Earn:

- Workers health and safety awareness in 4 steps completion certificate
- Smart Serve Certificate
- TYJC program completion certificate

Start Dates: J a n u a r y 1 5, F e b r u a r y 2 6

Call today to register for an info session or assessment!
416-848-7980 ex. 308 | Simonepe@westnh.org | 1033 King St. West

Cooking For Life

Monday, December 18
21 McGill St.

16 week paid pre-employment program that prepares youth for entry level employment in the culinary industry.

- Must be ages 16 - 26.
- Must have status in Canada and a valid SIN #
- Cannot be a full-time student or a recipient of EI benefits

Start dates: December 18, February 5

Contact Aleksander for further inquiries and registration:
asalao@covenanthouse.ca

Call For Board Members

Are you interested in being part of a board of directors with Accent on Ability, a charitable non-profit organization? Accent on Ability is currently looking for board members. The organization raises community awareness regarding physical activity and mental health.

Call 416-888-4198 or email jward775@gmail.com

Career Development

Volunteer with The Daily Bread Food Bank!

Frontline Food & Support Worker Positions

Are you interested in working to provide food and other support to the growing number of people using our food banks and/or accessing our member agency food programs? Would you like to build skills providing information, referral and other supports while increasing your own awareness of community resources and empowering community members in their own self-advocacy efforts?

Do you have current or past experience using food banks and/or living on a low-income, have experience in social service or community work, or an interest in gaining work experience in these and related fields?

Positions are available at the New Toronto Street Food Bank and/or the Information & Referral Centre at Daily Bread, and include roles as Food Distribution Worker Intake Support Worker & I&R Support Worker. If interested, please email us at volunteer@dailybread.ca. Please attach a resume and include a brief outline of your interest, skills and the personal qualities that you bring to the position, as well as your availability and contact information. Please include Frontline (or Food and Support) in the subject line. For complete posting: <http://www.dailybread.ca/wp-content/uploads/2016/08/FrontLineDescription.pdf>

For other volunteer opportunities at The Daily Bread Food Bank, please go to: <http://www.dailybread.ca/getinvolved/volunteer-details/volunteer-opportunities/>

“The gift that lies waiting for us, is growth; is change; is the possibility that something good comes from pain.

And when the crisis hits – when our world is turned upside down, - when we are afraid, will we have the strength, the wisdom, to embrace the gift that is there, and welcome it with open arms?”

- Being Erica, Season 4, Episode 3: epilogue

Holiday Drive Public Food Sorts

191 New Toronto Street, Toronto

Friday, December 22, 2017, 10am-12:30pm & 1:30pm-4pm

Wednesday, December 27, 2017, 10am-12:30pm & 1:30 - 4pm

Thursday, December 28, 2017, 10am - 12:30pm

Come help sort food for the holiday drive at Daily Bread’s warehouse! We encourage all volunteers to bring in donations of funds or food if possible.

Please note: wear comfortable clothes you don’t mind getting dirty and absolutely no open-toed shoes or high heels. Media may be onsite filming and taking photos. Thank you for joining the fight against hunger.

Go to <http://www.dailybread.ca/getinvolved/volunteer-details/volunteer-opportunities/public-food-sorts/holiday-drive-public-food-sorts/> for the registration link and more information.

Have you heard about Charity Village?

In addition to employment opportunities in the nonprofit sector, you can also search for volunteer opportunities, research organizations, create a profile, save job searches, read articles about employment, job searches and the non-profit sector, receive a free newsletter, as well as sign up for free webinars.

Visit: www.charityvillage.com to begin your search.

“What is the work you can’t not do?”

- Scott Dinsmore, “Live Your Legend”

Things To Do

December 2017 @LOFT

<p>Improv! With Bad Dog Theatre</p> <p>Tuesday, December 5th, 2017</p> <p>Join us for our once monthly Improv Group! In lieu of our usual ACT group, we will learn improv basics from our guest instructor, Lisa, from Bad Dog Theatre. No experience necessary!</p> <p><i>Drop-in welcome!</i></p>	<p>Tuesdays 6 - 7:30pm</p> <p>ACT-informed Recovery Group</p> <p>Skills for coping with, and thriving through, mental health and substance use challenges.</p> <p><i>Drop-in welcome!</i></p> <p>In The Game December 12th & 26th</p> <p>A group for folks with experience working in, or are currently considering, sex work.</p> <p><i>Drop-in welcome!</i></p>	<p>Wednesdays 4 - 5:30pm</p> <p>DBT Skills Training</p> <p>10 week skills training group.</p> <p><i>Registration required.</i></p> <p>Please contact tay@loftcs.org for information or to register!</p>	<p>Thursdays 4-7:30pm</p> <p>Drop-in 4-7:30pm</p> <p>Unstructured time to hang out with and get to know new people. Meet LOFT staff and peers. Enjoy food, video games, and board games in a safe, relaxed, and inclusive space.</p> <p>Life Skills & Homework Group</p> <p>Learn the skills you need to get through the day-to-day in this peer-led group. Develop the skills needed to thrive in school and get time to work on your homework! These groups will run during Drop-In and are optional to all participants.</p> <p><i>Come by and say 'hi' or stay all evening!</i></p>	<p>Fridays 2-3:30pm</p> <p>DBT Skills Training</p> <p>10 week skills training group.</p> <p><i>Registration required.</i></p> <p>Please contact tay@loftcs.org for information or to register!</p>	<p>Saturdays 1-3pm</p> <p>DBT 2.0: Comic Book Edition</p> <p>Participate in the collaborative creation of a DBT skills informed comic book. Artists, writers, editors, DBT experts, and wannabe's of all of the above encouraged to attend!</p> <p><i>Drop-in welcome!</i></p>
--	---	--	---	---	---

All groups (unless otherwise noted) are now hosted at the TAY Hub at 721 Bloor St. West (across from Christie Station), Suites 301 and 303. For more information please e-mail: TAY@loftcs.org or call or text **416-432-3195 / 416-434-9172**

Solstice Storytelling Walk with the Rivers Rising Ambassadors

Sunday, December 17, 2017, 2pm

Evergreen Brickworks. Meet at the Watershed Consciousness Wall.

We are one of many community groups committed to restoring the Don River watershed. "Lost River Walks" is a joint project of the Toronto Green Community and the Toronto Field Naturalists and community partners, including Hike Ontario, and has been voted one of the 24 best walking programs/trail systems in the province.

Join us on lost Mud Creek for a free magic walk at Evergreen Brickworks, the most beautiful restoration site in Toronto. Come early, or stay late and enjoy the festive winter village! Walks happen rain, snow or sunshine! Walk will be led by Helen Mills.

For more information, go to www.lostrivers.ca/

Things To Do

Winter Skating in Toronto!

Did you know the City of Toronto has 50 indoor skating rinks? Leisure skate programs run from October 2017 to March 2018. Skating is a great way to get some exercise and increase physical and emotional wellbeing. For a list of indoor rinks with links to each location and its hours, go to: <https://www.toronto.ca/data/parks/prd/facilities/indoor-rinks/index.html>

The city also has 52 outdoor rinks!

- ◆ Call 311 to check if outdoor rinks are open on warmer days.
- ◆ Outdoor rinks operate from 9am - 10pm, 7 days/week. Where available, washrooms and change rooms are open, but may close during holidays.
- ◆ Please note: skating on frozen bodies of water in Toronto is prohibited for public safety, except at Grenadier Pond in High Park (starting in January 2018).

Grenadier Pond's ice will be checked daily. Look for status flags: red indicates the ice is not safe, and yellow flags mean use at your own risk. Grenadier Pond doesn't have change rooms or lockers to store valuables, so only bring what you can carry. This location also doesn't have skate trainers.

The City of Toronto encourages all skaters to wear protective equipment.

For listings of outdoor rinks, go to: <https://www.toronto.ca/data/parks/prd/facilities/outdoor-rinks/index.html>

New and improved sledges are available. These are adapted skating devices to make arenas accessible for persons with a disability. To book a sledge, contact your district's adapted and integrated coordinator by phone or use TTY (for deaf callers with a TTY line):

- ◆ Etobicoke York District: 416-394-8533, TTY: 416-394-8534
- ◆ North York District: 416-395-6183, TTY: 416-396-6115
- ◆ Scarborough District: 416-396-7760, TTY: 416-396-4116
- ◆ Toronto & East York District: 416-397-4690, TTY: 416-392-4773

Holiday Fair in the Square

Friday, December 1 - Saturday, December 23, closed on Mondays

Nathan Phillips Square, 100 Queen St. West

Weekdays: 4pm - 10pm, Weekends: 12pm - 10pm,

Free admission

Returning for its second year to Toronto's Nathan Phillips Square, Holiday Fair in the Square is a European-style holiday market and carnival that will feature artisan crafts, gourmet snacks, a holly jolly Midway, Santa visits and skating on the Nathan Phillips Square ice rink. The fair is in support of Epilepsy Toronto.

<http://fairinthesquare.ca/>

Repair Café Toronto—Toss it? No Way!

Sunday, December 3 and Sunday & December 10 from 12pm - 4pm

Repair Cafe Storefronts, 830 St Clair Ave. West, in the Toronto Tool Library & Sharing Depot

They will be fixing small appliances, home electronics, and household items.

Visitor registration ends at 3:30 p.m. Repair Cafés are always free, donations are welcome.

“No matter what people tell you, words and ideas can change the world.”

- Robin Williams (actor/comedian)

Things To Do

Evergreen Winter Village

Saturday, December 2 - December 31,

10am - 5pm

Every December weekend +

December 26-29

Evergreen Brickworks, 550 Bayview Ave.

Free admission! Eat, shop, play and experience the magic of winter at Evergreen Winter Village.

This year's Winter Village features a new line-up of outdoor activities all offering a unique and active way to experience winter in the city. Cozy up to campfires, enjoy food from local food trucks and shop at the Evergreen Garden Market and the Etsy Holiday Market.

Join in the winter-themed scavenger hunts around the Brick Works and kid-friendly nature-based activities and crafts in the Children's Garden.

The Winter Village starts Saturday, December 2, 2017 and is open 10 am - 5 pm every weekend in December (including December 24 and 31, 2017), plus weekdays from December 26 to 29, 2017. There will also be winter-themed scavenger hunts around the Brick Works and kid-friendly nature-based activities and crafts in the Children's Garden.

<https://www.evergreen.ca/whats-on/wintervillage/>

Children's Scavenger Hunt

Available year-round

Evergreen Brickworks, Young Welcome Centre, 550 Bayview Ave., Toronto

Are you looking for something fun to do with your kids over the winter? Check out the scavenger hunt! Evergreen has two hunts, designed for children ages 3-6 and 7-10. These are independent activities, so can be done at any time - no reservations required!

Pick up the hunt from the Welcome Desk any day, during regular business hours. Explore the Evergreen Brickworks site and history (including the Don Valley, where it is located). The hunt is free, although there is a suggested donation of \$2 - \$5. For more information: www.evergreen.ca/whats-on/event/Evergreen-Brick-Works-Scavenger-Hunt/ or call: 416-596-1495.

"The question you must ask yourself isn't will you get a happily-ever-after? The question you need to ask yourself is, will you be able to live with yourself if you don't let yourself have a happily-now, and end up with nothing?"

- Karen Marie Moning (writer)

Free and Low-Cost Admission Deals to the Agha Khan Museum

Wednesdays, 4pm - 8pm - free admission!

77 Wynford Drive, Toronto

Learn about the artistic, intellectual and scientific heritage of Muslim civilizations across the centuries, from the Iberian Peninsula to China. Its mission is to foster a greater understanding and appreciation of the contribution that Muslim civilizations have made to world heritage. Through education, research and collaboration, the Museum will foster dialogue and promote tolerance and mutual understanding among people. Explore the permanent collection as well as special exhibitions: "Arts of the East: Highlights of Islamic Art from the Buschettini Collection" and "HERE: Locating Contemporary Canadian Artists".

2 for 1 Admission at the Agha Khan Museum: Offer valid until December 24, 2017

Explore and More Pass: \$25 (value of at least \$35), available until December 31, 2017

Family Package: 2 adults and up to 4 youth (17 or under) for \$50

For more information: <https://www.agakhanmuseum.org/visit/tickets-hours>

Things To Do

Free Admission to Art Gallery of Ontario

Every Wednesday, 6pm - 9pm
317 Dundas Street West, Toronto

Free admission to the AGO's collection galleries is a longstanding tradition. To avoid long lines, arrive after 6pm. Special exhibits are only \$12.50 during Free Wednesday Nights! Special exhibit "Guillermo del Toro: At Home with Monsters" runs until January 7, 2018.

For more information: www.ago.ca 416-979-6648

Hot Docs Cinema - Holiday Movie Screenings

See below for dates and times

Hot Docs Cinema, 506 Bloor Street West, Toronto

Holiday classic movie screenings are free, so remember to reserve your spot! Maximum 2 tickets per person. Please bring a non-perishable food donation for the Daily Bread Food Bank.

Saturday, December 16, 2017, 12pm: White Christmas

Saturday, December 16, 2017, 9pm: National Lampoon's Christmas Vacation

Sunday, December 17, 2017, 12pm: A Christmas Story

Sunday, December 17, 2017, 8pm: Love Actually

Thursday, December 21, 2017, 9pm: Elf

Friday, December 22, 2017, 8:30pm: The Holiday

For more information: <https://hotdocscinema.ca/c/free-holiday-screenings>

Saturday, December 23, 2017, 12pm: Performance on screen: The Nutcracker

Tuesday, December 26, 2017, 12pm: Performance on screen: The Nutcracker

Please note: Admission for these performances is \$17.

For more information: <https://hotdocscinema.ca/c/performance-on-screen>

Winter at Ontario Place - A Free Festival

Friday, December 8, 2017 - Sunday, March 18, 2018: Open 7 days/week

Ontario Place, 955 Lakeshore Blvd. West, Toronto

Take a stroll through the West Island to experience our beautiful winter setting and enjoy activities and attractions along the way! For general information on winter events at Ontario Place: <http://ontarioplace.com/en/winter/>

Winter Light Exhibition: Open daily, 5am - 12am. Come see 12 illuminated exhibits by 20 local artists. Fairy Lights will also cast a warm glow on West Island paths and event grounds.

Synthetic ice rink: Skate rentals and/or sharpening available Fridays 6pm - 11pm, Saturdays 10am - 11pm and Sundays 10am - 8pm. **Christmas Eve, New Year's Eve and New Year's Day: 10am - 4pm.** Closed Christmas Day.

Bonfire: Fridays 6pm - 11pm, Saturdays 6pm - 11pm, Sundays 4pm - 8pm. **Christmas Eve, New Year's Eve and New Year's Day: 12pm - 4pm.** Closed Christmas Day. What better way to cap off a day of exploration and skating, than sitting by the fire? The bonfire area is located on the north end of Cedar Cove, a short walk from the outdoor skating rink. Sit down and warm up on our log seating and rugged armour stone, blended with comfortable Muskoka chairs. Please Note: The bonfire will be operated by Ontario Place staff.

Movies @ Cinesphere in IMAX has re-opened and will feature a variety of programming. Tickets are \$15 for adults, \$12 for seniors (65+) and \$11 for children. For more movie information: <http://ontarioplace.com/en/cinesphere/>

Trillium Park & William G. Davis Trail on the East Island are open year-round for exploration.

"If you hit a wrong note, then make it right by what you play afterwards."

- Joe Pass (musician)

Things To Do

Natrel Rink at Harbourfront Centre

Sun-Thurs: 10am - 10pm,

Fri & Sat: 10am - 11pm

235 Queens Quay West, Toronto

A Toronto skating tradition for more than 30 years on the harbour, The rink has heated indoor change rooms, lockers and washrooms, as well as a rink side restaurant, Boxcar Social to warm up with hot beverages.

For safety reasons, assistive devices and service animals are not allowed on the ice. Wheelchair accessibility can be accommodated with advance notice. Support persons must wear skates on the ice.

Please contact 416-973-4866 or rinkbookings@harbourfrontcentre.com.

Skate rentals, sharpening and equipment rentals are also available. For more information:

www.harbourfrontcentre.com/venues/natrelrink/

DJ Skate Nights

Saturdays, December 16, 2017 - February 2, 2018, 8pm - 11pm

Natrel Rink, Harbourfront Centre, 235 Queens Quay West, Toronto

Admission is free to Toronto's block party on ice! DJ Skate Nights returns with another stellar lineup of DJs that will bring the heat to your Saturday nights.

For more information: www.harbourfrontcentre.com/djskatenights/.

For information on individual DJs/music for each Saturday: <http://www.harbourfrontcentre.com/WhatsOn/Music.cfm>

"Our fate lies within us. You only have to be brave enough to see it."

- from the animated movie, "Brave"



Photography Credit: City of Toronto

Christmas Flower Show

Every Sunday December 3, 2017 -

January 7, 2018, 10:00 am – 5:00 pm

Allan Gardens, 19 Horticultural Ave., Toronto

Centennial Park Conservatory, 151 Elmcrest Rd, Etobicoke

The Christmas Flower Show is the highlight of the year. The entire conservatory is decorated and filled with thousands of flowering plants and more than 30 varieties of poinsettia. In addition, the conservatory features several topiary masterpieces inspired by the holiday season and created entirely of plant material.

The grand openings are held in December and visitors are treated to horse and wagon rides, carolers, hot apple cider, kids' activities and a visit from Santa. The conservatory can also be enjoyed by candlelight on several weekends.

For more information: <https://www.toronto.ca/explore-enjoy/festivals-events/festivals-events-calendar/?start=2017-12-10T05%3A00%3A00.000Z&end=2017-12-11T04%3A59%3A59.999Z&search=&venue=&categories=&themes=&free=false&accessible=false&ongoing=false&view=fecllist&id=D8Q5qy6r0mNHp3uMat1XPw&oindex=6>

Things To Do

“Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that.”

- Martin Luther King, Jr. (human rights activist)

“To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.”

- Ralph Waldo Emerson (writer)

The Power Plant Art Gallery (Admission is free to the gallery's exhibits)

Fri - Wed: 10am - 5pm, Thurs: 10am - 8pm
231 Queens Quay West, Toronto

Michael Landy: Demonstration (until May 31, 2018)

- ◆ Landy invites the public to collaborate in building a 'wall of protest' by submitting images, words, texts and slogans that represent their thoughts and feelings - of hope or of despair, on matters small or large, from high to low and across the cultural spectrum- to be transformed by the artist into drawings. With the help of assistants,
- ◆ Landy will create from these submissions red and white drawings of protesters, which will be pinned directly onto the wall of the Fleck Clerestory as they are produced, in a continually evolving display. Through accumulation, **the demonstration will grow, capturing Canada's social and political landscape through the eyes of its inhabitants.**
- ◆ Submissions will be accepted for the duration of the installation. For submission guidelines: http://www.thepowerplant.org/thepowerplant/medialibrary/Exhibitions/2017/Fall%202017/TPP_MichaelLandy_OpenCall_FINAL.pdf
 For more information about Michael Landy: <http://www.thepowerplant.org/Exhibitions/2017/Fall-2017/Michael-Landy.aspx>

Amelia Pica: Ears to Speak of (until December 31, 2017)

- ◆ This new work continues her engagement with the failures and impossibilities of communication and obsolete technologies. The artist created cardboard reconstructions of **acoustic radars, (aka 'listening ears')**. These were used in England in the 1920s and 1930s and were created to pre-empt attacks by detecting the sound of incoming aircraft, but became obsolete due to aircraft and radar technologies. For more information about Amelia Pica: <http://www.thepowerplant.org/Exhibitions/2017/Fall-2017/Amalia-Pica.aspx>
- Sammy Baloji & Filip De Boeck: Urban Now: Life in Congo (until December 31, 2017)
- ◆ This exhibition offers an exploration of different urban sites in Congo, through photography and video. **Focusing upon the 'urban now,' a moment suspended between the broken dreams of a colonial past and the promises of a neoliberal future,** the exhibition offers an artistic and ethnographic investigation of what living - and living together - **might mean in Congo's urban worlds.** For more information about the exhibit and the artists: <http://www.thepowerplant.org/Urban-Now--City-Life-in-Congo.aspx>

Black Creek Pioneer Village

Tuesday, December 19, 2017, free after 2pm (open until 4:30 pm)
1000 Murray Ross Parkway, Toronto

Admission: adults: \$15, children 5-14: \$11, seniors (60+) & students: \$12

Our programs and exhibits focus on experiential learning and encourage people to draw connections between the mid-1800s and contemporary life. Explore what village life was like: visit discovery stations, encounter historical actors and get hands-on experience.

For more information: <https://blackcreek.ca>, 416-736-1733 or email bcpvinfo@trca.on.ca

Things To Do

Lear - Presented by Groundling Theatre Company

Previews: Jan. 9-11, 2018. Main performances: Jan. 12-28, 2018

Harbourfront Centre, 235 Queens Quay West, Toronto

Discounted Theatre Tickets at Harbourfront Centre (Rush Seats)

Widely considered Shakespeare's masterpiece, *Lear* tells the story of an aging monarch's loosening grip on the reigns of power and the slow, lonely descent into madness that follows. Starring one of Canada's most celebrated actresses,

This production promises to bring new life to Shakespeare's classic tale, challenging our assumptions about familial loyalty and the fragile balance of sanity and chaos that exists within us all. Rush seats are sold 30 minutes before show time and can only be purchased in person. Each ticket: \$25.00

For more information: Box office: 416-973-4000 ext. 4856 or http://www.harbourfrontcentre.com/whatson/theatre.cfm?id=9768&festival_id=0

Best Tobogganing Sites in Toronto

Various locations

Was there anything better as a child than careening down a hill on a toboggan or magic carpet, the wind rushing past us as we sped down the hill?

Toronto.com has compiled a list of the best tobogganing sites in Toronto: <http://www.toronto.com/things-to-do/best-places-to-go-tobogganing-in-toronto/>

Remember to be safe when sledding!

Miracle on Mercer Street

Saturday, December 16, 2017 - Friday, January 5, 2018, 2pm

Second City, 51 Mercer Street, Toronto

Tickets: adults: \$15, children: \$12

Miracle on Mercer Street features The Second City's adorable puppet troupe and their funny human friends, and tells the story of a 13-year-old girl who spends the winter holiday visiting her grandmother in the town of Hollydale. But the town is being torn apart as the residents clash over their different traditions, and a dastardly mayor's plan to chop down the town's oldest tree!

Holiday fun for ages 4 and up.

For more information: box office: 416-343-0011 <https://www.secondcity.com/shows/toronto/showstorontomiracle-mercerc-street/>

Toronto Christmas Market

Until December 23, 2017: Closed Mondays.

Tues-Thurs: 12pm - 9pm, Sat: 10am - 10pm, Sun: 10am - 9pm.

Distillery Historic District, Mill Street, Toronto

Admission is free Tuesday - Thursday and before 5pm on Fridays. Weekend admission is \$6.00. Children 2 years and under are free. Weekends are extremely busy, so be prepared for a line to get in.

Take in sparkling light canopies, traditional music and carols, dance performances and family-friendly activities like Santa's House, a Ferris wheel, carousel and life-sized gingerbread house. Foodies can taste traditional European street-style food, Canadian holiday treats and beverages. This year will see one of the city's largest real Christmas trees, more than 350 stage performances, unique and locally crafted products, as well as Santa and his elves.

For more information: www.torontochristmasmarket.com

Things To Do

Free Events at Toronto Botanical Garden

Regular Hours: Mon. - Fri.: 9am - 4pm

777 Lawrence Ave. East, Toronto

Art Exhibit in the Weston Family Library: "Yugen Artists",
until December 24, 2017

Yugen Artists is a group of 6 artists from multicultural backgrounds involved in the practice of Sumi-e. Led by Hiroshi Yamamoto and including Elizabeth Rittinger, Nicole Tamir, Neli Jordanova, Kate Cherney and Azra Rashid, a part of the Yugen Artists' mission is to promote this ancient form of brush painting. This exhibition will showcase both classic and contemporary forms, sources of inspiration and cross-cultural practice of Sumi-e by non-Japanese artists. It is also hoped to inspire greater interest in learning and appreciation among a multi-cultural community.

To learn more about events at the Toronto Botanical Garden: <http://torontobotanicalgarden.ca/events/>

Organic Winter Farmers Market

Every Thursday, 2pm - 7pm, with ready-to-eat foods from 1pm

Choose organic foods and meet the vendors in one of Toronto's most beautiful gardens. You'll find salad greens all winter, vegetables, ready-to-eat foods, free-range eggs and chicken, grass-fed meat, and more. Also available are all-natural personal care products, soaps and candles. Meet the passionate producers of organic food and learn about their methods.

For more information about the farmers market: <http://torontobotanicalgarden.ca/enjoy/special-events/tbgmarket/>

The gardens are designed to educate and inspire, and span 4 acres within the Don Valley Ravine. Indoor and outdoor learning experiences are available for all ages, including courses, garden tours and nature camps.

For more information: www.torontobotanicalgarden.ca

Explore Toronto's Trails for Free!

Toronto has an extensive network of parks and hiking trails winding their way through the city and its ravines. Exercise not only can help improve physical and emotional well-being, but regular exercise can also help strengthen our immune systems. Getting some fresh air and exploring trails is a great way to exercise and reduce stress. Access to trails is free.

For information about featured trails around the city, visit: <https://www.toronto.ca/explore-enjoy/recreation/walking-hiking/trails/>, which also has 2 downloadable trail maps.

How do you stay active in the winter? Send us an email and share your favourite winter activities!

Discounted Admission at The Gardiner Museum

Every Friday, 4pm - 9pm
111 Queen's Park, Toronto

Every Friday, enjoy ½ price admission to the museum! Regular admission: adults: \$15, seniors: \$11, students: \$9, children under 18: free. Free admission to post-secondary students with school ID.

The Gardiner Museum is an inviting destination that inspires and connects people, art and ideas through clay, one of the world's oldest art forms. The Museum has year-round permanent and special exhibits, events, lectures and clay classes, as well as a cafe and gift shop with unique artisan items.

For more information: www.gardinermuseum.on.ca

"Instead of forcefully trying to take thoughts out of your mind, give your mind something better to play with. Something healthier."

- Elizabeth Gilbert (writer)

Things To Do

Women's Writing Group

**Every Friday, 12pm-1:30pm,
Near Dundas West Station**

Partnering with the Toronto Writer's Collective, the Toronto Rape Crisis Centre/Multicultural Women Against Rape offers a weekly writing group. Offered in a non-judgmental environment, no writing experience is necessary. Through encouragement and support people grow as writers.

For more information and to register: please contact: 416-597-1171 or info@trccmwar.ca

Free Indoor Bootcamp Pop Up at Blast Athletics, by Urbancore

**Thursday, January 4, 2018, 8pm - 9pm
Blast Athletics, 374 Dupont Street, Toronto**

Experience our program and join us for a free 1 hour sweat session! Our boot camp program includes interval training utilizing various equipment including weights, balls, ropes and more! Exercise can be tailored for all fitness levels.

Register at <https://www.eventbrite.com/e/free-indoor-bootcamp-pop-up-at-blast-athletics-tickets-40717306560?aff=eac2> or the Eventbrite app.

ALtdot Comedy Lounge

Monday, December 18, 2017, 9pm - 11pm, doors open at 8:30pm

Monday, January 8, 2018, 9pm - 11pm, doors open at 8:30pm

Monday, January 15, 2018, 9pm - 11pm, doors open at 8:30pm

The Rivoli Backroom, 334 Queen Street West, Toronto

With our regular drop-in guests from around the world, character pieces and fantastic stand-up, the ALtdot has been a cornerstone of the Toronto comedy community, and has been hailed as a must-see comedy hotspot. On December 18, the show will be hosted by MC John Hastings, and feature Julia Hladkovicz, Matt O'Brien, Alex Pavone, Kyle Andrews, James Harnett, Rob Bebenek, Arthur Simeon and Aisha Brown, who will perform in a cabaret atmosphere.

Tickets cost \$8.00 in advance or \$10.00 at the door. Advance tickets also include a reserved table (please arrive by 8:40pm) Tickets are available at <https://www.eventbrite.ca/e/altdot-comedy-lounge-december-18-the-rivoli-tickets-37288757678?aff=eac2> or the Eventbrite app.

For more information on upcoming shows: www.altdotcomedylounge.com or www.facebook.com/AltdotComedyLounge

Extra Bang for Your Buck at The ROM!

Thursday, January 11, 2018, 11am - 1:15pm

ROM - Eaton Theatre, 100 Queen's Park, Toronto

Free with regular admission, check out "Meet Zuul, the Destroyer of Shins" a talk about a brand new dinosaur named by ROM paleontologists. Atly named for its striking resemblance to the terrifying terror-dog monster from *Ghostbusters*, Zuul crurivastator is one of the best armoured dinosaur skeletons ever discovered. For more information (and to see an artist's rendering of Zuul): <https://www.rom.on.ca/en/whats-on/rom-daytime-meet-zuul-the-destroyer-of-shins> or contact: 416-586-5797 or programs@rom.on.ca

Things To Do

Toronto Children's Chorus Alumni Choir Sings

Saturday, December 16, 2017, FREE
Roy Thomson Hall, 60 Simcoe Street, Toronto

Free annual holiday concert celebrating the 40th anniversary of the Toronto Children's Chorus. The alumni choir will perform in the lobby before the show starts, and then join the current Children's Chorus on stage.

Go to <https://www.eventbrite.ca/e/alumni-choir-sings-at-roy-thomson-hall-tickets-37703319644?aff=es2> or the app to get tickets!

Archive Laughing Like Crazy

Wednesday, December 20, 2017, 7:00 pm, FREE
Central YMCA, 20 Grosvenor Street, Toronto

This show is the culmination of Laughing Like Crazy - a 16 week joint program between St. Michael's Hospital's STAR Program and the Mood Disorders Association of Ontario. Participants learn how to create a stand up routine based on their lived experience with mental health challenges and the mental health system. Come out to the free showcase, where participants will perform their routines for the first time!

Go to <https://www.eventbrite.ca/e/archive-laughing-like-crazy-showcase-tickets-29701730676?aff=eac2> or the app to get tickets!

City of Toronto Christmas Concert

Thursday, December 21, 2017
City Hall, 100 Queen Street West, Toronto

Free concert at City Hall, featuring: Toronto Beaches Children's Chorus, Toronto Mass Choir, Pan Fantasy Steelband, Tower Brass, and of course, Santa Claus will be there for children to meet!

<https://www.eventbrite.com/e/city-of-toronto-christmas-concert-tickets-40852344462?aff=eac2> or Eventbrite app for more information.

Our Journey: Art Map of Canadian Identity

February 4, 2017 - December 31, 2017
Spadina Museum, 285 Spadina Rd, Toronto

Free admission. Admission to rest of museum extra.

This collaborative project by Toronto artist Xenia Gonzalez acknowledges our presence on Indigenous land, which is home to many diverse Indigenous people. Come in for a visit and share your stories and be a part of this art project that aims to acknowledge everyone's place, identities and contributions to Canadian society past and present.

For more information: 416-392-6910, spadina@toronto.ca
https://www.toronto.ca/explore-enjoy/history-art-culture/exhibits-events/?start=2017-12-04T05%3A00%3A00.000Z&end=2018-12-05T04%3A59%3A59.999Z&search=&venue=&categories=&themes=&free=false&accessible=false&ongoing=false&view=feclList&id=TS9LPJMBTRJciubBDu_Ylw&oindex=

Little Women by Louisa May Alcott, adapted and directed by Patrick Maubert

Saturday, December 16, 2017, 7:30pm - 9pm
Wychwood/Solar Stage Theatre at Artscape Wychwood Barns, 601 Christie Street, Toronto

Little Women is adapted from the classic tale, and is a story about family, loss, strength, and discovering one's own identity. Tickets cost \$21.80 for adults, \$16.51 for students and seniors, and \$11.20 for children, and are available at <https://www.eventbrite.ca/e/little-women-by-louisa-may-alcott-adapted-by-patrick-maubert-tickets-20392008045?aff=eac2> or the Eventbrite app. Please note: all tickets are final sale.

Things To Do

New Year's Eve at Nathan Phillips Square

Sunday, December 31, 2017, time TBA
Nathan Phillips Square, 100 Queen Street West, Toronto

Ring in the New Year at Nathan Phillips Square on December 31, 2017 at 8 pm and join the final send-off to the year-long celebration of Canada's 150th birthday!

The countdown to 2018 features an exhilarating evening of entertainment with dynamic DJs, live electronic music, site animations, a DJ skating party sponsored by Tim Horton's and a stunning fireworks display at midnight.

This is an alcohol-free event.

Please note: At time of printing, a schedule of events wasn't yet posted.

For more information: <https://www.toronto.ca/explore-enjoy/festivals-events/new-years-eve-at-nathan-phillips-square/> or email spevprog@toronto.ca A full schedule of entertainment will be available soon.

Victorian Christmas Ghost Stories

Sunday, December 17, 2017. Storytelling at 2:15pm and 4:15pm
Mackenzie House, 82 Bond Street, Toronto

Admission: adults: \$7.08, youth/seniors: \$4.42, children: \$3.76

Victorians loved their ghost stories - even at Christmas time. Join us and sample a few scary Christmas tales along with some cider warmed on our cook stove.

This event is presented as part of the Toronto History Museums Holiday Programming.

For more information: 416-392-6915 or machouse@toronto.ca https://www.toronto.ca/explore-enjoy/history-art-culture/exhibits-events/?id=kdRPbx_rV3nYplaXGVwNZg

"Omni fine infinitum novum. In every ending there is a new beginning." - Deborah Harkness (writer)

Subscribe For Free!

To subscribe to The Bulletin call The C/S Info Centre at 416-595-2882 or email us at csinfo@camh.ca.

The Bulletin is free to receive. If you do not have email, you can also receive it by regular mail through the generous support of the Centre for Addiction & Mental Health (CAMH).

You can also follow us on:

Facebook: [facebook.com/csinfocentre](https://www.facebook.com/csinfocentre)

Twitter: twitter.com/CSInfoCentre

Where we post even more information and resources.

All previous issues are available on our website: www.csinfo.ca

The Bulletin is published on the 1st and 16th of every month by the C/S Info Centre. Funding for this Consumer/Survivor initiative has been provided by the Toronto Central Local Health Integration Network (LHIN).

Disclaimer:

The views expressed do not necessarily reflect those of the Toronto Central LHIN, the Government of Ontario, CAMH, C/S Info Staff, Volunteers or Board Members.

Thank you from the C/S Info Bulletin Team and all of our wonderful volunteers!

Go green; get The Bulletin by email!

Supported by:

